

## What students need to do!

👏 Attend the post-secondary day at the Coliseum on October 17<sup>th</sup>, parents can attend afternoon on October 18<sup>th</sup> and evening on October 17<sup>th</sup> at the Coliseum.

👏 Visit post-secondary education institutions' websites and research programs that interest them, e.g. admissions requirements, qualifications earned, fees, length of time, preparation for the work world.

👏 Participate in **Student for a Day** or **Open House** programs at post-secondary education institutions. These are held in the fall and students can register on the institutions' websites.

👏 Double **check admissions requirements** and, if necessary, make course changes for second semester. Post-secondary education admission in Canada is based on marks earned in specific grade 12 credits. English 122 (for university) is always required.

👏 Ask teachers, coaches, employers and other key adults for **reference letters**.

👏 Update **resume** and have someone proof read it!

👏 **Research careers** on [career.cruising.com](http://career.cruising.com)

👏 Encourage your child to meet with the career/postsecondary guidance counsellor! See contact information on the back of this pamphlet.

## Resources near you!

Do you want to check admissions requirements, discuss scholarships, and look up program information?

I welcome opportunities to meet with students and their parents!

**Shannon Smith**, Career & Post-Secondary Education Guidance Counsellor  
[shannon.smith@nbed.nb.ca](mailto:shannon.smith@nbed.nb.ca) 856-3520

Sometimes making big decisions can create anxiety and students feel under pressure. Remember **personal counsellors** are available to help your graduating student.

**Shannon Smith (12)**  
[shannon.smith@nbed.nb.ca](mailto:shannon.smith@nbed.nb.ca) 856-3520

**Kim Gallant-Nowlan (11)**  
[kim.gallant-nowlan@nbed.nb.ca](mailto:kim.gallant-nowlan@nbed.nb.ca) 856-3522

**Jennifer Campbell (10)**  
[jennifer.campbell@nbed.nb.ca](mailto:jennifer.campbell@nbed.nb.ca) 856-3585

**Charlene Yetman (9)**  
[charlene.yetman@nbed.nb.ca](mailto:charlene.yetman@nbed.nb.ca) 856-3661

### Recommended Internet Resources!

❖ **Transitions** (E-Pub)

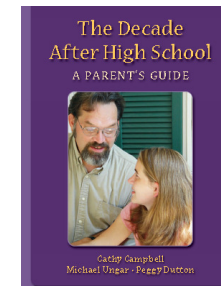
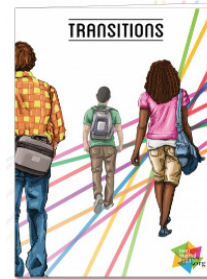
<http://teenmentalhealth.org/>

(find it at the bottom of the web page)

❖ **The Decade After High School**

Campbell, C., Ungar, M. and Dutton, P. (2008). Download PDF from:

<http://resilienceresearch.org/research/resources/publications/22-books-and-special-issues>



# Moncton High School

## Exploring Options after High School

### Information Guide for Parents of Grads

Did you know that **82%** of Canadian high school students go to post-secondary education **within three years** following high school graduation? Most high school students do participate in further

education in college, university or apprenticeship, even if they opt for a break in their formal studies for a year or two after high school graduation.

## College & University

*... same but different?*

**College** programs require 1 or 2 year(s) of study after which a diploma is awarded. The focus of college education is to help students develop skills and qualifications..

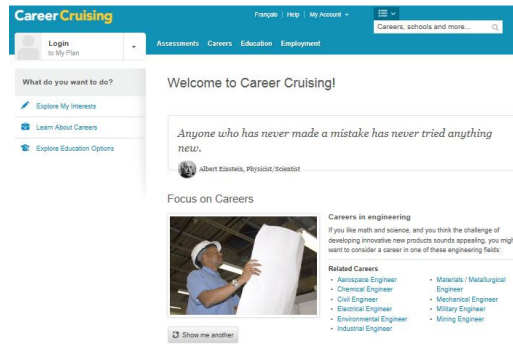
**University** generally requires 4 years of study where students enter a faculty (e.g. sciences, arts, music, etc.) and select a major (e.g. biology, history, piano). They earn a bachelor's degree. Depending on the program, they may learn job ready skills and directly enter the workforce or may be required to take further education to earn professional qualifications, e.g. pharmacist, teacher, dentist.

**Articulation Agreements** allow students to combine the college and university experience. These are formalized agreements between universities and colleges that recognize college coursework, thus credits can be applied towards degree.

*There are many options after high school*

- 📅 Go directly to college and/or university
- 📅 Participate in world of paid work





**This is a valuable resource, it's ...**  
Canadian, well written, easily organized  
and accessible on any computer with  
access to the internet.