

January 2018



Nurture Family Literacy
Play together, 15 minutes a day

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 PAINT Make a <u>dot painting</u> using fingers/Q-tips dipped in paint or pudding. Yum!!	2 SOUNDS <u>Find objects that start with a particular sound:</u> (i.e. /P/ : P-P-P-an).	3 COLLAGE Paste pictures of food on paper to <u>make a collage or grocery list.</u>	4 SING Sing a favorite tune while getting ready for your next activity.	5 READ Take turns "reading" a <u>word-less picture book.</u>	6 I-SPY <u>Find objects together.</u>
7 COLOR Color a picture. <u>Mix primary colors to create new colors.</u>	8 DRAW <u>Draw pictures together.</u> Write what you child describes on the paper.	9 RHYME Read a rhyming book or poem with your child. <u>Point out which words rhyme.</u>	10 PUZZLES Start with a 2-4 piece puzzle. Talk about how <u>pieces fit together.</u>	11 SCIENCE Drop items into a container. Do they sink or float? <u>Make a chart.</u>	12 RHYTHM <u>Kitchen Band:</u> March to the beat of your favorite music or play the "spoons".	13 TALK <u>Share stories about a favorite toy or family pet.</u>
14 MATH <u>Measure and compare objects:</u> Which is smaller? Longer? Lighter? Darker?	15 RHYME Have your child pick a toy. <u>Find items that rhyme with it</u> (e.g. bat, mat, hat)	16 CONNECT <u>Visit the library.</u> Borrow a book. Learn about free programs.	17 GAMES Play a matching game or solve a puzzle.	18 SHAPES <u>Form shapes out of playdough; lines and circles.</u>	19 POEMS Learn a <u>new nursery rhyme.</u> Personalize it with your child's name.	20 WEATHER <u>Make a tornado:</u> 1. Bottle: 7/8 water 2. Add soap/glitter. 3. Shake and marvel!
21 BOOK Make a " <u>favorite things</u> " book. Paste or draw pictures. Write a description using your child's words.	22 SOUNDS <u>Listen to an unfamiliar language together.</u> Are there patterns to the sounds?	23 STORY <u>Talk about your day.</u> Encourage your child to talk about his day. Start simple. WHO, WHERE and WHAT happened?	24 POLL <u>Food Survey:</u> Try a variety of bite-sized food samples. Which food did you like the most?	25 PATTERNS Stack or <u>make patterns</u> with blocks. Take turns copying. Start with just 1 block, then 2, 3...	26 MAP Find a new play area on a map. Talk about how you are following <u>directions.</u>	27 READ <u>It's Family Literacy Day.</u> Snuggle up, read favorite books, and/or attend a community celebration!
28 SOUNDS Play music. <u>Identify and name the sounds.</u> (i.e. birds, water, tambourines).	29 DRAW Is it baking day? <u>Draw pictures in a layer of flour.</u>	30 RECIPE Follow a <u>recipe together.</u> Now we know why print is important!	31 SOUNDS Make animal sounds. Expand for older child: "moo"-what else starts with /m/?	During the month of January, <i>share</i> your family's literacy activities (photo or description) on social media. <i>Inspire</i> other families with your suggestions.		

