



Grade 2-5 Cafeteria Menu (Sept 15 to Oct 24)

	Monday	Tuesday	Wednesday	Thursday	Friday
Healthy Choice Meal (\$4.50) With milk	BBQ Chicken Flatbread served with side salad Or Macaroni & Cheese served with side salad	Lasagna and Caesar Salad	Turkey Dinner	Sweet & Sour Meatballs served with rice and vegetables	Spaghetti with meat sauce served with garlic stick
Option 1	Garlic Fingers-\$2.50 Tossed Salad-\$2.50	Pizza Slice-\$2.50 Caesar Salad-\$2.50	Garlic Fingers - \$2.50 Pancakes - \$2.50	Pizza Slice - \$2.50 Baked Fries - \$2.50	Garlic Fingers - \$2.50 6 Perogies-\$2.50
Option 2	Hamburger-\$3.60	Chicken Burger-\$3.60	Hamburger-\$3.60	Cheeseburger - \$3.60	Chickenburger \$3.60
	Each meal costs \$4.50. Can pay with cash The meal can be purchased with a ticket or a meal card. 20.00 meal card available				
\$3.60 Ticket Items	There is at least one of these items available daily. One \$3.60 ticket will purchase one of the following; {Chicken Burger, Cheeseburger, Meat Sandwiches(ham, turkey, roast beef, chicken salad)}				
\$ 2.50 Ticket Items	There is at least one of these items available daily. One \$2.50 ticket will purchase one of the following; Pizza Slice, Garlic Fingers, Baked Fries, Pancakes, Grilled Cheese, Beef or Chicken Taco, Soup&Crackers, Egg Sandwich Chicken Snack Wrap, Sm Tossed Salad or Caesar Salad				
\$ 1.50 Ticket Items	Not all of these items will be available daily. The canned juice will be available daily. One \$1.50 ticket will purchase one of the following; Pudding Cup, Can of Apple Juice, Can of Orange Juice, Bottled Water				
\$ 1.00 Ticket Items	The juice box will be available daily, but not all other choices will be available daily. One \$1.00 ticket will purchase one of the following items; Juice Box, Muffin, Yogurt, Veggie Bags, Apple, Banana, Orange, 2-Low Fat Cookies				
\$ 0.50 Ticket Items	Milk will be available daily to ALL grade levels from Kindergarten to Grade 5. One .50 cent ticket will purchase one of the following items; Chocolate Milk, White Milk				
All products that are used by Chartwells are "better for you". We use low fat cheese, lean meats and burgers, lite dressings and enriched breads. These followed by healthy cooking methods create a healthier way to eat!					
The following items are available at the recess break: Yogurt \$1.00 Fresh Fruit \$1.00 Muffins \$1.00					

Kindergarten & Grade 1 Cafeteria Menu (Sept 15 to October 24)

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Macaroni & Cheese \$2.50	None	Pancakes \$2.50	None	Garlic Fingers - \$2.50