#### Promoting Academic Excellence and Personal Growth



#### Sussex Elementary School Family News

Apr. 10, 2015

http://sussexelementary.nbed.nb.ca

#### THE VIEW FROM MY SPACESHIP - POSTER/WRITING CONTEST

Hi everyone,

Here's a little more info for your students in regards to the **Poster/Writing contest** if students would like to participate (we will be choosing two per grade level to attend the opening of the new playground on Wednesday morning before the assembly with Marc Garneau and guests).

The topic is "The View from My Spaceship"

The writing is to be on a regular sheet of loose leaf paper or if done on the computer can be on regular  $8 \frac{1}{2} X 11$  paper.

The Poster is also to be done on regular  $8 \frac{1}{2} X 11$  in. Paper, and must be coloured to be entered into the contest.

Students are to include their FULL NAME, GRADE and CLASS (ON THE BACK)

The entries are to be returned to the office no later than , April  $13^{th}$  at 2:30pm

Winners will be announced during the day on April 14<sup>th</sup>.

SES Code of Conduct
I will be;

Responsible

Respectful

Reliable

### April 20th is now a designated school day for students in all New Brunswick schools.

This change is because of lost instructional days due to school closures as a result of the winter storms.



# SHOW YOUR SCHOOL SPIRIT! Wear your RED SES t-shirt on April 15 & 21st!

#### **Important Dates for your Calendar**

Kid Stuff Theatre @ SHRS Theatre	Apr. 13th (6:30pm)
Marc Garneau visit to SES	Apr. 15th
NBTA Subject Council Day—no school	May 1st

#### Sussex Elementary is a Nut and Peanut FREE School!

#### Dates & Info. in this Issue

Test drive a FORD	2
Mental Health Info.	2
SES Snack of the Week	2
Kid Stuff Theatre Info.	3
Home & School News	4
Kindergarten activity	5



April 25, 2015 - Ford 4UR Community BBO

and Yard Sale!

We need your help to fill our yard sale! If you're doing some spring cleaning and have a few items in good condition for resale, please bring them to the

school Friday April 24 or the morning of the sale!

#### **Mental Wellness Night**

Hosted by the Apohaqui Elementary Parent School Support Committee

#### Wednesday, April 15<sup>th</sup> 6-8pm

#### Held at the Apohaqui Elementary School, 23 Foster Ave. West, in Apohaqui

We are offering AES families and the general public an opportunity to speak with mental health professionals on issues regarding the mental health and wellbeing of our children, family members, and ourselves.

If you have questions, these professionals have some answers.

Numerous experts will be on hand to offer information, resources, and answer your questions on various topics.

#### We will also have three guest speakers:

**6:15 p.m. - Pam Dodsworth- District Psychologist (ASD-S) - Children and Trauma-** How traumatic experiences can impact the lives of children. From one incident to ongoing situations; everything from grief, to child abuse or divorce causes trauma and stress that can have an impact on children.

**6:45 p.m. - Gary Hall- Director of Early Childhood Services (Anglophone South)- Fun Friends-** A play-based program for building resilience in Kindergarten and Grade one children. The Fun Friends program focuses on increasing social-emotional skills, coping skills, and resilience to prevent the onset of emotional and behavioural problems in later life.

7:15 p.m. - Andre Robichaud- Technology Mentor (ASD-S) - Internet Safety- What do I teach my child about the internet? What not to do when it comes to children and computers?

How do I help my children use the internet safely?

#### This event is free and open to anyone who would like to attend.

#### **Door Prizes!**

We are offering a limited number of spaces for childcare from 6-8 pm.

Childcare must be pre-booked and is available on a first come-first served basis.

For further details on child care, please contact us ASAP at 432-2021.

#### **SES Snack of the Week Program**

Week 5 (Apr. 6-10) - Blueberries Week 7 (Apr. 20-24) - Grapes Week 9 (May 4-8) - Apples Week 11 (May 18-22) - Bananas Week 13 (June 1-5) - Blueberries Week 15 (June 15-19) Grapes Week 6 (Apr. 13-17) - Oranges or citrus type snack Week 8 (Apr. 27—May 1) - Any fruit item Week 10 (May 11-15) - Strawberries Week 12 (May 25-29) - Cucumber Week 14 (June 8-12) - Oranges MYSTIC DRUMZ PRESENTS THE LEGEND OF

## Malloh is Land



#### AN ADVENTURE IN WORLD MUSIC

Kidstuff Theatre

Monday, April 13th Sussex Regional High School, 6:30 pm

Tickets - \$10 available at Connie's Collectables or at the door

Come join the fun on this fabulous musical adventure to find Maristmallow Island. Meet all the Inlandous distractors who colour the show with a splash of silly.

This World Music Seferi Adventure blends multicultural music tremes and interactive audience participation! Featuring incredible sound effects and unique instruments from around the globe. Bring the whole family to lough and learn together as we track down the The Legend of Marshmallow Island.

Mystic Drumz has been presenting shows to thousands of schools, libraries, theatres and festivals for the past lifteen years. Recommended for ages 3-11. Visit www.mysticdrumz.com for more information about our shows.



#### Home & School

众

会

÷

☆

会

숲

☆

숲

숲

☆

April

seshomeandschool@gmail.com

#### Official Discovery Park Fundraising Launch!!!

🕯 April 15th Marc Garneau (Yes! The astronaut among many) other things) will be launching things off with us and then in to the school to speak to the children. We \* are very lucky and excited for such 🕸 a wonderful opportunity!!

\*\*\*\*

To learn more, get involved or donate visit: www.discoverypark.ca



April 25, 2015 - Ford 4UR Community BBQ and Yard Sale!

We need your help to fill our yard sale! If you're doing some spring cleaning and have a few items in good condition for resale, please bring them to the school Friday April 24 or the morning of the sale!

See you there!

Tell your friends and family

#### MarYoga

If you are looking for a way to spend some quality time with your loved ones, then join MarYoga for Family Yoga! MarYoga will be

holding these Karma classes (pay what you can) as a fundraiser, with all money collected going toward the new grades 1playground. If you haven't seen the plans you can take a look here: www.discoverypark.ca.



There are a lot of people coming together to make this dream become a reality, so come on out and help be a part of it all!

Have some fun and reconnect with your loved ones Saturday April 11th or 18th from 10:45-11:30am. Keep an eye out for a form coming home with your child. Fill it out and send it back to school if you wish to attend. Yoga mats will be available, however please bring yours along if you have one, and make sure you wear comfortable clothing! If you have any questions you can contact Mary at 433-8438.



SHOW YOUR SCHOOL SPIRIT! Wear your RED SES t-shirt on April 15 & 21st!



Stay up to date! Join us on facebook

Sussex Elementary Home & School



at the Sussex Regional Library

When: April 25th at 2:30pm

A special event for pre-kindergarten children and their families.

Bring your bag!

Where: Sussex Regional Library

46 Magnolia Ave.

Sussex, NB

(506) 432-4585

sussexpl@gnb.ca

This program is offered in partnership with New Brunswick school districts and The Learning Partnership.



