



*Promoting Academic Excellence and Personal Growth.*

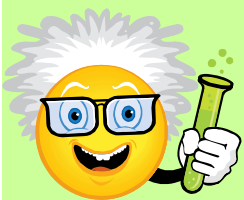
# Sussex Elementary School Family News

Apr. 4, 2014

<http://susselementary.nbed.nb.ca>

## Sussex Elementary - Peanut and Nut FREE School for 2013-14

### ATTENTION PARENTS MAD SCIENCE IS COMING!!!



Mad Science is going to be here again this year for an ALL new six week program! The subjects being discussed this year will be, Science of Magic, Under Pressure (levitate ping pong balls), The Wright Brothers Fantastic Fliers, Forces (gravity), Super Structures (strength of triangles, cylinders, and arches), and lastly Chemistry (watch a styrofoam peanut disappear, make super polymer bouncy balls). The registration forms will be coming home at the beginning of April. The program will start **Tuesday, April 15th and Wednesday, April 16th**. It will run for 6 weeks and the cost is \$65/child, two sibling discount is \$120, and 3 children is \$155. Tentatively, the K-2 class will run from 2:10-3:10 and the 3-5 class will run from 2:20-3:20. However, depending on the registration, K-2 may run 1 or 2 groups on the Tuesday and 3-5 will run 1 or 2 groups on the Wednesday. **Registration Deadline is Thursday April 10th!**



## Middle School Band Spaghetti Supper

Friday, April 4 at 5:00 to 7:00 pm at Sussex Middle School cafeteria  
Hosted by Sussex Middle School/High School Advanced Band to raise funds for trip to Atlantic Festival of Music. They will be serving up a delicious spaghetti supper with gluten-free options available. Cost is \$10/person or \$20 for a family of 2 adults and 2 children under 10. For more information see page 4 or call 432-2022.

## SES Cafeteria Easter Dinner

**Ham dinner served with mashed potatoes, vegetables, dessert, and milk.**  
Kindergarten to Grade 2 dinner is \$3.50 and will be Tuesday, April 15<sup>th</sup>  
Grade 3 to Grade 5 dinner is \$5.50 and will be Wednesday, April 16<sup>th</sup>  
**Tickets are on sale until Friday, April 11<sup>th</sup>.**

## Important Dates of Upcoming

<b>We Can Make a Difference -Let's Be Silent</b>	<b>New Date - April 11th</b>
<b>Hop for Muscular Dystrophy</b>	<b>April 16th</b>
<b>Professional Learning Day for Teachers</b>	<b>April 17th</b>
<b>Good Friday and Easter Monday</b>	<b>April 18th &amp; 21st</b>
<b>Volunteer Appreciation Event</b>	<b>April 25th (12:30-2:30pm)</b>

## SES Code of Conduct

- > I will be responsible!
- > I will be respectful!
- > I will make good choices!
- > I will be prepared!
- > I will do my best!

## SES Snack of the Week

Apr. 7-11- Apples  
Apr. 14-18 - Celery  
Apr. 21-25- Grapes or bananas  
Apr. 28—May 2 - Carrots

Thank you to all the parents for your support of this healthy eating initiative. Before Christmas this was a wonderful program. Hoping your continued support will make it even better!

*We welcome donations of used books at any time. Our next used book sale will be in June. Feel free to drop some off when you are in for student-led conferences. Thank You!*

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SES

## Home & School

seshomeandschool@gmail.com

March  
2014

### LAST CHANCE!

#### Sussex Co-op 50/50 draw—\$1

Each time you shop at the new Sussex Co-op, ask to play the 50/50. Until March 22, they are generously donating all proceeds to the SES Home & School. **It's a WIN WIN!**

#### **Don't forget!**

##### Norreds Recycling Center

There is an account set up for SES at the recycling center. When you return your recyclables, let them know you would like to donate the refund to SES Home & School.

#### **What an easy way to support your school!**

##### Join SES Home & School

We meet on the third  
Tuesday each month at 6:30  
in the school library  
All are welcome!



Find us on facebook!  
Sussex Elementary Home & School

#### **Why do we fundraise?**

- Playground Equipment
- Educational presentations & special speakers
- Field trips & outings
- Books, Electronics (Smart Boards)
- Theatre NB productions & other acts
- Christmas Dinner for teachers and staff with movie & popcorn for students
- Teacher Appreciation Week

**We thank you for your  
past and continued  
support!**

## BIKE RODEO

Sussex RCMP Detachment in conjunction with the Town of  
Sussex

Are hosting an annual bike rodeo for children of all ages

At the

8<sup>th</sup> Hussars Sports Center

(8 Leonard Drive, Sussex, NB)

On Saturday, the 26<sup>th</sup> of April, 2014 starting at 10:00 AM

All participants will be entered to win a new bicycle

Other prizes available to be won

**FREE ADMISSION**



To register please call A/Cst. Mark Wright at (506) 435-4883  
by April 19<sup>th</sup>, 2014.

Volunteer social planned for Friday April 25th from 12:30pm to 2:30pm!  
SES would like to invite anyone who has volunteered their time in supporting our school and students this school year! Mark your calendar and take a few minutes to drop in so we can say THANKS! Thanks to our PSSC for organizing this

*To a Wonderful SES Volunteer*

*Thank You!*

*You are invited to a  
casual reception in  
appreciation of your efforts!*

*SES Library  
April 25th  
12:30pm-2:30pm*

*Drop in for 5 minutes or stay the 2 hours!*





# KINGS COUNTY

Soccer Association

## REP TRYOUTS

Tryouts will be held  
April 6<sup>th</sup>, 13<sup>th</sup>, 27<sup>th</sup> and May 4<sup>th</sup>!  
At the Sussex Middle School Gym  
Teams will be picked the first week of May



### Each Sunday

U10 Boys – 1pm

U12 Girls – 2pm

U12 Boys – 3pm

U14 Girls – 4pm

U14 Boys – 5pm

U16 Girls – 6pm

U17 Boys\* – 7pm

\*U16 Boys have been changed to U17  
allowing the group more chance to  
field a complete team.

\$25  
Tryout  
Fee

Players must attend the tryouts to be considered for the team! Must pre-register for the tryouts! Register on Sunday March 23<sup>rd</sup> and 30<sup>th</sup> from 5:30-6:30 or before the first tryout! Skip Summer Registration lines and pre-register for the entire season - \$145!



Email or check our media sites for more information!

[admin@kingscountysoccer.com](mailto:admin@kingscountysoccer.com) \* [www.kingscountysoccer.com](http://www.kingscountysoccer.com) \* Facebook Page

**SUSSEX MIDDLE SCHOOL BAND  
INVITE YOU TO ATTEND A  
SPAGHETTI SUPPER,**



***VARIETY SHOW AND SILENT  
AUCTION***

Hosted by Sussex Middle/ High School Advanced Band to raise funds for trip to Atlantic Festival of Music. They will be serving up a delicious spaghetti supper with gluten free options. Cost is \$10/person or \$20/family(2 adults & 2 children under 10yrs). The night will include a Silent Auction of donations from community businesses and musical performances from members of our beginning and advanced band.

Date: **Friday, April 4**

Where: **SMS Cafeteria**

Time: **5:00 to 7:00 pm**

For more information: Call Sussex Middle  
School: 433-2022. Ask for Mrs. Fisher



# Together, anything is possible!



## A Parent Guide for Addressing Bullying in New Brunswick Schools

*This is the first in a series of brochures that will be made available to you.*

### Introduction

In this brochure, the main focus will be on bullying, which is one form of hurtful behavior. Bullying is a problem in homes, schools and communities. Importantly, it is not only a problem of youth but is one that spans all ages. It is a complex social issue requiring passion, leadership and courage to address.



### The Key Components of Bullying

- It involves intentionally hurting another person.
- There is a power imbalance between the people involved.
- Bullying behavior is often repeated.

### Various Forms of Bullying

**Verbal Bullying:** Repeated verbal attacks that take the form of insults, racist remarks, homophobic slurring, taunting, belittling, cruel criticism, and sexually suggestive/abusive remarks are some examples.

**Physical Bullying:** This can include unwanted touching in the form of slapping, hitting, choking, punching, kicking, twisting of limbs, spitting, etc.

**Social/Relational Bullying:** This form of bullying is often difficult to detect as this takes place in the form of isolation, shunning and exclusion and is used to alienate and reject a peer or intentionally ruin friends through the use of rumours.

**Cyber/Digital Bullying:** The use of technology to verbally, socially, or psychologically attack someone.

### Facts About Bullying

**Fact 1:** Bullying is a community problem, not just a school one. As a main institution in children's lives, schools can play a leadership role in addressing bullying problems.

**Fact 2:** Without intervention, a significant proportion of youth who bully others in childhood will continue to use their power negatively through adolescence and into adulthood.

**Fact 3:** Given the power imbalance that exists between the child who bullies and the child who is victimized, it is incredibly difficult for children who are being victimized to remove themselves from this destructive relationship. Children need to be encouraged to report bullying and be given multiple strategies to make these reports. Adults must convey the message that they want to know about children's experiences and that it is their job to make the bullying stop.

New Brunswick  
**Brunswick**