

# Promoting Academic Excellence and Personal Growth.

# Sussex Elementary School Family News

Mar. 21, 2014

http://sussexelementary.nbed.nb.ca

# Sussex Elementary - Peanut and Nut FREE School for 2013-14



On Monday March 17th, 45 SES students attended the morning draw of the "Ford World Women's Curling Championships 2014." Our school was one of ten schools in the greater Saint John community to participate in an ongoing curling awareness program. SES supported team Sweden by preparing a large size wall mural for the pedway to Harbour Station. SES cheered and supported Sweden to an 8-5 victory over team USA.

# **Bruins Alumni Game - A Huge Success!**



Matthew Palmer prepares to drop for the ceremonial puck drop between the Boston Bruin alumni captain Ray Bourque and the Sussex Rangers Alumni captain Mike Eagles. More photos of the game on page

# Important Dates of Upcoming Events Report Cards go home Mar. 24th Skating (KR, KM, KMcD, 1G, 1D) Mar. 26 Student Led Parent Teacher Evening and Morning Mar. 27/28 SES Grandperson (10:30am-11:30am) April 24th

# **SES Code of Conduct**

- > I will be responsible!
- > I will be respectful!
- > I will make good choices!
- > I will be prepared!
- > I will do my best!

The 2nd term report cards will be sent out on Monday March 24th. Our parent teacher evening on March 27th and the morning of March 28th will be structured in a student-led format. Specific times will be provided by your child's homeroom teacher

Parents, be sure to check the lost and found when you are in for parent/teacher. All items will be sent to charity at the end of March.

We welcome donations of used books at any time. Our next used book sale will be in June. Feel free to drop some off when you are in for student-led conferences. Thank You!

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# **SES Snack of the Week Program**

Although the program will be setup the same as the "snack of the week" initiative that we ran before Christmas, the reward component will be based on class participation. The class with the highest participation percentage will receive a complete day of healthy eating. Recess snacks will be fruit trays and juice. Lunch will include a sub or pizza lunch (class choice) served with milk or juice.

Each day classes will submit the snack totals for the class to the office and these numbers will be calculated into percentages. The standings will be posted at the end of each week and reviewed on the Monday AM announcements. An example of a class participating would be;

21 students in class A. During the first week (5 days in total) of the program the students bring the snack of the week with the following ratios;

Monday - 12 of 21 students bring the snack of the week. 57%

Tuesday - 15 of 21 students bring the snack of the week. 71%

Wednesday - 14 out of 19 bring the snack of the week. (2 absent) 74%

Thursday - 17 out of 20 bring the snack of the week. (1 absent) **85%** Friday - 13 out of 17 bring the snack of the week. (4 absent) **77%** 

Average participation rate at the end of week 1 = 72.8%

Week 1 (March 10-14) - Grapes Week 2 (March 17-21) - Bananas

Week 3 (March 24-28) - Carrots Week 4 (March 31-Apr. 4) - Cucumber

Week 5 (Apr. 7-11) - Apples Week 6 (Apr. 14-18) - Celery

Week 7 (Apr. 21-25) - Grapes or bananas Week 8 (Apr. 28—May 2) - Carrots

Thank you to all the parents for your support of this healthy eating initiative. Before Christmas this was a wonderful program. Hoping your continued support will make it even better!

# We Can Make a Difference!!!!!! Wednesday March 26th

Sussex Elementary students and staff will be participating in a solidarity of silence. **Everybody is encouraged donate a dollar.** Here are the times to be silent.

Kidergarten-10 minutes

Grade 1-20 minutes

Grade2-30 minutes

Grade3-40 minutes

Grade4-2 hours

Grade5-All day

You can talk at recesses!

Craig Keilburger was 12 when he decided he wanted to make a difference. He saw in the newspaper that there was a kid who got sold for 16 dollars and worked in a rug factory. One day he escaped and went to a nearby villages to tell his story. When he went to school he always finished by holding a pencil in one hand and a tool in the other and said "everyone should have the right to learn, no kid should have to work".

Craig Keilburger decided to get other kids involved and they decided to call their group the group of 12 twelve year olds. That worked until one of them had their 13th birthday so then they named the group Free The Children. A couple of months later Craig asked his parents if he could go to India. He went to India and was worried for the children because of child labour.

Now Craig Keilburger is continuing his organization and for more information on Craig Keilburger and how to help free the children click here: <u>Free The Children</u>.

Thanks to Maggie Melvin and Emma Hourihan for organizing this event.



Sussex Co-op 50/50 draw—\$1

Each time you shop at the new Sussex Co-op, ask to play the 50/50. Until March 22, they are generously donating all proceeds to the SES Home & School. It's a WIN WIN!

### Don't forget!

### Norrads Recycling Center

There is an account set up for SES at the recycling center. When you return your recyclables, let them know you would like to donate the refund to SES Home & School.

What an easy way to support your school!

### Join SES Home & School

We meet on the third Tuesday each month at 6:30 in the school library All are welcome!



Find us on facebook!

Sussex Elementary Home & School

### Why do we fundraise?

- Playground Equipment
- Educational presentations & special speakers
- Field trips & outings
- Books, Electronics (Smart Boards)
- Theatre NB productions & other acts
- Christmas Dinner for teachers and staff with movie & popcorn for students
- Teacher Appreciation Week

We thank you for your past and continued support!

# BIKE RODEO

Sussex RCMP Detachment in conjunction with the Town of Sussex

Are hosting an annual bike rodeo for children of all ages

At the

8th Hussars Sports Center

(8 Leonard Drive, Sussex, NB)

On Saturday, the 26th of April, 2014 starting at 10:00 AM

All participants will be entered to win a new bicycle

Other prizes available to be won

### **FREE ADMISSION**



To register please call A/Cst. Mark Wright at (506) 435-4883 by April 19th, 2014.

# **APRIL 24th will be GRAND PERSON Day at SES!**

3 years ago we officially changed the name of this special day so that children who do not have grandparents could feel apart of this wonderful event for family and sharing.

A GRAND PERSON is any family member who is special to a student at SES. It could be a great aunt, great uncle, grandparent, a nana, a papa, an aunt, an uncle, or anyone your family sees as a GRAND person for you! It could even be Mom or Dad!

The focus of the GRAND PERSON day is to share stories of then and now so that our students see the educational changes that have occurred over time. Since this is the focus of the event please do not send older sibling. The GRAND PERSON should be at least one generation older! Thanks for your cooperation and support in making this special day a rewarding one for all of the students at SES. We hope to see your GRAND PERSON on April 24th from 10:30am to 11:30am.













### Grade 2-5 Cafeteria Menu 2013-2014 (March 10th to April 4th)

|  |   |  | •  |  |   |
|--|---|--|--|--|---|
|  | Monday  | Tuesday                                      | Wednesday  | Thursday                                     | Friday  |
| Healthy Choice Meal<br>(\$4.50)  | BBQ Chicken Flatbread<br>served with tossed salad<br>or Grilled Cheese<br>Sandwich with tossed  | Slice of Pizza served with<br>a Caesar Salad | Hot Turkey Sandwich<br>served with mashed<br>potatoes and vegetables | Chicken Fingers and Baked<br>Fries           | Spaghetti with meat sauce<br>served with garlic stick |
| Option 1   | Garlic Fingers - \$2.50<br>Hamburger \$2.50   | Pizza Slice- \$2.50                          | Garlic Fingers-\$2.50  | Pizza Slice - \$2.50 Baked<br>Fries - \$2.50 | Garlic Fingers - \$2.50<br>Grilled Cheese- \$2.50     |
| Option 2   | Nachos and Cheese \$3.00<br>Tossed Salad \$3.00   | Caesar Salad \$3.00                          | Chicken Snack Wrap -<br>\$3.00                                       | Cheeseburger - \$3.00                        | Chickenburger \$3.00                                  |
| Healthy Choice Meal<br>\$4.50 Ticket   | Each meal costs \$4.50. This does not include a drink. The meal can be purchased with a ticket or a meal card.  |  |  |  |   |
| \$3.00 Ticket Items  | There is at least one of these items available daily. One \$3 dollar ticket will purchase one of the following; {Chicken Burger, Cheeseburger, Chicken Snack Wrap, Tossed Salad, Caesar Salad, Meat Sandwiches(ham, turkey, roast beef, chicken salad)} |  |  |  |   |
| \$ 2.50 Ticket Items   | There is at least one of these items available daily. One \$2.50 ticket will purchase one of the following, Pizza Slice, Garlic Fingers, Baked Fries, Pancakes, Grilled Cheese, Hamburger, Beef or Chicken Taco, Soup&Crackers, Egg Sandwich            |  |  |  |   |
| \$ 1.50 Ticket Items   | Not all of these items will be available daily. The canned juice will be available daily. One \$1.50 ticket will purchase one of the following; Pudding Cup, Can of Apple Juice, Can of Orange Juice, Bottled Water                                     |  |  |  |   |
| \$ 1.00 Ticket Items   | The juice box will be available daily, but not all other choices will be available daily. One \$1.00 ticket will purchase one of the following items; Juice Box, Muffin, Yogurt, Veggie Bags, Apple, Banana, Orange, 2-Low Fat Cookies                  |  |  |  |   |
| \$ 0.50 Ticket Items   | Milk will be available daily to ALL grade levels from Kindergarten to Grade 5. One .50 cent ticket will purchase one of the following items; Chocolate Milk, White Milk   |  |  |  |   |
| Il products that are used by Chartwells are "better for you". We use low fat cheese, lean meats and burgers, lite dressings and enriched breads. These followed by ealthy cooking methods create a healthier way to eat! |   |  | nds. These followed by   |  |   |
| The following items  | he following items are available at the recess break: Muffins-\$1.00 Yogurt-\$1.00 Fresh Fruit-\$1.00   |  |  |  |   |

### Kindergarten & Grade 1 Cafeteria Menu 2013-2014 (March 10th to April 4th)

|          | Monday            | Tuesday | Wednesday                         | Thursday | Friday                  |
|----------|-------------------|---------|-----------------------------------|----------|-------------------------|
| Option 1 | Hamburger -\$2.50 | None    | Grilled Cheese Sandwich<br>\$2.50 | None     | Garlic Fingers - \$2.50 |

The Sussex Atom Rangers got to play a 5 minute period of hockey versus the Boston Bruin Alumni and came away with a 6-6 tie in the mini game. Unlike the Sussex Ranger Alumni who lost to the Boston Bruin Alumni by a score of 13-8. Joseph Whitters, Marcus Gray, and Logan Hawkes (all Sussex Elementary Students) scored for the Atom Rangers.



Schedule for parents – Multisport chairs. Please bring your child/children. Hope these times work. As you can see, there is plenty of interest. I am happy!!!

# Tuesday March 25th

# Wednesday March 26th

| 7.00   |                   |                                    |
|--------|-------------------|------------------------------------|
| 5:30pm | Charles Mercer    | Anne Webb-Thorne                   |
|        | Tammy Mercer      | Maryellen James                    |
|        | Novalee Jackson   | Vanessa McGibbon                   |
|        | Ron Soper         | Jeff Vail                          |
|        | Carol Green       | Eleanor Williams                   |
|        | Trish Byrne       | Heather Chetley                    |
|        | Kevin Byrne       | Sarah Vail                         |
|        | Keviii Byilie     | Salan Van                          |
| 6:00pm | Luke MacDougall   | Jodi and Lloyd Ravn (+ family)     |
|        | Samantha Dixon    | Melana and Chris Palmer (+ Family) |
|        | Tanya Hazelwood   |                                    |
|        | Mary Thompson     |                                    |
|        | Lisa Mercer       |                                    |
|        | Melissa Kimball   |                                    |
|        | Kim Butler        |                                    |
|        | Kim Butter        |                                    |
| 6:30pm | Wendy Douthwright | Becki Whalen                       |
|        | Scott Thorne      | Andrew Taylor                      |
|        | Wally Currie      | Charles Robinson                   |
|        | Tammie Edan       | Wayne Gillies                      |
|        | Paul Baines       | Dolly Blanchard                    |
|        | Marc Baines       | Steven Frits                       |
|        | Erica Foster      | Rebecca Harper                     |
|        | Effed Poster      | Rebecca Harper                     |
| 7:00pm | Howard Gillies    | Tara Black                         |
|        | Deanna Moffett    | Tammy Heath                        |
|        | Marc Verschoor    | Luc Desjardins                     |
|        | Miriam Verschoor  | Jay Foster                         |
|        | Gordonna Hache    | Holly McCullum                     |
|        | Shawn Campbell    | Virna Sabine                       |
|        |                   |                                    |
|        | Joel McDermott    | Mitchell Muscroft                  |
| 7:30pm | Brian Hookey      | Becki Whalen                       |
|        | Andrew Hunt       | Lynn Hickey                        |
|        | Wally Currie      | Greg Hickey                        |
|        | Tammy Etan        | Karey Howe                         |
|        | Sherry Sararas    | Nathan Maskery                     |
|        | Brenda Landry     | Catherine Nash                     |
|        | Julie McGuire     | Scott Matheson                     |
|        | Julie McGuile     | Scott Matheson                     |
| 8:00pm | Karl Schaeffer    | Mike Coggan                        |
|        | Lauri Schaeffer   | Donna Russell                      |
|        | Terri Mason       | Wayne Barrie                       |
|        | Stephanie Snyder  | Andrea Mason                       |
|        | Derek Robinson    | Stephanie Snyder                   |
|        | John McNair       | Chris Crawford                     |
|        |                   |                                    |
|        | Christine Celeste | Krissy Crawford                    |
|        | Chris Celeste     | James Reicker                      |
|        |                   |                                    |