



Promoting Academic Excellence and Personal Growth.

Sussex Elementary School Family News

May 16, 2014

<http://sussexelementary.nbed.nb.ca>

Sussex Elementary - Peanut and Nut FREE School for 2013-14

SES will implement the Swim at School program in the Fall 2014

We have yet to determine the grade level for designation since we are still waiting for our official class configurations for next year. However, the program will run at either the grade 3 or 4 level. The cost per child is about \$30 dollars for the 10 session program. This cost will be shared between school, our home and school, and families. A \$10 program fee will be added to the grade level school supply list. This fun, safe program allows children of different ages and ability levels to develop and swim at their own pace. Children will learn the right skills to swim with confidence. Swimming is such an important life skill that some children don't have the opportunity to learn and enjoy and grow up with a fear of water or discomfort. Swim @ School provides these students with a fair opportunity!

Advantages:

Encourages an active lifestyle that meets the educational curriculum for fitness and education programs

Develops safety skills and builds self-confidence around water

Provides swim instruction for children who may not have access to regular lessons

Activities and learning is inclusive, no matter what age or skill level

Swim @ School lessons are taught for an hour once a week for a period of 10 weeks.

Classes will progressively learn basic skills with a follow up evaluation for each student at the end of the sessions. These newly developed skills can be applied to standard Red Cross Swimming lesson evaluations.

Instruction is given by certified instructors and swims are guarded by certified aquatic professionals. For more information see page 3. More details to follow in the coming weeks.

SES Code of Conduct

- > I will be responsible!
- > I will be respectful!
- > I will make good choices!
- > I will be prepared!
- > I will do my best!

The Parent Wellness Surveys needed to be returned by Thursday, May 15th! If you still have surveys please send them in by Tuesday May 20th since all returned surveys will be shipped out on Wednesday May 21st.

2014-15 Kindergarten Registration & Visit to SES

If you know of anyone who has not registered their children for the 2014 – 2015 Kindergarten program please tell them to contact the school as soon as possible. 432-2019

Currently we have around 70 students registered.

May 30th has been set aside as our Transition Day. All of our 2013-14 kindergarten students will be staying home that day so that the 2014-2015 kindergarten students can come to school and experience first hand what kindergarten is all about. This creates a very positive transition for the child and it certainly helps parents as well. We have mailed letters home to all registered 2014-2015 families detailing this day. If you did not receive your letter please call us immediately so we can provide you with the details of the May 30th visit.

We welcome donations of used books at any time. Our next used book sale will be in June.

Thank You!

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Important Dates of Upcoming Events

Victoria Day Holiday—all NB schools closed	May 19th
SES School T-Shirt or School Colors Day	Friday May 23rd
Kindergarten 2014-15 Transition Day	May 30th
Grade 5 visit to SMS	June 5th
Father's Day	June 15th
Last Day of School for Students	June 20th

Critical Thinking

This is a very important component of comprehension or understanding the meaning of language. As tweens, teens, and adults, we particularly need to be media savvy in order to navigate the deluge of information available to us.

We want students to—

- * demonstrate growing awareness that all texts (written or oral) reflect a purpose and a point of view
- * identify instances where language is being used to manipulate, persuade, or control and
- * identify instances of opinion, prejudice, bias, and stereotyping

You can practice this with your children—with books, magazines, newscasts, television programs, movies, etc.—by introducing these types of questions:

- * I wonder who wrote this....?
- * What do you think he or she is trying to say?
- * What did we already know?
- * What didn't we know?
- * What has been included?
- * What has not been included?
- * Whose voices and positions are being expressed?
- * Whose voices and positions are not being expressed?
- * What is the text trying to do to the reader/listener/viewer? How does it do it?
- * How else could it have been presented?

Provincial Assessments

Parents are reminded that the following assessments are part of this school year and these dates are fast approaching. One of the most important things parents can do in helping the school with the assessments is to make sure your child is at school on the days the assessments take place. In addition to being at school to actually be able to write the assessment parents need to ensure that students are getting a good nights sleep and a healthy breakfast in the morning.

Administration dates of May 22-29, 2014:

The Grade 2 Literacy Assessment (**READING ONLY**) will be for all students . Writing will not be assessed. Please note: this is a change from the 2013-2014 Assessment & Evaluation Timetable.

The Grade 4 FI Literacy Assessment (Reading and Writing) will be for all students enrolled in French Immersion

The Grade 5 Mathematics Assessment is a **20% random sample of in-tact classes**.

For more information on provincial assessments please go to the following link;

http://www.gnb.ca/0000/results/index_e.html

Thank You SES Home and School for the beautiful school t-shirts handed out this week to our kindergarten students! Each year the SES Home and School gives a free t-shirt to all our new kindergarten students. At the start of the 2014-15 school year we are going to be looking into pre-paid ordering of larger school shirts for the older grades since the kids often outgrow the smaller free one!





Learning that keeps kids afloat!

Swim @ School is a fun, participation-based program teaching swimming skills and water safety to school-aged children.

Built uniquely from the Red Cross Swim curriculum, Swim @ School covers swimming, fitness, safety skills. Participants are encouraged to achieve their personal best. They receive a certificate summarizing the skills they learn and recognition of their participation with a fun, full-colour sticker.

Swim @ School offers in-water training at aquatic facilities. A dry-land education package called Water Safety Brain Games can be taught either in the classroom or at the pool.

What makes Swim @ School great for students?

- The program is designed from the Red Cross Swim program, which is recognized for its swimming and water safety education for youth.
- By focusing on fitness and developing life skills – students are exposed to a safe water environment where they are encouraged to participate and increase their swimming endurance.
- Everyone can participate and have fun. The program is designed to allow an entire class to participate at various levels of ability and encourages everyone to achieve their own personal best.
- While students are not evaluated – the Instructor can track students' abilities and make a recommendation on where the student should enroll in Red Cross Swim Kids.

Swim @ School modules:

Swimming: Students get comfortable in the water, learn proper breathing techniques, float on their front and back, glide and learn Front and Back Crawl. Stronger swimmers continue to improve their Front and Back Crawl while increasing their swimming endurance.

Safety Skills: Students love this stuff! The skills are suited to all levels, as even strong swimmers need to know how to stay safe in the water. Students will conduct simulated ice rescues, learn when to contact EMS, and how to help, swim wearing their clothes and a lifejacket and learn how to safely rescue others in the water.

Fitness: Students are encouraged to increase distance or speed over their lessons – allowing them to achieve new personal bests.


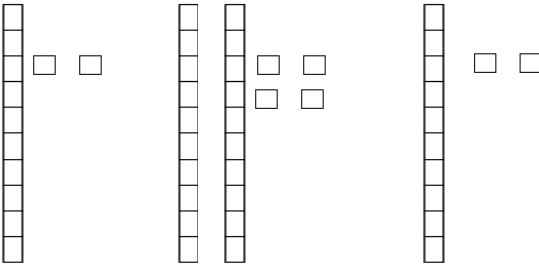
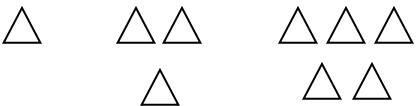

Brain Games: These games and activities challenge the students' brains and teach lessons in safety that will last them a lifetime. Brain Games is designed for delivery outside the pool setting and can be presented by your students' teacher. Brain Games is developed to compliment the in-water Swim @ School modules.

1.877.356.3226 | www.redcross.ca/swim

Swim with the best.

Math—Finding Patterns

In math, students learn about patterns. They are looking for a common thread among a series of shapes, numbers, etc. The shapes may have any number of attributes such as size, color, or position. The numbers may simply be random numbers that repeat or may be in increments or have another operational function that results in the pattern. See if you can continue the pattern for each examples below by guessing what comes next:

Kindergarten: Repeating patterns of 2 or 3 elements											
Grade 1: Repeating patterns of 2 to 4 elements	135713571357										
Grade 2: Repeating patterns of 3 to 5 elements and increasing elements											
Grade 3: Increasing patterns and decreasing patterns											
Grade 4: Patterns in tables and charts	 <table border="1" data-bbox="479 976 1006 1207"> <thead> <tr> <th>Number of Packages</th><th>Number of Cards</th></tr> </thead> <tbody> <tr> <td>1</td><td>5</td></tr> <tr> <td>2</td><td></td></tr> <tr> <td>3</td><td>15</td></tr> <tr> <td>4</td><td></td></tr> </tbody> </table>	Number of Packages	Number of Cards	1	5	2		3	15	4	
Number of Packages	Number of Cards										
1	5										
2											
3	15										
4											
Grade 5 Prediction using pattern rule	If the pattern rule is: start at 3 and add 4 each time, predict the outcome with the 10th step in the pattern										

The Skills Streaming Skill for May is:

Accepting consequences:

1. Decide if you are wrong
2. If you were, accept the consequence
3. Describe to the person what you did
4. Say something else, too:
 - * Apologize
 - * Tell how you will avoid it next time

Our Future Health—A recent issue of the New England Journal of Medicine noted that the percentage of type 2 diabetes in cases of new-onset diabetes in adolescence has increased from 3% a few decades ago to approximately 50% today. They encourage us to eat less and move more and also to “build safe environments that require physical movement.” Please continue to support and encourage initiatives such as the outdoor classroom by our Home and School and programs and policies within our municipalities that support active living.

