



Promoting Academic Excellence and Personal Growth.

Sussex Elementary School Family News

May 2, 2014

<http://sussexelementary.nbed.nb.ca>

Sussex Elementary - Peanut and Nut FREE School for 2013-14

Date: Saturday, May 10th

Pre-Movie Fun 6-8pm
SHOW TIME: Dusk

Family Movie Night

Fundraiser to support



With thanks to



Where: Sussex Drive In

When: Saturday, May 10th
Gates open at 6pm & The Nut
Job plays at Dusk (8:30pm)

Cost: \$5 per person

What? A fun, family night out in
support of the Sussex and Sussex
Corner Elementary Home & School!

\$5 FUN

Pre-Movie fun (6-8pm)—Bouncy Houses,
face painting & more— \$5 unlimited bracelet

Movie Admission—\$5 per person

Play 50/50—\$5 for an "arm's length" (last
year's winner walked away with almost
\$300!)

Canteen Exclusive Deals for Family
Movie Night—your choice for \$5!
Combo 1—Popcorn, chocolate bar & drink
Combo 2—Hotdog, Fries & drink
(Regular canteen menu also available
6-9pm)



SES Code of Conduct

- > I will be responsible!
- > I will be respectful!
- > I will make good choices!
- > I will be prepared!
- > I will do my best!

SES Snack of the Week

Thank you to all the par-
ents for your support of
this healthy eating initia-
tive. Winning classes will
be identified this coming
week for a pizza party and
fruit tray.

*We welcome donations of
used books at any
time. Our next used book
sale will be in June.
Thank You!*

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Important Dates of Upcoming Events

Family Movie Night at Sussex Drive-In	May 10th
Mother's Day	May 11th
NBTA Branch 0618 AGM—No School	May 16th
Victoria Day Holiday—all NB schools closed	May 19th
Kindergarten 2014-15 Transition Day	May 30th
Father's Day	June 15th

FamilySmart[™]
for child and youth
mental health



May 5 - 11 Mental Health Week

The National Institute of Families for Child & Youth Mental Health (Institute of Families) is the heart of a national network that connects families to each other and to the communities and systems that touch their lives. They act as a catalyst to mobilize families, reframe mental health discourse, and reorient systems to im-

prove child and youth mental health in Canada.

www.familysmart.ca

Act for the Planet – Kids, their parents and their teachers are invited to join thousands of other kids around the country acting for the planet. Submit a photo or drawing of your earth-friendly action to see it appear on our website, and enter to win great prizes from Sony Canada. Click on the Act for the Planet picture to learn



more. If you missed out on Earth Day celebrations this year, don't pass up this second chance! If you've already joined in, we hope you'll have fun adding some warm-weather activities to the mix. We had a longer winter this year, so many of you were unable to enjoy your favourite Earth Month activities and actions. You told us how disappointed you were on Facebook, Twitter and by e-mail. It's hard to pick up litter when the ground is still covered in snow, plant a garden when the soil is frozen, or bike to work during an April blizzard.

Besides, why should April have all the fun? The planet needs our help 365 days a year!

Happy Earth May!

– The Earth Day Canada Team



The civic centre is offering a Run Jump Throw program this summer. Run Jump Throw uses a fun and active learning environment. The program focuses on the enhancement of physical fitness, health, and physical development for children 7 to 12 years of age. For more information or to sign your child up, drop in to the PotashCorp Civic Centre and talk to Ellen Watters.

You can also email Ellen at ellen@potashcorpciviccentre.com

2013-2014 New Brunswick Elementary Student Wellness Survey

The New Brunswick Elementary Student Wellness Survey began in 2007-2008 for grades K-5 and was repeated in 2010-2011. As part of the NB Wellness Strategy, the New Brunswick Department of Healthy and Inclusive Communities in collaboration with the Department of Education and Early Childhood Development and the New Brunswick Health Council have undertaken the 2013-2014 NB Elementary Student Wellness Survey to measure and report on the wellness behaviours of all students in grades K-5. Students will be asked questions about their wellness behaviours such as their eating and physical activity habits, bullying, mental fitness and how connected they feel to their school. All students in grades 4-5 will be asked to complete a student wellness survey, and parents/guardians of all students in grades K-5 will be asked to complete a family wellness survey. By taking the time to complete this survey, students and parents can contribute to their school's improvement plans and student wellness activities. On *[insert survey date]*, our school will be participating in this survey, as we aim to improve the health and wellness of children in our community. If you would like more information on this survey, please call the New Brunswick Health Council at 1-877-225-2521.



Chartwells School Dining Services



Grade 2-5 Cafeteria Menu 2013-2014 (May 5th to June 13th)

	Monday	Tuesday	Wednesday	Thursday	Friday
Healthy Choice Meal (\$4.50)	Lasagna served with the choice of Caesar Salad or a garlic stick	6" Sub (Ham or Turkey) served with Baked Fries	Ham Dinner	Chicken Fingers and Chicken Fried Rice	Spaghetti with meat sauce served with garlic stick
Option 1	Garlic Fingers - \$2.50 Hamburger \$2.50	Pizza Slice- \$2.50	Garlic Fingers- \$2.50	Pizza- \$2.50	Garlic Fingers - \$2.50 Baked Fries- \$2.50
Option 2	Caesar Salad \$3.00	Tossed Salad \$3.00	Cheeseburger \$3.00	Nachos and Cheese \$3.00	Chicken Burger \$3.00
Healthy Choice Meal \$4.50 Ticket	Each meal costs \$4.50. This does not include a drink. The meal can be purchased with a ticket or a meal card.				
\$3.00 Ticket Items	There is at least one of these items available daily. One \$3 dollar ticket will purchase one of the following: {Chicken Burger, Cheeseburger, Chicken Snack Wrap, Tossed Salad, Caesar Salad, Meat Sandwiches(ham, turkey, roast beef, chicken salad)}				
\$ 2.50 Ticket Items	There is at least one of these items available daily. One \$2.50 ticket will purchase one of the following: Pizza Slice, Garlic Fingers, Baked Fries, Pancakes, Grilled Cheese, Hamburger, Beef or Chicken Taco, Soup&Crackers, Egg Sandwich				
\$ 1.50 Ticket Items	Not all of these items will be available daily. The canned juice will be available daily. One \$1.50 ticket will purchase one of the following: Pudding Cup, Can of Apple Juice, Can of Orange Juice, Bottled Water				
\$ 1.00 Ticket Items	The juice box will be available daily, but not all other choices will be available daily. One \$1.00 ticket will purchase one of the following items; Juice Box, Muffin, Yogurt, Veggie Bags, Apple, Banana, Orange, 2-Low Fat Cookies				
\$ 0.50 Ticket Items	Milk will be available daily to ALL grade levels from Kindergarten to Grade 5. One .50 cent ticket will purchase one of the following items; Chocolate Milk, White Milk				
All products that are used by Chartwells are "better for you". We use low fat cheese, lean meats and burgers, lite dressings and enriched breads. These followed by healthy cooking methods create a healthier way to eat!					
The following items are available at the recess break : Muffin- \$1.00 Yogurt- \$1.00 Fresh Fruit-\$1.00					

Kindergarten & Grade 1 Cafeteria Menu 2013-2014 (May 5th to June 13th)

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Pizza \$2.50	None	Hamburgers \$2.50	None	Garlic Fingers - \$2.50