

MEANINGFUL CAREER EXPLORATION

Hopes for the day:



Setting the Stage for a Great Experience!

IMPORTANT: Watch Mrs. Bennett's Intro Video https://youtu.be/ixOKZN_OScw

Preparing for Take Our Kids to Work Day	Complete Pre-Activity A	Setting goals and expectations for the day
	Complete Pre-Activity B	Thinking about your "personal brand"
	Complete Pre-Activity C	Managing your online reputation

Meaningful Career Exploration

My Sparkpath	<i>This interactive experience helps students find a career path based on exciting, real-world challenges, not job titles. Each student receives a customized Challenge Profile with a career exploration plan.</i>	
	Step 1	Watch The Challenge Mindset TEDx Talk: https://youtu.be/38AcJB983TQ
		Write down one question or comment about the talk.

	Step 2	<i>Create an Account:</i> Go to www.app.mysparkpath.com and click Sign Up . Create a Student account and insert SRHS' code SRHSChallenge2020	
	Step 3	Follow the instructions and sort the Challenge Cards	
	Step 4	Read your Challenge Profile (PDF) and take action by writing down why you chose the card or What difference do you want to make in the world when it comes to this challenge?	
The Learning Partnership	Watch	Your Future Now (20 minutes) https://youtu.be/hjayk53hRDs	
	Explore what you are interested in	Skilled Trades Breakout Session	https://youtu.be/pAaBOB2UILE Handout D (back of packet)
		Health Care Breakout Session	https://youtu.be/saOUz1LKVI4 Handout E (back of packet)
		Innovation & Entrepreneurship Breakout Session	https://youtu.be/AvsCjGQ4w3E Handout F (back of packet)
		Technology & Finance Breakout Session	https://youtu.be/5wJ8pMkgWew Handout G (back of packet)
My Blueprint	Sign Up	www.myBlueprint.ca/anglophonesouth	See Activity Handout for Instructions
	Surveys	Match Your Interests to Occupations	
	Matches	Occupation Matches	

Reflecting on Take Our Kids to Work Day

Your Learning	<p>List 3 things that you learned from today's experiences:</p> <ol style="list-style-type: none"> 1. _____ 2. _____ 3. _____ <p>Reflect & Assess: Did you meet the goals you set for yourself this morning? If not, why?</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>Log-in at 2:30 through TEAMS to debrief as a group! See you there 😊</p> <p>Thanks for all your hard work, Mrs. Bennett</p>
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Pre-Activity A

Setting your Goals & Expectations

3 things I expect to experience during my Take Our Kids to Work experience:

1. _____
2. _____
3. _____

3 questions I hope to have answered during my Take Our Kids to Work experience:

1. _____
2. _____
3. _____

Pre-Activity B

Your "Personal Brand"

Think of a well-known brand (e.g., clothing, mobile phones, cars). What qualities or features come to mind that describe this brand? How does this brand differ from others like it?

Brand:

Qualities/characteristics of this brand:

1. _____
2. _____
3. _____

Think about someone you know who has a personal brand, such as a celebrity or famous influencer. How would you describe that person's brand? How does it distinguish them from other people?

Celebrity/Influencer:

Personal qualities of this celebrity/influencer:

1. _____
2. _____
3. _____

What are three characteristics, attributes, skills, interests, or personality traits about YOU that are part of your personal brand? How do you express these in your activities, behaviour, or personal style?

Quality 1: _____

How I express this quality:

Quality 2: _____

How I express this quality:

Quality 3: _____

How I express this quality:

Pre-Activity C

Managing your Online Reputation: Choose **ONE** scenario to complete

Scenario One:

Nadia is a basketball player who has led her High School team to several regional championships. She wants to study for a degree in sports medicine and has ambitions to be a coach and sports ambassador working with young people.

Types of content that would reflect POSITIVELY on Nadia's personal brand:

Types of content that might reflect NEGATIVELY on Nadia's personal brand:

Scenario Two:

Jordan is a member of his student council, an active volunteer with a local environmental charity, interested in environmental studies, and wants to become an environmental lawyer – maybe even a politician – to help address the issue of climate change.

Types of content that would reflect POSITIVELY on Jordan's personal brand:

Types of content that would reflect NEGATIVELY on Jordan's personal brand:

Scenario Three:

Keisha is a budding artist with a talent for drawing and painting. She wants to attend art school and make her living using her art to address social issues that are important to her, like #BlackLivesMatter, women's and girl's rights, and poverty in Canada and around the world. She has a strong interest in children and would also like to become an art teacher or a children's art therapist.

Types of content that would reflect POSITIVELY on Jordan's personal brand:

Types of content that would reflect NEGATIVELY on Jordan's personal brand:

My Sparkpath

Step 1: Watch The Challenge Mindset TEDx Talk: <https://youtu.be/38AcJB983TQ>

Write down one question or comment about the talk:

Step 2: Create an Account

Go to www.app.mysparkpath.com and click Sign Up. Create a Student account and insert our SRHS code: **SRHSChallenge2020**

Step 3: Follow the instructions and sort the Challenge Cards

Step 4: Read your Challenge Profile (print it off if you can) and take action by writing down why you chose the card or what difference you want to make in the world when it comes to this challenge?

The Learning Partnership

Watch: Your Future Now <https://youtu.be/hjayk53hRDs>

	Skilled Trades Breakout Session	https://youtu.be/pAaBOB2UILE Handout D
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Explore	Health Care Breakout Session	https://youtu.be/saOUz1LKVI4 Handout E
	Innovation & Entrepreneurship Breakout Session	https://youtu.be/AvsCjGQ4w3E Handout F
	Technology & Finance Breakout Session	https://youtu.be/5wJ8pMkgWew Handout G

myBlueprint Activity

Student Number: _____

A. Login

1. Go to www.myBlueprint.ca/anglophonesouth and click "Sign Up"
2. Select Sussex Regional High School from the drop-down menu and click "Create Account"
3. Select "Student"
4. Complete the sign-up steps. You will require your student ID number and your school email address.

B. Surveys – Match your interests to Occupations

1. Click on the 2nd option of the tool bar "Who Am I?"
2. Scroll down and complete the survey "Interests" by answering the 48 questions. Do your best. There are no right or wrong answers.
3. Click "View Report" to learn your interest type. Then click "Back to Surveys"
4. Scroll down and complete the survey "Knowledge" by answering the 30 questions. Again, do your best. There are no right or wrong answers.
5. Click "View Report" to learn your top subject area. Then click "Back to Surveys"
6. Scroll down to complete the final survey "Motivations" by answering the 18 questions. Again, do your best. There are no right or wrong answers.
7. When you have completed the "Motivations" survey, click "View Report" to find your top motivation factor.

C. Perfect Matches

1. Click "Back to Surveys" and click "Occupation Matches"
2. Choose one occupation and investigate it by finding and watching a video.

Answer the following:

Career Questions

1. What did you learn about the career you chose from the information and video(s) you watched?

2. What did you find most interesting or surprising about the career you researched?

3. Did the video, or the information on myBlueprint change your view about the occupation you researched?

4. How certain are you about what post-secondary career pathway you would like to pursue?

5. What unanswered questions do you still have about this career opportunity?
