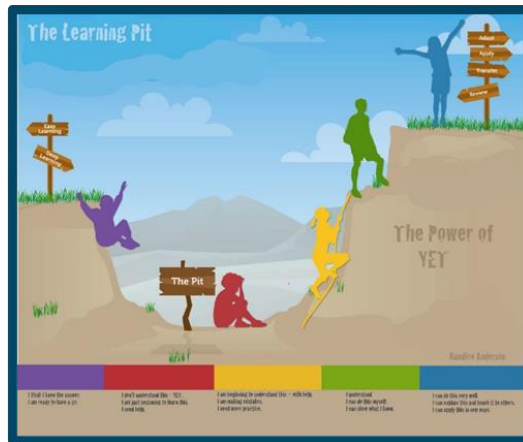


RedHawk Express

Oct 3, 2021



Struggling leads to Growth

Last year at this time I shared a diagram of the Learning Pit – it was at that time we were all learning together what a post-lockdown school year might look like. In 2021 we are beginning to see some of the anxiety and stress emerge in academic classes and it seems like a good time to remind the school community to be patient and work hard!

The diagram above might help you better understand where things stand in these early days of new and often challenging classes.

1. PURPLE (First/Second Week) – Students jumped into their new classes with excitement.
2. RED (where we are now) – Students are in the deepest part of the learning pit as they need more assistance than they are accustomed to and do not have the depth of understanding about the subject that would allow them independence.
3. YELLOW (October/November) – As the teachers find a rhythm, the students settle into the routines for each course they will begin to develop confidence and skills. They will make mistakes and patience with self and others will be key.
4. GREEN (December/January) – Students will recognize their strengths, know who to lean on for help and will be able to help others.
5. BLUE (Future Courses in the same subject area) – Students will begin the new courses with greater confidence in the subject matter and will be able to put into practice the skills they have developed.

Moral of the Story – Stick with the challenge. Not only will you come out with subject knowledge and skill, but you will have gained resilience and strength!

Weekly Schedule

Oct 4-8

(Sweet Caroline Week)

Monday –

Tuesday – PLC Meetings
(Staff)

Wednesday –

Thursday –

Friday – Yellow Day

Oct 11- 15

Monday – NO SCHOOL
(Thanksgiving Day)

Tuesday –

Wednesday –

Thursday –

Friday –

Upcoming Events

Sunday Oct 10 – World
Mental Health Day

Saturday Oct 16 – SRC
Bottle Drive

Tues -Thurs (Oct 26- 28)–
Grad Photos

Supporting Your Students @Home

One of the best ways that you can support your students learning is to support the school with some of our areas of focus.

- Students must have their **cellphones** away during class time until the teacher allows their use. You can support this is by not texting or calling your students during class/school hours. Please try to reach them as much as possible between 12:25pm and 1:25pm (Lunch)
- Please call the school on 847-6204 if your student is going to **miss school** for illness (IL) medical appointments (MA) or if you are excusing their absence (OI) – this will allow us to focus on those students who are missing without good reason (Unexcused Absence – UA)
- **Two Symptoms = Stay Home** – If your student has two or more symptoms they must stay home, and it is recommended that they get tested for COVID-19. Please call to advise us if this is the reason for the absence.
- **Masks over the nose and mouth.** We are no longer giving warnings for inappropriate mask wearing. We will have to send students home for the day if they refuse to wear their masks properly.



Reminders and Celebrations

- *Congratulations to Nora Gallagher, Hannah Gallant and Sarah Watson for being selected to join the SRC. Thank you to the many grade nine students who interviewed! There are going to be many more opportunities to get involved.*
- *Our next Bottle Drive is October 16 (the weekend after Thanksgiving) and will be hosted by the SRC. Proceeds will be split between the SRC and Adopt-A-RedHawk.*
- *Check out page 4 for all grad photo details you will need.*
- *Hockey Try-outs continue this week – details on page 3. Remember that you must show proof of vaccination to Mrs. Barrington to try-out.*
- **SPORTS Round Up**
 - SV Girls Soccer – 2 wins against Fundy High and Simonds.*
 - Baseball beat St. Stephen High School.*
 - Softball beat Fundy High*
 - Field Hockey lost to Harbour View High.*
 - JV Girls Soccer had a great week with wins against KVHS, Fundy High and a tie against SJHS.*
 - Golf was away this weekend – results TBA*
 - JV Boys Soccer beat STM and SJHS this week.*

Social Media

Follow us on whichever platform you check regularly to get up to date information and good news items.

Facebook – Search
“Rothesay High School”

Twitter - @RothesayHigh

Instagram –
@rothesayhigh_athletics
@reggietheredhawk

Snapchat -
@reggietheredhaw
(please note there is no
“k” on the end!)

Other Account to Follow;
Twitter - @ASD_South

HOCKEY TRYOUTS



Monday September 20th 9:15pm-10:15pm QPlex

Monday September 27th 9:15pm-10:15pm QPlex

Monday October 4th 8pm-10:30pm Rothesay Arena

Tuesday October 5th 8:00pm-9:00pm Rothesay Arena

Friday October 8th 4:45pm-5:45pm Rothesay Arena

Monday October 11th 8:00pm-10:30pm Rothesay Arena.

RED AND WHITE GAME

GIRLS HOCKEY TRYOUTS



Monday, October 4 - 6:15 - 7:45 pm - Rothesay Arena

Wednesday, October 6 - 4 - 5 pm - Rothesay Arena

Friday, October 8 - 3:45 - 4:45 pm - Rothesay Arena

Monday, October 11 - 6:15 - 7:45 - Red & White Game

Graduates may sign up in the Main Office for their Graduation Photos (Cap & Gown) this week. The photos will be taken the last week of October (26-28)

Advice from Photography Flewwelling for your graduation photos:

If you are wearing a suit on graduation day:

- Wear a white shirt and a tie (a tie in your school colours looks best). The studio has a white shirt and ties for you to borrow, if necessary.

If you are wearing a dress on graduation day:

- Wear a vee-neck top that will not show under the gown.

Advice for all:

- A small necklace will look fine, but heavy jewellery would be a distraction.
- If you normally wear make-up, consider using a little more than usual, but do not overdo it. If you never wear make-up, you might consider wearing it on photo day. A cosmetics specialist at a drug store would be happy to teach you the basics.
- Photography Flewwelling has the graduation gown for your photo.
- Some students like to have one shot taken with a prop such as a musical instrument or some other cherished item.
- Do not make a drastic change to your appearance in the days leading up to your appointment. Even a fresh haircut might not look the way you intend, so you might think about getting a haircut one to two weeks before your appointment.
- Minor blemishes will be re-touched at no cost; details regarding the cost of major re-touches will be provided on the envelope containing your proofs.
- Ordering instructions will be on the envelope containing your proofs.
- Relax and have fun!

Please note: While you are not obliged to buy any of the photos, we do ask that you get your photo taken as we use the photos for the following:

