**RHS National Day for Truth and Reconciliation**

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| **Lessons: Quick Reference** | |
| **Period 1** | Introductory content: role of elders, terminology, Wabanaki peoples, and treaties   * Land Acknowledgement from Zoe Watson [Land Acknowledgement](https://nbed.sharepoint.com/:v:/r/sites/FirstNationsandSocialStudiesEducation/Documents%20on%20FNED%20Sharepoint/Orange%20shirt%20day.mp4?csf=1&web=1&e=Zk8Ie5) * Use PowerPoints and videos, hyperlinked in the detailed lesson plan below, and available in the [Period 1 Resources](https://teams.microsoft.com/_#/school/files/National%20Day%20for%20Truth%20Reconciliation%20Sept%2030?threadId=19%3A01c8b3d9b1c043fba465fe643db1482a%40thread.skype&ctx=channel&context=Period%25201%2520Resources&rootfolder=%252Fsites%252FRothesayHighSchoolStaff%252FShared%2520Documents%252FNational%2520Day%2520for%2520Truth%2520Reconciliation%2520Sept%252030%252FLesson%2520Plan%2520for%2520Reconcilation%2520Day%252FPeriod%25201%2520Resources) folder. |
| **Period 2** | Wabanaki peoples: a look into the territories and cultures of local First Nations   * Use hyperlinks in detailed lesson plan to access the videos and interactive map on the web. |
| **Period 3** | Live conference with the National Centre for Truth and Reconciliation   * Check out recorded sessions at <https://nctr.ca/> |
| **Period 4** | Teacher’s Choice:   1. Canoe History 2. Medicine wheel (outdoors) 3. Medicinal Herbs (outdoors) 4. Community cleanup (outdoors)  * Resources are hyperlinked in detailed lesson plan and available in the [Period 4 Resources](https://teams.microsoft.com/_#/school/files/National%20Day%20for%20Truth%20Reconciliation%20Sept%2030?threadId=19%3A01c8b3d9b1c043fba465fe643db1482a%40thread.skype&ctx=channel&context=Period%25204%2520Resources&rootfolder=%252Fsites%252FRothesayHighSchoolStaff%252FShared%2520Documents%252FNational%2520Day%2520for%2520Truth%2520Reconciliation%2520Sept%252030%252FLesson%2520Plan%2520for%2520Reconcilation%2520Day%252FPeriod%25204%2520Resources) folder. |
| **Period 5** | Acting for Reconciliation   * Present background videos about Residential and Indian Day Schools, then view the 20 TRC Calls to Action that have not yet been started at [Beyond 94](https://newsinteractives.cbc.ca/longform-single/beyond-94?&cta=3). Discuss plans for actions of reconciliation. |

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| **Period 1 – Introductory Content** |
| 1. Land Acknowledgement: Zoe Watson. [Land Acknowladgment](https://nbed.sharepoint.com/:v:/r/sites/FirstNationsandSocialStudiesEducation/Documents%20on%20FNED%20Sharepoint/Orange%20shirt%20day.mp4?csf=1&web=1&e=Zk8Ie5) 2. “[Indigenous Peoples terminology guidelines for usage](https://www.ictinc.ca/blog/indigenous-peoples-terminology-guidelines-for-usage)” **10 Minutes**    * Click the link and **view the embedded video** on the website. 3. [Indigenous Elders PPT](https://teams.microsoft.com/l/file/4E2CC02D-AED5-40A8-B993-415D7B8A674A?tenantId=4d2b5fdf-c4d2-4911-8709-68cc2f465c9f&fileType=pptx&objectUrl=https%3A%2F%2Fnbed.sharepoint.com%2Fsites%2FRothesayHighSchoolStaff%2FShared%20Documents%2FNational%20Day%20for%20Truth%20Reconciliation%20Sept%2030%2FLESSON%20PLAN%20FOR%20RECONCILIATION%20DAY%2FPeriod%201%20Resources%2FP1%20Item%201%20-%20Elder%20Imelda%20Perley.pptx&baseUrl=https%3A%2F%2Fnbed.sharepoint.com%2Fsites%2FRothesayHighSchoolStaff&serviceName=teams&threadId=19:01c8b3d9b1c043fba465fe643db1482a@thread.skype&groupId=fab49b12-a40e-4085-aa90-0d650db3a8e5), featuring Imelda Perley **10 Minutes**    * Click the link and read through the PowerPoint Slides 4. [Wabanaki Peoples video](https://nbed.sharepoint.com/sites/RothesayHighSchoolStaff/Shared%20Documents/National%20Day%20for%20Truth%20Reconciliation%20Sept%2030/LESSON%20PLAN%20FOR%20RECONCILIATION%20DAY/Period%201%20Resources/P1%20Item%202%20-%20The%20Wabanaki.mp4) – an introduction to the culture and territory of local First Nations. **12-15 Minutes**    * You may choose to consolidate this information with the ( You may want to re read how to pronounce names) [Truth and Reconciliation PPT](https://teams.microsoft.com/l/file/770F0527-00FF-46A3-8A2D-25C988183793?tenantId=4d2b5fdf-c4d2-4911-8709-68cc2f465c9f&fileType=pptx&objectUrl=https%3A%2F%2Fnbed.sharepoint.com%2Fsites%2FRothesayHighSchoolStaff%2FShared%20Documents%2FNational%20Day%20for%20Truth%20Reconciliation%20Sept%2030%2FLESSON%20PLAN%20FOR%20RECONCILIATION%20DAY%2FPeriod%201%20Resources%2FTruth%20%26%20Reconciliation%20PL_6-12.pptx&baseUrl=https%3A%2F%2Fnbed.sharepoint.com%2Fsites%2FRothesayHighSchoolStaff&serviceName=teams&threadId=19:01c8b3d9b1c043fba465fe643db1482a@thread.skype&groupId=fab49b12-a40e-4085-aa90-0d650db3a8e5)    * Vous pouvez utiliser les diapositives en français incluses dans [le Power Point](https://teams.microsoft.com/l/file/770F0527-00FF-46A3-8A2D-25C988183793?tenantId=4d2b5fdf-c4d2-4911-8709-68cc2f465c9f&fileType=pptx&objectUrl=https%3A%2F%2Fnbed.sharepoint.com%2Fsites%2FRothesayHighSchoolStaff%2FShared%20Documents%2FNational%20Day%20for%20Truth%20Reconciliation%20Sept%2030%2FLESSON%20PLAN%20FOR%20RECONCILIATION%20DAY%2FPeriod%201%20Resources%2FTruth%20%26%20Reconciliation%20PL_6-12.pptx&baseUrl=https%3A%2F%2Fnbed.sharepoint.com%2Fsites%2FRothesayHighSchoolStaff&serviceName=teams&threadId=19:01c8b3d9b1c043fba465fe643db1482a@thread.skype&groupId=fab49b12-a40e-4085-aa90-0d650db3a8e5) comme alternative à la visualisation de la vidéo. 5. [Treaties Introductory Video](https://nbed.sharepoint.com/sites/RothesayHighSchoolStaff/Shared%20Documents/National%20Day%20for%20Truth%20Reconciliation%20Sept%2030/LESSON%20PLAN%20FOR%20RECONCILIATION%20DAY/Period%201%20Resources/P1%20Item%203%20-%20Treaties%20Context%20and%20Questions.mp4) **5 Minutes**    * Ignore ( skip ahead) the QMS branding, and highlight the questions raised:      1. Why are non-Indigenous people also considered treaty people?      2. How has the treaty relationship been harmed?      3. What can be done to improve the relationship between Indigenous and non-Indigenous people in Canada? 6. [“We are all treaty people” Video](https://youtu.be/TePIVr2bgCY) **15 Minutes**    * Discuss questions from Step 4. |

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| **Period 2 – Our Local Wabanaki Culture** |
| * 1. Lesson 1 Consolidation **5 minutes**      + What did you learn about Indigenous elders?      + What are the names of some of the local First Nations?      + What is a treaty?   2. [Way of the Wabanaki](https://safeshare.tv/x/ss60bebeb614b81) (**6:28**) A video about the Penobscot Nation tourism program.   3. Students use their laptops to view <https://native-land.ca/> <https://native-land.ca/?lang=fr> **10-15 Minutes**      + Copy and paste the link into your Team’s general channel.      + Ask the students to locate the **territories of the Wabanaki Confederacy**:        - Abanaki        - Mi’kmaq        - Wolastoqiyik        - Passamaquaddy (Peskotomuhkati)        - Penobscot      + Encourage students to click on territory names to learn more.      + Ask students to experiment with territory/language/treaty overlays and identify significant examples, e.g., **biggest territory** occupied, most **influential language**, etc.   4. [Land & Sea: The Mi’kmaq Journey](https://www.wabanakicollection.com/videos/land-sea-the-mikmaq-journey/) - VIDEO (**21:53**). From the deep woods of Nova Scotia - to the Smithsonian archives in Washington - the long journey to protect Mi'kmaq culture for the future.   5. [Rediscovering The Brothers islands | CBC News](https://www.cbc.ca/news/canada/new-brunswick/rediscovering-the-brothers-islands-1.5820070) (**14 min**) Kennebecasis/Walostoque River. |

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| **Period 3**: |
| 1. Connect to Truth and Reconciliation Commission web seminar. There will be both French and English Recorded.    * [Protecting our Nibi (Water)](https://youtu.be/nloMR18fR-A)    * [Treaties of Peace and Friendship](https://youtu.be/PLoKB4_-df8) |

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| **Period 4 – “Our First Treaty is with the Earth Mother”** | |
| Choose one of the four lessons below or mix and match to suit your preference. | |
| **Canoe History** (Indoor) | * 1. Present [Grandfather Akwitan](https://teams.microsoft.com/l/file/1DF2D73B-0CA2-41BB-AB25-00F2FEAC5083?tenantId=4d2b5fdf-c4d2-4911-8709-68cc2f465c9f&fileType=pptx&objectUrl=https%3A%2F%2Fnbed.sharepoint.com%2Fsites%2FRothesayHighSchoolStaff%2FShared%20Documents%2FNational%20Day%20for%20Truth%20Reconciliation%20Sept%2030%2FLESSON%20PLAN%20FOR%20RECONCILIATION%20DAY%2FPeriod%204%20Resources%2FCanoe%20History%20(Indoor)%2FGrandfather%C2%A0Akwiten.pptx&baseUrl=https%3A%2F%2Fnbed.sharepoint.com%2Fsites%2FRothesayHighSchoolStaff&serviceName=teams&threadId=19:01c8b3d9b1c043fba465fe643db1482a@thread.skype&groupId=fab49b12-a40e-4085-aa90-0d650db3a8e5)/[Gran-Pere Akwitan](https://teams.microsoft.com/l/file/B67CC8AA-CC51-4FFB-82D1-24DAEF2B164F?tenantId=4d2b5fdf-c4d2-4911-8709-68cc2f465c9f&fileType=pptx&objectUrl=https%3A%2F%2Fnbed.sharepoint.com%2Fsites%2FRothesayHighSchoolStaff%2FShared%20Documents%2FNational%20Day%20for%20Truth%20Reconciliation%20Sept%2030%2FLESSON%20PLAN%20FOR%20RECONCILIATION%20DAY%2FPeriod%204%20Resources%2FCanoe%20History%20(Indoor)%2FGrand-P%C3%A8re%20Akwiten.pptx&baseUrl=https%3A%2F%2Fnbed.sharepoint.com%2Fsites%2FRothesayHighSchoolStaff&serviceName=teams&threadId=19:01c8b3d9b1c043fba465fe643db1482a@thread.skype&groupId=fab49b12-a40e-4085-aa90-0d650db3a8e5) PPT **10-15 Minutes**   2. View videos      + [The Birch Bark Canoe](https://safeshare.tv/x/ss60b96c33d7773) - VIDEO (**20:00**). Video made by Manitoba Aerospace, the Engineering Access Program and the Faculty of Engineering at the University of Manitoba. Explores the brilliant science, math, and design of the birch bark canoe.      + [NFB Waban-Aki: People from where the sun rises](https://safeshare.tv/x/ss60b978d63e572) – VIDEO (**1:26**). Short excerpt from larger documentary, this section discusses canoe building of the Abenaki.      + [Discovery of a 600-year old dugout canoe in Maine](https://youtu.be/DsbrcxT5_H0) - VIDEO (**5:45**). Discussion of archeology methods in Maine and images of canoe’s discovery.   3. Read CBC article, “Mapping the Wabanaki Canoe Routes of Yesteryear” **10-15 Minutes**      + Copy link into your Team’s General channel <https://www.cbc.ca/news/canada/new-brunswick/wabanaki-canoe-routes-mapping-1.4601748> |
| **Medicine Wheel** (Outdoor) | 1. **Lesson preparation**: print [this lesson plan](https://teams.microsoft.com/l/file/2878AB86-EE61-4D47-B714-DCA64535B842?tenantId=4d2b5fdf-c4d2-4911-8709-68cc2f465c9f&fileType=pdf&objectUrl=https%3A%2F%2Fnbed.sharepoint.com%2Fsites%2FRothesayHighSchoolStaff%2FShared%20Documents%2FNational%20Day%20for%20Truth%20Reconciliation%20Sept%2030%2FLESSON%20PLAN%20FOR%20RECONCILIATION%20DAY%2FPeriod%204%20Resources%2FOutdoor%20Lesson%20Resources%2FSacred%20Directions%20Outdoor%20Lesson.pdf&baseUrl=https%3A%2F%2Fnbed.sharepoint.com%2Fsites%2FRothesayHighSchoolStaff&serviceName=teams&threadId=19:01c8b3d9b1c043fba465fe643db1482a@thread.skype&groupId=fab49b12-a40e-4085-aa90-0d650db3a8e5) and read through it carefully, considering where you will situate your class during the lesson. **10-20 minutes prep** 2. Execute lesson instructions. **30-60 Minutes** (depending on teacher comfort and desired depth) |
| **Medicinal Herbs**  (Indoor/Outdoor) | * 1. **Lesson Preparation:**       + Print copies of [Medicinal Plants Lesson](https://teams.microsoft.com/l/file/E3A60E55-4A60-4B8C-A643-7968F1130D27?tenantId=4d2b5fdf-c4d2-4911-8709-68cc2f465c9f&fileType=docx&objectUrl=https%3A%2F%2Fnbed.sharepoint.com%2Fsites%2FRothesayHighSchoolStaff%2FShared%20Documents%2FNational%20Day%20for%20Truth%20Reconciliation%20Sept%2030%2FLESSON%20PLAN%20FOR%20RECONCILIATION%20DAY%2FPeriod%204%20Resources%2FOutdoor%20Lesson%20Resources%2FMedicinal%20Plants%20Lesson.docx&baseUrl=https%3A%2F%2Fnbed.sharepoint.com%2Fsites%2FRothesayHighSchoolStaff&serviceName=teams&threadId=19:01c8b3d9b1c043fba465fe643db1482a@thread.skype&groupId=fab49b12-a40e-4085-aa90-0d650db3a8e5) for handouts      + Download your own copy of [Mi’kmaq Medicines PPT](https://teams.microsoft.com/l/file/440C4058-305F-43D9-8B88-26C9B85A6152?tenantId=4d2b5fdf-c4d2-4911-8709-68cc2f465c9f&fileType=pptx&objectUrl=https%3A%2F%2Fnbed.sharepoint.com%2Fsites%2FRothesayHighSchoolStaff%2FShared%20Documents%2FNational%20Day%20for%20Truth%20Reconciliation%20Sept%2030%2FLESSON%20PLAN%20FOR%20RECONCILIATION%20DAY%2FPeriod%204%20Resources%2FOutdoor%20Lesson%20Resources%2FMi'kmaq%20Medicines%20.pptx&baseUrl=https%3A%2F%2Fnbed.sharepoint.com%2Fsites%2FRothesayHighSchoolStaff&serviceName=teams&threadId=19:01c8b3d9b1c043fba465fe643db1482a@thread.skype&groupId=fab49b12-a40e-4085-aa90-0d650db3a8e5), then upload it in the Course Materials folder of your P4 Team files. Right-click on the file and click “Copy Link.” Paste the link into a new post in your Team’s General channel.   2. Ask students to click the link [Mi’kmaq Medicines PPT](https://teams.microsoft.com/l/file/440C4058-305F-43D9-8B88-26C9B85A6152?tenantId=4d2b5fdf-c4d2-4911-8709-68cc2f465c9f&fileType=pptx&objectUrl=https%3A%2F%2Fnbed.sharepoint.com%2Fsites%2FRothesayHighSchoolStaff%2FShared%20Documents%2FNational%20Day%20for%20Truth%20Reconciliation%20Sept%2030%2FLESSON%20PLAN%20FOR%20RECONCILIATION%20DAY%2FPeriod%204%20Resources%2FOutdoor%20Lesson%20Resources%2FMi'kmaq%20Medicines%20.pptx&baseUrl=https%3A%2F%2Fnbed.sharepoint.com%2Fsites%2FRothesayHighSchoolStaff&serviceName=teams&threadId=19:01c8b3d9b1c043fba465fe643db1482a@thread.skype&groupId=fab49b12-a40e-4085-aa90-0d650db3a8e5) in Teams on their phone. Download the PPT while they are connected to Wi-Fi. This will allow them to view coloured images during **the scavenger hunt**.   3. While students download PPT, present slides 1-4, emphasizing that **students should not pick or disturb the plants**. **5-10 Minutes**   4. Distribute [Medicinal Plants Lesson](https://teams.microsoft.com/l/file/E3A60E55-4A60-4B8C-A643-7968F1130D27?tenantId=4d2b5fdf-c4d2-4911-8709-68cc2f465c9f&fileType=docx&objectUrl=https%3A%2F%2Fnbed.sharepoint.com%2Fsites%2FRothesayHighSchoolStaff%2FShared%20Documents%2FNational%20Day%20for%20Truth%20Reconciliation%20Sept%2030%2FLESSON%20PLAN%20FOR%20RECONCILIATION%20DAY%2FPeriod%204%20Resources%2FOutdoor%20Lesson%20Resources%2FMedicinal%20Plants%20Lesson.docx&baseUrl=https%3A%2F%2Fnbed.sharepoint.com%2Fsites%2FRothesayHighSchoolStaff&serviceName=teams&threadId=19:01c8b3d9b1c043fba465fe643db1482a@thread.skype&groupId=fab49b12-a40e-4085-aa90-0d650db3a8e5) handout.   5. Exit the school and search likely locations for medicinal herbs. **50 Minutes** |
| **Clean up grounds** (Outside) | 1. **Lesson Preparation** – acquire garbage bags and rubber gloves for students 2. Go for a walk, picking up refuse in your desired area. **60 minutes** |

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| **Period 5 – Acting for Reconciliation** |
| * Historica videos on Residential Schools: [English](https://youtube.com/playlist?list=PLiE7YBxN9zmIac1qc5B8faco3fH8Y2fnJ) / [French](https://youtube.com/playlist?list=PLiE7YBxN9zmI5FMnj5GJRVF9rh-y8fPeR) **10 Minutes** * [Office of First Nation Education - Indian Day School Survivors Resource (nbed.nb.ca)](https://collabe.nbed.nb.ca/sites/OFNEPL/_layouts/15/start.aspx#/SitePages/Indian%20Day%20School%20Survivors%20Resource.aspx) **25 Minutes**   This  interview is from David Perley (one of the most well-respected Elders of the Wabanaki Confederacy, and the Director of the Mi’kmaw and Walostoque Ecucation Center at UNB  ( We are waiting on a video from EECD with Local Elders, may be 20 min. If it arrives ontime it will be added here, and we will remove a David Perley)   * These focus on Indian Day School (5:24) * History of Day Schools (13 min) * ~~A child’s Experience (15 min)~~ ( skip) * The Impact ( 6 min) * [What is reconciliation?](https://youtu.be/swo9flbACho) – VIDEO **3 Minutes** Former Justice Murray Sinclair of the Truth & Reconciliation Commission discusses reconciliation. * Copy this link into your P5 Team’s General channel: <https://newsinteractives.cbc.ca/longform-single/beyond-94?&cta=3>   + Scroll and read through the website, touching on:     - Why the Truth and Reconciliation Commission was founded     - The concept of the 94 Calls to Action   + Ask students to click through the 20 Calls to Action that have not been started.     - In small groups, students will discuss which Calls to Action they could have an impact on. Encourage them to strategize and define actions they can take, no matter how big or small. Suggestions include:       * *WWF indigenous world views fundraise*       * *ACAP water clean up, donate time*       * *Educate family*       * *Donate to Residential School Survivors*       * *Support leaders who recognize the rites of indigenous world views*       * *Read/ and continue to listen and learn about all cultures that do not make up the “Dominant Voice” in our country.* |

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| **Resources for continued learning:**   * [So you want to be an ally?](http://wnnb.wolastoqey.ca/ally-toolkit/) (Wolastoqey Tribal Council) - actions and learning resources * Indigenous [Ally Toolkit](https://static1.squarespace.com/static/5ebc2ba81a2c6e706d620403/t/5ef9a0b7287bbd2ec2aca83b/1593417919255/ENG_AllyTookit.pdf) (Montreal Urban Aboriginal Community Strategy Network) * [*Muskrat Magazine*](http://muskratmagazine.com/) - an online Indigenous arts and culture magazine. * [Kukukwes News](http://kukukwes.com/) - news in Atlantic Canada from an Indigenous perspective * [Aboriginal Peoples Television Network](https://www.aptnnews.ca/) (APTN) * [CBC UnReserved](https://www.cbc.ca/radio/unreserved) - Current Indigenous news & issues, podcast * [CBC Reclaimed](https://www.cbc.ca/mediacentre/program/reclaimed) - contemporary Indigenous music * [Telling our Twisted Histories](https://www.cbc.ca/listen/cbc-podcasts/906-telling-our-twisted-histories?cmp=DM_SEM_Listen_Titles) CBC Podcast, includes Wabanaki voices * [Think Indigenous YouTube channel](https://www.youtube.com/channel/UC_oj_HUD7yZ7GedBlN3cDvQ/videos) – various topics discussed by Indigenous educators, scholars, elders, and community members * [Indigenous Canada Online Course](https://www.coursera.org/learn/indigenous-canada?utm_source=gg&utm_medium=sem&campaignid=13440968592&utm_campaign=12-Indigenous-Canada-Alberta-CA&utm_content=12-Indigenous-Canada-Alberta-CA&adgroupid=130160700424&device=c&keyword=indigenous%20canada%20university%20of%20alberta&matchtype=b&network=g&devicemodel=&adpostion=&creativeid=526589477720&hide_mobile_promo&gclid=CjwKCAjw4KyJBhAbEiwAaAQbEzzj4BBwGgZ6BStiEwam9v_sIOaOMGWXDt_nu3vW84uiPpFRJ2-dpRoCdwAQAvD_BwE) (University of Alberta) |