HARRY MILLER MIDDLE SCHOOL

ANNOUNCEMENT FORM

Today’s Date: Friday, November 21, 2014 – Day 5

An IPOD has been found in the school. If you have lost your IPOD please come to the office

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Vice-Principal: Mme McCrea

Are you a designer?  Does creating artwork interest you?  We are looking to have a THANK YOU card designed for Harry Miller.  The Thank you card would be sent to all the wonderful volunteers who give of their time to our students and school.  Are you interested in having your artwork on the front cover of the card? If so, please submit your artwork to Mme. McCrea.  Deadline for submissions is Monday, November 1st.  Please see Mme. McCrea should you have any questions.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Teacher: Ms. Palmer

The HMMS Choir will be singing "Happy Holidays" with QMS at the Empty Stocking Fund tomorrow. It is scheduled to broadcast on Rogers television at 2:30 PM. There is also a live stream available online.  All choir members should be at Saint John High School and ready to warm up by 1:45. Please meet in room 101 , which is your practice room.  Students should also remember to wear black pants, black shirts, and black shoes. Girls will wear a colourful scarf and boys will wear a colourful tie (preferably a solid colour).

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Teacher: Mrs. Clarke**

Today’s theme for Kindness week is Positive Mental Health. There are many little things we can do each day to improve our mental health; 7-9 hours of sleep each night, healthy food, exercise and laughter all contribute to positive feelings and mental health. Today many of your teachers will take a few minutes to do a Brain Break with you, we hope you have fun and laugh a little. There also may be a special snack break for you to improve your mental health. Enjoy!

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Teacher: Mrs. Throop**

There are still soccer players who have not yet handed in their jersey. Could you please turn into Mrs. Throop ASAP.

The JV Girls basketball tryouts will continue afterschool tomorrow from 3-4:30 for all who signed up.