

F.E.S. Family Connections

February 13th-17th

Vision: F.E.S students will be passionate life-long learners who contribute as responsible leaders in the global community.

Monday, February 13th <ul style="list-style-type: none">○ Open gym grade 1○ Student Led Clubs for Grade 3 students○ Staff Appreciation Week○ Winners will be announced for the Family Literacy event	Thursday, February 16th <ul style="list-style-type: none">○ Open gym grade 4○ Grade 2 Choir○ Student Led Clubs for Grade 1 students
Tuesday, February 14th <ul style="list-style-type: none">○ Open gym grade 2○ Valentine's Day!○ Gr. 3-5 Choir○ Student Led Clubs for Grade 4 Students○ Drama at 12:15	Friday, February 17th <ul style="list-style-type: none">○ Open gym grade 5○ Trolls Movie Night!! 6-8pm○ Student Led Clubs for Grade 2 students
Wednesday, February 15th <ul style="list-style-type: none">○ Open gym grade 3○ Grade 1 Pancake Breakfast○ Drama at 12:15○ Student Led Clubs for Kindergarten students○ Mindfulness for Children and Adolescents (parent session) 7pm in library	Upcoming Dates: <ul style="list-style-type: none">○ Jan. 20th- Day 100!○ Feb. 20th-24th- Celebrate Diversity Week○ Feb. 22nd- Pink Shirt Day○ Feb. 23rd- Curriculum Night 6:30-7:30- Games Night at F.E.S.!

Information Items:

-Because of the snow day today, The **"Trolls"** movie night has been rescheduled to next Friday, February 17th at the same time. If next week does not work for your family, please let us know and we will provide a refund. Conversely, if your family wasn't available tonight because of other commitments, but would like to join us next week, please send in your child's registration and payment (\$10 which includes popcorn and a beverage).

-The plans for **staff appreciation** are coming along great! Natasha Clare and her team have been spearheading this event and it looks amazing. The schedule for the week is:
Monday -cookies
Tuesday-muffins & chocolate treat
Wednesday-fruit
Thursdays-luncheon-soups, sandwiches, desserts
Friday- Hot cocoa bar and toppings

The committee has had many volunteers offer to contribute food items for the various days. Currently, they are looking for a couple of families to bring in sandwiches and one or two to bring dessert for the luncheon. If you are able to contribute, please email Natasha at natashasmall@hotmail.com.

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-**Rainbows** is a program designed to assist children who are grieving a death, divorce, or other painful transition, in a safe and supportive environment. Students meet in small groups once a week during school hours. Mrs. Casey will be facilitating new Rainbows groups beginning the week after March Break. Interested families may contact Mrs. Casey (847-6304 or kerry.casey@nbed.nb.ca) for a registration and forms are to be returned by February 20th.

- The students were so engaged during the **Maritime Centre for African Dance presentation**. Not only did they learn African Dance and African Drumming, they also learned a great deal of cultural information including the number of countries in Africa, the average number of language most people speak, the age at which children start learning English as well as differences in life in cities and rural areas. Comparisons were made between life in Africa and life in New Brunswick.

-Draws for our **Family Literacy** activity will take place on Monday with a number of students winning books.

-Our **annual Curriculum Night** will be held on **Thursday, Feb. 23rd from 6:30-7:30!** This year our theme is "**Game Night at F.E.S**" and it will be an opportunity for parents and children to experience how various games can enhance learning. More information to follow!!

- There are no factors more important to successful school progress than **regular and punctual school attendance**. Students who attend school regularly learn more and are more successful in school than students who do not. Parents who make regular school attendance a priority also are helping their children learn to accept responsibility, and that's an important lesson for a successful life. A student, who is tardy to class not only places his/her own learning in jeopardy, but also interrupts the learning of other students. Arriving on time contributes to an optimal learning experience for all. Letters are being sent home next week to families whose children have missed more than 10 days and/or who have been tardy more than 10 times.

- Danny Miles, M.A. (Resident in Psychology) will be offering a parent session entitled **Mindfulness for Children and Adolescents** on **Wednesday, Feb. 15th at 7pm** in our library. **Overview:** An overview of mindfulness-based self-regulation strategies for young people at home and at school. This presentation will include a brief history of mindfulness, an overview of the role that mindfulness can play in the lives of typically developing children and children with mental health difficulties, discussion and rehearsal of specific mindfulness activities for children and youth, and the role that mindfulness can play in schools.