

# F.E.S. Family Connections

January 23<sup>rd</sup>-27<sup>th</sup>

**Vision:** F.E.S students will be passionate life-long learners who contribute as responsible leaders in the global community.

<b>Monday, January 23<sup>rd</sup></b> <ul style="list-style-type: none"><li>○ Open gym grade 1</li><li>○ Grade 4/5 Mini Basketball League</li><li>○ First day of Food Period #5</li></ul>	<b>Thursday, January 26<sup>th</sup></b> <ul style="list-style-type: none"><li>○ Open gym grade 4</li><li>○ Welcome to Kindergarten sessions for students starting in September (3:30 and 5:30)</li><li>○ P.S.S.C. meeting at 7pm</li></ul>
<b>Tuesday, January 24<sup>th</sup></b> <ul style="list-style-type: none"><li>○ Open gym grade 2</li><li>○ Grade 3 Rubber Chicken Basketball</li><li>○ Drama at lunch</li></ul>	<b>Friday, January 27<sup>th</sup></b> <ul style="list-style-type: none"><li>○ Open gym grade 5</li><li>○ Grade 1 Activity Stations- 1R &amp; 1K</li><li>○ Family Literacy Day</li></ul>
<b>Wednesday, January 25<sup>th</sup></b> <ul style="list-style-type: none"><li>○ Open gym grade 3</li><li>○ Grade 2 Activity Stations- 2U &amp; 2W</li><li>○ Meeting at 10:15 for grades 3-5 students interested in participating in our Spelling Bee</li><li>○ Drama at lunch</li></ul>	<b>Upcoming Dates:</b> <ul style="list-style-type: none"><li>○ Jan. 31- Show and Tell with the Seniors</li><li>○ Feb. 1<sup>st</sup>- 7 Habit assembly</li><li>○ Feb. 1<sup>st</sup>-3<sup>rd</sup>- Packages of Valentine Cards for sale- \$1 per box</li><li>○ Feb. 6<sup>th</sup>- Second round of Student Led Clubs begin</li><li>○ Feb. 10<sup>th</sup>- Movie Night/Parent Night Out- \$10 per child- 6-8 pm</li><li>○ Feb. 10<sup>th</sup> &amp; Feb. 13<sup>th</sup>- "Kiss-o-Grams" for \$0,25</li><li>○ Feb. 15<sup>th</sup>- Grade 1 Pancake Breakfast</li><li>○ Feb. 15<sup>th</sup>- Mindfulness for Children and Adolescents (parent session)</li></ul>

## **Information Items:**

-The Healthy Lunch website closes today at NOON. Please remember to place your child's order at <http://www.fairvalehands.ca/healthylunch>.

-We will be hosting our "**Welcome to Kindergarten**" event for those children starting kindergarten in September on Thursday. At the present time, we have about 12 fewer children registered than in past years. If you have friends, neighbours, or relatives who live in our serving area but have not yet registered their child, please have them contact the school via telephone at 847-6206 or email me at [Bonnie.Hierlihy@nbed.nb.ca](mailto:Bonnie.Hierlihy@nbed.nb.ca). Some families, especially those who do not have older children in school, may not realize that registration took place in October.

- Drop off your Sweetie and have a date with your Sweetheart! The Home & School is excited to announce that we will be having a Valentine's Movie Event and showing the movie Trolls on Friday, Feb 10<sup>th</sup> from 6:00-8:00pm in the FES gym. The cost is \$10 a student (must be in grades K-5) and includes popcorn and a juice or water. Flyer will be sent

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home soon, deadline to sign up will be Feb 3<sup>rd</sup>. Gather their friends and come join us for some fun!

- **Let's Celebrate Family Literacy At Fairvale!** A sheet with suggested literacy activities (15 minutes or less) will be coming home early next week. As students complete the activities they colour in the squares and ask a parent or guardian to initial them. Have your child return this page to his or her teacher by **February 10<sup>th</sup>**. Those who have completed a minimum of ten activities will have their name entered into a draw for a free book. Happy reading and have a great Family Literacy Day!

-University of New Brunswick, Saint John, Department of Mathematics & Statistics And The Promise Partnership are pleased to announce **The 2017 Canadian Math Kangaroo Contest (New Brunswick Region) for Grades 1 to 12 (English and French)**. The Contest will be held on March 26, 2017 at the UNB Saint John Campus in Ganong Hall. Please Contact the New Brunswick Regional Coordinator for Further Information at: E-mail: [hamdan@unb.ca](mailto:hamdan@unb.ca). Attached please find a flyer with additional information.

- Packages of valentines will be on sale from Feb. 1<sup>st</sup>-3<sup>rd</sup> for \$1 each for those who are interested.

- Danny Miles, M.A. (Resident in Psychology) will be offering a parent session entitled Mindfulness for Children and Adolescents on Wednesday, Feb. 15<sup>th</sup> at 7pm in our library. **Overview:** An overview of mindfulness-based self-regulation strategies for young people at home and at school. This presentation will include a brief history of mindfulness, an overview of the role that mindfulness can play in the lives of typically developing children and children with mental health difficulties, discussion and rehearsal of specific mindfulness activities for children and youth, and the role that mindfulness can play in schools.