

April 15, 2016



We are excited to announce that we will be hosting our 5th Annual Gabriel Kuling Family Fun Run on **Saturday, May 28th at 10am**. This will be a great opportunity to promote physical fitness while supporting a worthwhile cause. The Gabriel Kuling Fund has provided financial support for Brain Bikes, resources for the Sensory Room, ipads, tutoring for students (who could not otherwise benefit from the extra support), professional books for staff ("The Whole Brained Child"), and specific educational programs such as Zones of Regulation. Gabriel was a former F.E.S. student who died in a swimming accident 13 years ago.

Three distances will be available to accommodate our participants of various ages and abilities. We will have a 500 metre for our youngest participants, a 1km distance, and a 5 km distance. The 5km distance will be great for our most motivated students and parents, and for those who wish to walk the route with friends and family. Parents, grandparents, children in strollers, Nordic walkers and pets are all welcome at this fun-filled event©

Our event will start with an aerobic warm up and stretching session. We will have fruit and water available at the end of the race. To maximize our fundraising efforts, we will have a barbeque at the end of the race. Hotdogs, hamburgers, and popsicles will be available for purchase. We will have music to keep you motivated throughout the morning.

All participants who register by **Friday, April 29th** will receive a t-shirt and medal. Cost is \$5 per child, \$15 per adult or \$35 for a family. Late registrations will be accepted but, unfortunately, t-shirts and medals will not be provided.

To register please complete the order form below and return by **Friday, April 29th**. Cash and cheques (made payable to F.E.S.) are accepted. If you have friends, family, coworkers, or neighbours interested in participating, please have them download the registration form from our school website at <http://web1.nbed.nb.ca/sites/asd-s/1930/Pages/default.aspx>. They can also call the school (847-6206) between 7:45- 3:30 to register.

Thank you for your support.

Bonnie Hierlihy

Fairvale Elementary Fun Run

Registration Form

Cost: \$5 per child, \$15 per adult, or \$35 per family (up to 6)

Family Name: _____ **Parent Cell #:** _____

Name #1: _____ Name #2: _____

T-Shirt Size: _____ T-Shirt Size: _____

Name #3: _____ Name #4: _____

T-Shirt Size: _____ T-Shirt Size: _____

Name #5: _____ Name #6: _____

T-Shirt Size: _____ T-Shirt Size: _____

T-Shirt Sizes:

Adult Extra Large (XL), Adult Large (L), Adult Medium (M), Adult Small (S), Youth Extra Large (18-20 YXL), Youth Large (14-16-YL), Youth Medium (10-12-YM), Youth Small (size 6-8-YS) , Youth Extra Small (size 2-4-YXS)