

February Newsletter

June 2019

Fairvale Elementary School

Vision: FES students will be passionate life-long learners who contribute as responsible leaders in a global community.

Student Code of Conduct

As a student of F.E.S.,
I will be

- respectful,
- responsible,
- safe
- ready to learn

By living the 7 Habits



11 School Avenue
Rothesay, NB
E2E 1Z9
Telephone: 847-6206
Fax: 8476267

Principal- Bonnie Hierlihy Sarah
Vice Principal-Sarah Richards
Admin. Assistant- Tara Cowan

Twitter: @FairvaleFalcons

Literacy Corner

Ends Policy #2

Students at FES will demonstrate continuous improvement in literacy skills, striving to meet or exceed the standards set by the Province of New Brunswick.

The Importance of Summer Reading

Parents should remember that children need free time in the summer to relax and enjoy the pleasures of childhood. So summer reading should be fun. Following are a few tips to make reading enjoyable for your children this summer:

- 1. Read aloud together with your child every day.** Make it fun by reading outdoors on the front steps, patio, at the beach or park. Also, let your children read to you. For younger children, point out the relationship between words and sounds.
- 2. Set a good example!** Model positive reading behavior. Keep lots of reading material around the house. Turn off the TV and have each person read his or her book, including mom and dad.
- 3. Read the same book your child is reading and discuss it.** This is the way to develop habits of the mind and build capacity for thought and insight. Listen to them in the car, or turn off the TV and have the family listen to them together.
- 4. Subscribe, in your child's name, to magazines like *Sports Illustrated for Kids*, *Highlights for Children*, or *National Geographic World*.** Encourage older children to read the newspaper and current events magazines, to keep up the reading habit over the summer and develop vocabulary. Ask them what they think about what they've read, and listen to what they say.

Math Corner News

Ends Policy #3—Students at FES will demonstrate continuous improvement in numeracy skills, striving to meet or exceed the standards set by the Province of New Brunswick

Here are some summer break activities which your children can enjoy doing and at the same time learn math in a fun way:

1. Gardening-Gardening is a great opportunity to teach your children Math in an interesting way. They can measure the area of your garden. From picking seeds together, to measuring the space between the plants and also calculating the amount of soil required for potted plants. Gardening is like a natural tuition for math which helps children improves their knowledge of the subject and nurtures their connectivity with nature.

2. Shopping for Value-It's the best possible way to teach your child the value of money. Begin with sharing the total budget with him or her. Turn the grocery shopping trip into a fun game. Let your child look for offers and then calculate the savings from each shopping trip. Older kids can also help calculate the cost of the food items per pound or ounce.

3. Road Trips-You can turn such boring road-trips into interesting learning opportunities. You can engage your child in a 'license plate game', which involves adding, subtracting or dividing the numbers on these plates. You can also teach your children how to measure the distance of your trip or how many miles per gallon does your car average.

A Note From the Music Room

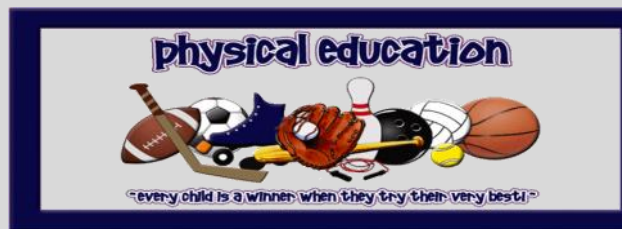
This month all classes will be reviewing songs and concepts we have learned throughout the school year. All grades will be finishing up their unit on Keyboards. Grades 2-5 will be looking at folk songs from Canada and songs about Canada. Kindergarten and grade one will be learning songs that celebrate summer.

What's Happening In the Gym? Physical Education Updates

Grades K-1

Outcomes for the month:

- Students will be expected to combine travelling, jumping and landing with control.
- Students will be expected to demonstrate ways to send an object using a piece of equipment.
- Students will be expected to describe how to land properly when jumping and understand why it is important for safety.
- Students will be expected to share space and equipment with others.



Lesson plans: We will be finishing up our Run, Jump and Throwing program this month. Students will be assessed on their jumping, throwing and running skills. We also have some guests from Quispamsis Tennis Club coming in to teach our students some tennis. We will continue a few lessons afterwards.

Grades 2-3

Outcomes for the month:

- Students will be expected to demonstrate running, jumping and throwing in a variety of ways.
- Students will be expected to send and receive a variety of objects with and without equipment such as a racquet, baseball bat or hockey stick.
- Students will be expected to identify safety rules and procedures for various activities.
- Students will be expected to accept responsibility willingly for assigned roles while participating in physical activity.

Lesson plans: We will be finishing up our Run, Jump and Throwing program this month. Students will be assessed on their jumping, throwing and running skills. We also have some guests from Quispamsis Tennis Club coming in to teach our students some tennis. We will continue a few lessons afterwards.

Grades 4-5

Outcomes for the month:

- Students will be expected to select and combine locomotor and non locomotor skills into complex movement sequences individually, with others and with objects.
- Students will be expected to describe how activity affects body systems and levels of fitness.
- Students will be expected to participate willingly in a variety of activities from all movement categories.

Lesson plans: We will be finishing up our Run, Jump and Throwing program this month. Students will be assessed on their jumping, throwing and running skills. We also have some guests from Quispamsis Tennis Club coming in to teach our students some tennis. We will continue a few lessons afterwards.

From the Guidance Office

Dear F.E.S. Families,

We have had an unbelievable year learning all about personal safety through **Kids in the Know**, as well as how we can use our **WITS** to solve conflict. Similarly, we continue to work hard to embrace the **7 Habits of Happy Kids**. The entire FES staff is incredibly proud of our students for being proactive, goal-oriented learners who approach their day with a growth mindset!

Looking back on this year, highlights for me have certainly been our **Career Expo** (which could not happen without the tireless effort and support of our family volunteers), our unbelievable **Pink Shirt Day Celebration**, complete with a visit from **Travis Price** himself, and the amazing energy that traveled throughout FES during our **Pay it Forward Day Challenge**.

It was an inspiring experience for me to witness the strength and resilience of the students who shared their stories of loss in the **Rainbows** group I facilitated. I feel very fortunate to have been a part of their growth and witnessed their optimism and support for one another, first-hand.

As the 2018-19 school year approaches its end, I would like to offer my sincere gratitude to my fellow teachers, staff, administrators, families and, most importantly, students who have made this year such a positive educational experience for myself! It has been amazing to connect with families, community partners and, EXPECIALLY, students as a Guidance teacher. I am grateful to have played even the slightest role in their social and emotional growth and well-being over this past year.

I wish you a happy and safe summer break!

Mr. Wallace





FES Home & School

June 2019

FAMILY FUN NIGHT

WHAT: Family Fun Night

WHEN: Friday, June 7 (6-8pm)

WHERE: Fairvale Elementary School

TICKETS: \$5 for 10 tickets, most games/food are 2 tickets. Pre-order forms were sent home with students (on the back of the FFN map).

Ticket pre-order form can also be found on our Facebook page (Fairvale Home & School)

Volunteers for Family Fun Night

We need a few more volunteers for this event

If you can come to the school anytime after 1:30pm on **Fri, June 7** to help set up and organize and/or stay to help clean up after the event, please contact Carolyn Smith at c1smith909@gmail.com

The more people we can get to help the smoother the event will be for the kids

2019-20 Home & School Executive

Are you, or somebody you know, looking to get more involved with the activities that the Home & School undertakes?

We are currently looking to fill a few vacant spots on our executive and also coordinator positions.

If you are interested, please email us at fairvalehomeandschool@gmail.com

WE ARE IN NEED OF SILENT AUCTION ITEMS

In preparation for, and to support of our Family Fun Night, we need donations for the silent auction. Proceeds will go towards the purchase of our new sensory pathways, gardening and greenhouse projects and future playground updates. If you have questions or can donate items, please contact Carolyn Smith at c1smith909@gmail.com.

Current Home & School Executive

President: (spot not filled)

Vice-President: Carolyn Smith

Treasurer: Julie Pugsley

Secretary: Nancy Washburn-Pynn

Healthy Lunch Coordinators: Tara Richard and Lisa Caissie



Congratulations to **Julie Brown** for being our May volunteer of the month!

Thanks 'a latte' **Julie** for being so generous with your time and all you do for FES!!!

FES Healthy Lunch website: [fairvale-hotlunches.net](http://fairvale.hotlunches.net) (send questions to fairvale-



Travel with Communication

Super Duper Publications *Handy Handout* By: Adrienne DeWitt, S-LP

Many families will be on the road during the holiday season visiting relatives or enjoying time off from school and work. On these adventures, it is important to remember that language learning goes beyond the four walls of a classroom or a therapy room. Whether by trains, planes, or automobiles, family vacations are a great way to generalize language skills to new environments. Travel also bonds families together, raises cultural awareness, teaches organization and problem-solving skills, and is just a whole lot of fun! Here are some ways to make a holiday trip not only enjoyable but a learning experience.

- **Involve your child in the preparation** – There is a lot to do before a big trip. Have your child work on following directions while packing (“Put the green shirt in the suit case before you put in the blue jeans.”) Also, involve your child in the planning! You can target social conversation by talking about preferences with your plan (“Do you like to go to ice skating or snowboarding?” “I like skating better because...”)
- **Talk, talk, and then talk some more!** – Describe everything around you, whether it is the architecture, the cars on the road, or the decorations on a tree. By describing your environment, you are providing a language model for your child that helps develop sentence structure and vocabulary. To target social conversation, discuss feelings as your family moves through its adventure (e.g. “I was really excited to see my cousins,” or “I did not like the tour because my feet were tired.”).
- **Sequence events** – Before your start your endeavor, go over the sequence of events to expect. For example, when going to the airport, review the steps that it takes to board the plane (e.g. “First the taxi takes us to the terminal, then we get out and go to the desk to check our bags, then we wait in line and go through the scanner, finally we go to the gate and get on the plane.”). You can also sequence your itinerary (e.g. “First we are going to the Statue of Liberty, then Ellis Island, and then Rockefeller Center to see the tree!”). Ask your child what the sequence of events was after the day is over. Sequencing not only aides in executive functioning and story comprehension, it can also help children who struggle with transitions to feel comfortable with a plan. Use pictures to help visualize the steps if needed.
- **Write about the experience** – After the day is done, work on writing and memory skills by logging events in a journal. The child can write about some of the items he/she saw or a favorite part of the adventure. For struggling writers, encourage drawing pictures, provide a word bank of key words to use, and have a discussion on what the child is going to write before he/she starts putting pen to paper. Journaling is also a great way to look back at your vacation and remember experiences, like a photograph with words.
- **Make it a sensory experience** – There are many sights, sounds, smells, tastes, and textures in this world to explore. Children learn through their senses, so make sure to give them opportunities to immerse themselves in your trip, such as touching a sting ray in an aquarium touch tank, tasting a new dish, or listening to the animals in a new forest. Make sure to have a discussion with your child about what he/she experienced.
- **Apply it to what your child is already learning in school** – Use travel as another instructional tool. Museums are great places to learn history. Zoos, aquariums, and botanical gardens are great places to learn biology.