



Hampton Elementary School

September 2014

Newsletter



HAMPTON ELEMENTARY SCHOOL

82 School Street,
Hampton, N. B. E2N 5B2

[http://hampton-
elementary.nbed.nb.ca](http://hampton-elementary.nbed.nb.ca)

From the Main Office

Telephone - 832-6021

Principal - Sarah Blanchard

Vice Principal - Julie Stewart

Administrative Assistant -
Elaine Hebert

PSSC Chair - TBA

Home & School President -
TBA

Hampton Education Centre
832-6143

Anglophone South Website
[http://web1.nbed.nb.ca/sites/asd
-s/Pages/default.aspx](http://web1.nbed.nb.ca/sites/asd-s/Pages/default.aspx)

School Bus Transportation -
832-6429

Welcome to the 2014-2015 School Year

Welcome H.E.S. families to the opening of a wonderful new school year. Our staff look forward to partnering with you as we provide the best learning opportunities for your child. Please be in regular contact with your child's teacher and try to become involved in your child's school through volunteering in classrooms, on field trips and with our Home & School or our Parent Support School Committee. Hampton Elementary School staff is already busy organizing many events and activities for the children under our care. We are looking forward to the new school year with anticipation.

A few things to help make our school year go more smoothly—first, please follow our drop off procedures if your child is not coming to school via bus. All parents dropping off their children should pull their vehicle beyond our front doors. Students can then walk on the sidewalk back towards the Hawk Nest playground until the bell at 8:10. A teacher will begin morning supervision at 7:50 so students should not arrive before this time. Please be aware of the speed limit of 20 km/hr. on School Street.

Second, we are in need of several new parent/family volunteers. We are looking for a Community Leader (such as emergency service personnel, university athlete, elder or any other adult role model) to support our WITS program with a minimal time commitment during the school day. While we welcome parents to volunteer throughout the school day, we know that this is not possible for the majority of our families. The following opportunities are available outside the school day and require a minimal amount of time: PSSC committee member, Home and School committee member and Recycling Champion.

Finally, the student agenda is provided to each child and we ask that you sit down with your child and review the information included in these pages.

MISSION:

Help and believe in,
Each student so
that he or she can
achieve his or her
highest potential in
a,

Safe, supportive in-
clusive environment.

School

Photo Day!

Tuesday, September
16th (All classes)



Staff Changes

Our HES family has a few new additions. We would like to welcome Ms. Denise Pearce to our Guidance department and Mrs. Jennifer Salgado teaching Grade 3/4. We also welcome Mrs. Julie Stewart as our new vice principal. Mrs. Stewart will be teaching a combination of Phys. Ed., Grade 5 Science/Math and Grade 5 English to French Immersion.



WORDS OF WITSDOM

What are the WITS Programs?

The WITS Programs bring together schools, families and communities to create responsive environments that help children deal with bullying and peer conflict. WITS Primary Program - Teaches children to **W**alk away, **I**gnore, **T**alk it out and **S**eeK help when faced with peer conflict. The acronym also provides a common language that children and the adults around them can use to talk about and respond to problems.

Grade 5 Leadership

All grade 5 students are invited to express interest for leadership opportunities this school year. We will have grade 5's who will be part of the Recycling Team, Playground Safety Leaders, Volunteers and the list goes on! Leadership roles will be announced soon!

Mark Your Calendar!

Monday, September 8th—Hot Lunch tickets (\$25) on sale in school lobby after morning announcements.

-Hot lunch orders for pizza will start today

Tuesday, September 9th, - Milk order forms due back at the school

Tuesday, September 9th- Subway orders are taken today for Thursday.

Wednesday, September 10th- Hot lunch orders for pizza again today.

Thursday, September 11th- Subway orders begin today and every Thursday for the remainder of the school year. Orders are taken on Tuesday ONLY.

Monday, September 15th—Milk program begin.

PSSC meeting at 6:30 pm in the Library.

Tuesday, September 16th—School Photos

Wednesday, September 17th—Track and Field 3:15, H.E.S. hosts

Tuesday, September 23th—Home and School Meeting in the HES Library 6:30pm

Friday, September 26th—Terry Fox Walk

Peanut Free and Nut Free School & Scent Free Space

All schools in the Anglophone School District—South are peanut/nut free and scent free facilities. In order to ensure the safety of all our children we ask that you not send any food to school that may contain peanuts.

Hot Lunch and Milk Program

Our milk program will begin Monday, September 15th. There has been a slight increase in the cost for milk and this is reflected in our charge. Milk is 45 cents per carton of white milk and 50 cents for a carton of chocolate milk. Milk order forms have been sent home with your child this week. If you have any questions about ordering milk, please contact Mrs. Hebert our school admin. assistant at 832- 6021. Milk Order Forms are due back no later than **Tuesday, September 9th**. No late orders will be accepted!

Our lunch tickets will go on sale on Monday, September 8th. Each Monday, your child can buy a book of 10 hot lunch tickets for \$25. All meals will cost one ticket (\$2.50 value). Hot lunch is pizza on Monday/Wednesdays and Subway on Thursday (orders placed on Tuesday).

Hot lunch will be available starting Monday, Sept. 8th



Let's Communicate

We work very hard at Hampton Elementary to communicate on a regular basis with parents through our monthly newsletter, school agenda, school website, e-mail distribution lists, as well as a new form of communication called Synervoice. Synervoice is free of charge to HES families. Synervoice will allow you to choose the mode of communication you would prefer to receive messages from the school (phone, e-mail, etc.), The text of all phone messages sent to HES homes is also listed on our website. Please check our school website regularly. We are also asking you to fill out the e-mail address field area of the student information forms being sent home with your child. This will enable us to send an electronic copy of the newsletter to you instead of a paper copy to cut down on costs related to photocopying. We also send out any phone messages by e-mail so that everyone is up to date and informed about everything happening at H.E.S. **A PAPER COPY OF THIS FIRST NEWSLETTER WILL BE SENT TO EACH HOME FOR THIS MONTH ONLY.** After this month, if you prefer to have a paper copy of the newsletter, and do not have access to the internet, please contact your child's teacher or our school admin assistant to send one home with your child.

Volunteering at HES

There are many different opportunities at HES for you to be involved in our school. These include, but are not limited to: classroom assistance, help on field trips, member of the PSSC or Home and School, hot lunch helper, library helper and the list goes on.

We encourage you to become involved in our school. Please be aware that in order to ensure the safety for all our students, volunteers who help at the school and have direct contact with students in our building, are required to demonstrate understanding of the Dept. of Education's pupil protection policy, Policy 701, and to provide evidence of a criminal record check. If you are interested in volunteering at HES please contact Mrs. Blanchard to obtain more information and the proper forms to fill out.

Instructional Time

All public schools in the province follow curricula prescribed by the New Brunswick Department of Education. Curricula expectations are extensive and at H.E.S we must attempt to protect valuable instructional time. Please note that in order for students to be ready to learn, they must be in the building no later than 8:15 AM. Interruptions to the instructional day are to be limited to emergencies.

- If you need to communicate to your child's teacher through the day, please send a note with the information or request a phone call after instructional hours.
- If you are delivering something to your child through the day, please leave the item at the office and we will see that it is delivered to the classroom at noon or recess.



- If you are meeting your child after school, please wait in the lobby until the dismissal bell rings before proceeding to classrooms.

Thank you for your cooperation in protecting instructional time!

School Fees

Our school fees for all students grades three to five are \$20.00. This includes the agenda, skating and school performances for the school year 2014—2015. If you have financial difficulty covering any of those school fees, please bring your concern to the attention of the school administrative team. The school fee is a one-time fee.

Calling and Visiting the School

The phone number for the school office is 832-6021. Teachers are always willing to talk with you regarding any concerns you may have about your child's education. **The best time to contact teachers is after 2:45 p.m.** as it is almost impossible for teachers to leave their classrooms unattended during the school day. Please also be observant of the fact that schools are very busy places. If you wish to see a teacher or administrator at the school, please call and make an appointment, and we will gladly find the time to meet with you. Dropping in to the school to meet with a teacher or administrator may lead to disappointment if the individual is not available. Also, when visiting the school you are reminded of district policy to **report to the office and check in with the school Administrative Assistant.**

If you must take your child out from the school during instructional hours please sign your child out at the office with the Admin. Assistant. We will then call your child down to the front lobby of the school. This will limit the number of visitors walking throughout the building.

We thank you in advance for your cooperation with these very important items.



Open House & PSSC Elections

Thank you to parents and students who attended our open house on Wednesday, August 27, 2014. It was wonderful to see such a large turnout of enthusiastic students and supportive parents. As a result the opening day of school was much calmer and smoother. Thanks to our PSSC members who helped organize this and to Dyson Regular for delivering the ice cream which turned out to be the highlight of the night. We have returning members from last years PSSC and we are looking for a few new members including the election of a new Chair. This committee meets monthly to discuss school improvement planning and district initiatives. The first meeting is scheduled for Monday, September 15th.

CROSS COUNTRY MEET 2014



During the fall this year we will be having our District Cross Country runs for students in grades 3, 4 & 5. These "fun" runs are meant to encourage participation, promote active living, and act as a personal challenge. The runs will be held at Hampton Elementary School and Mrs. Stewart will be sending home further information about this including dates, times, etc. She will also be holding practices at noon time to help the students feel more confident in their abilities.

14th Annual HAMPTON 5 MILER & Kids' Kilometre

Sunday, September 7th, 2014 8:00-9:00 Race Day Registration and Race Pack Pick-Up @ Hampton High School. For more info: registration@hamptonriverrunners.ca

Medication/Health Services and Custody Information

It is very important that the school is kept informed of any medical or custody concerns with respect to your child. Please be specific when completing the Information form that was sent home earlier this week. Please provide your child's teacher with any information on the Student Information form. The Dept. of Education requires formal medical information forms for children with a severe medical condition (e.g. severe allergies, diabetes, severe asthma etc., or parents with children who require medication at school). This Health Support and Care form is available at the school office. The ***No Child Without*** program offers a free MedicAlert membership to students who attend our school and are between the ages of 4 up to their 14th birthday. If your child has a medical condition, allergy or is required to take medication on a regular basis then you should consider a MedicAlert membership through this program. MedicAlert is your child's voice in an emergency. If your child is already part of the ***No Child Without*** program and there have been changes to their medical condition, medications or emergency contact information, call MedicAlert at 1-866-679-3220 to update your child's file.

Custody information that restricts access to your child can only be put into place if the school has a copy of a court order stating the restricted access.

Changes in After School Routine

If you wish your child to go somewhere other than his/her regular bus after school (home address), you **must** fill out an **alternate location bus form**. For the safety of your child, Anglophone South School District has asked us to **not** accept last minute changes to your child's bus arrangements. Many buses are full and it takes time to arrange alternate transportation. Anglophone South School District has a bus policy that states that: "**Without authorization in writing, from the parent (24 hours in advance), children will be sent home on their regular bus. No same day verbal arrangements will be allowed unless it is an emergency situation.**" Children are not permitted to travel on a different bus after school for play dates, birthday parties etc. Parents need to make other arrangements for these situations. If you require an alternate location bus form, please call the school and we will send it home with your child.

School Discipline Expectations

The staff of Hampton Elementary School has been diligently and gently teaching children a variety of expected behaviors and routines. We firmly believe that students who do not master these behaviors and routines may need extra practice in order to meet the expectations of school discipline. These behaviors and routines are expected to be mastered by all students before the end of September. The staff asks for your support if and when your child may need to have extra practice in any of the school discipline expectations. The following are just a few of the routines and behaviors that teachers will be reinforcing for the month of September; saying please and thank you; movement in hallways; morning announcement routine; fire drill exit; how to speak to an adult, and many more.

Guidance Corner

School's In ... Time to Learn

So how do we set our children up for success at school? Not unlike adults, children need the obvious basics to feel well and to do well: sleep, good nutrition, and physical activity. Generally speaking, elementary aged children should have 10-12 hours of uninterrupted sleep. Children's brains transform subconsciously learned material into active knowledge while they sleep. After a good night's rest, start your child's day off on a positive note with a healthy breakfast. Good nutrition consists of a balanced diet including foods from various food groups and not too many foods high in refined sugar or preservatives. Try providing fresh fruit along with grains and/or protein to give the body the essential fuel it needs. As well, make sure water is consumed throughout the day. Did you know that our brains depend on proper hydration to function optimally? Brain cells require a delicate balance between water and various elements to work well, and when you lose too much water, that balance is disrupted. Your brain cells lose efficiency. Years of research have found that when we're thirsty, we have more difficulty focusing our attention. Dehydration can impair short term memory function and the recall of long-term memory.

Now let's look at the link between physical activity and good health. The link between physical activity and physical and mental health, is scientifically proven. For health benefits, children aged 5-11 years should accumulate at least 60 minutes of moderate- to vigorous-intensity physical activity daily (for more information please visit participation.com). As you get back into "school mode" you probably recognize the value of having more structure and routine in different areas of life. Not only does a routine help provide structure for our children it helps us as adults manage all of our daily responsibilities more effectively.

Updates on behalf of PSSC—School Improvement Plan Links

Goal #1 Literacy: Using a balanced literacy approach to develop and improve instructional practices, assessment and intervention for Literacy

Check out the bulletin board on the big wall in the hallway towards the gym to see new words added on a weekly basis to help build and expand our growing vocabulary skills. Here is an idea to make literacy part of your family's busy day:

Comics and cartoons are texts that have been around for a long time. Children enjoy reading and sharing them! Cartoons and comics are approachable because they combine both words and images. Using published comics and cartoons as examples, children can create their own while playing with images and language.

More great ideas are available at: <http://www.readwritethink.org/parent-afterschool-resources/grade/3-4/>

Goal #3 Numeracy: 3. To develop and improve instructional practices, assessment and intervention for Numeracy

Children learn math best through activities that encourage them to explore, think about what they are exploring, solve problems using information they gather themselves and explain how they reach their solutions. Try this one at home:

*Hampton Home Hardware has a number of bicycles and tricycles for sale. Johnnie counted a total of 60 wheels. How many bikes and how many trikes were for sale?
Show how you got your answer in more than one way.*

Home and School Association

The Home and School Association is looking for new members to join this year. If you would like to be part of the Home and School Association, we meet once a month for about 1 1/2 hours. H&S Association works very closely with the staff and administration of the school to support students and teachers in a variety of ways. H&S facilitates school fundraisers (including Big Fair Day), hot lunch program, Teacher/Staff Appreciation Week in February, playground upgrades and works in a supporting role with the PSSC of Hampton Elementary School. We welcome parents, grandparents and/or community members to join our group. Please come and join us. Our next meeting is **Tuesday, September 23rd at 6:30pm** in the school library.

Big Fair Day June 2014

Home and School would like to thank everyone who participated and supported Big Fair Day in June. This annual school fundraiser raised \$2540! Many families came out to this event and the prizes were a huge hit! Thank you again to the Hampton Community Center for letting us have this great event in the arena. We look forward to planning next year's Big Fair Day. If you are interested in joining the Big Fair Day Committee, please join the Home and School.

After School Art Program

Open to children in grades 3, 4 & 5 at Hampton Elementary School. Students will learn how to draw and paint a wide variety of subjects including people, animals, cartoons, landscapes and more. All supplies will be provided and are included in the cost of the course. The program is 10 classes long on **Tuesdays** beginning **Tuesday, Sept. 30th**. Classes are right after school until 4:15pm. The fee is \$175 +tax per child. Class maximum is 25 so early registration is encouraged. Each session is a different program allowing students to return each year. Returning students and family discounts are available. Call Jennifer at "Estey Creations" at 638-9194 to register. More information will be sent home with your child next week if they are interested.



SPEAKING OF SPEECH AND LANGUAGE...

(FROM THE ASD-S SPEECH-LANGUAGE PATHOLOGY DEPARTMENT)



What is Phonemic Awareness: Phonemic awareness is the ability to hear and manipulate individual sounds in words. Children must first understand that words are made up of separate speech sounds that can be blended together to make words before they can make sense of using the alphabet to read and write. Research has identified phonemic awareness and letter knowledge as the best two predictors of how well a child will learn to read during the first two years of school (National Reading Panel, 2000). Children who develop strong phonemic awareness skills at an early age are more likely to become fluent readers and better spellers than children who do not.

By the end of kindergarten, children should be able to:

- Identify whether words rhyme (hat, mat; sun, bug)
- . Provide a word that rhymes with another ("tell me a word that rhymes with 'sun'")
- . Blend syllables or onset-rimes into a word (cup-cake "cupcake"; /m/ /ap/- "map")
- . Clap or count syllables in a 1 to 3 syllable word
- . Provide the first sound in a word ("what is the beginning sound in 'fish'? Child: /f/)
- . Segment sounds in a 2-3 phoneme word ("Tell me the sounds in 'hat'." Child: /h/ /a/ /t/)

How can I help my child develop phonemic awareness skills?

To help your child listen to the sound in words:

- . Read books and poems that focus on the rhythm of language and rhyme. Books such as "Hop on Pop" or "Sheep in a Jeep" help children pay attention to sounds in words.
- . Give your child a noisemaker (such as a whistle). Tell your child to make noise if you say two words that rhyme (cat, cup; sit, mitt)
- . Play words games such as "Guess My Word". "I'm thinking of a word that rhymes with _____. Can you guess my word?"
- . Have a sound scavenger hunt. Give your child a bag and ask him/her to find as many things around the house that begin with a certain sound.
- . Play "I spy" with beginning sounds of words "I spy something that begins with /t/".

To help your child segment (separate) and blend sounds in words:

- . Have your child guess a word that you sound out slowly (ssssssuuuuunnnn).
- . Give your child 3-5 blocks, beads, bingo chips or similar items. Say a word and have your child move an object for each sound in the word.
- . Play Head, Shoulders, Knees and Toes with sounds. Say a word and have your child touch his/her head for the first sound, shoulders for the second sound, and knees for the third while saying each sound.
- . Jump for Sounds. Say a word and have your child jump for each sound in the word while saying the sound.

Taken from: www.blog.maketaketeach.com for kindergarten reading activities!