



Hampton Elementary School September 2018 Newsletter



HAMPTON ELEMENTARY SCHOOL

82 School Street,
Hampton, N. B. E5N
6B2

[http://hampton-
elementary.nbed.nb.ca](http://hampton-elementary.nbed.nb.ca)

From the Main Office

Telephone - 832-6021

Principal - Sarah Blanchard

Vice Principal - Julie Stewart

Admin. Asst. - Nancy Long

PSSC Chair - Candace Muir

psscchair@gmail.com

Home & School President -
Tamara Simpson

hes.homeandschool@gmail.com

Hampton Education Centre
832-6143

Anglophone South Website
[http://web1.nbed.nb.ca/sites/
asd-s/Pages/default.aspx](http://web1.nbed.nb.ca/sites/asd-s/Pages/default.aspx)

School Bus Transportation -
832-6429

MISSION:

Help and believe in,
Each student so
that he or she can
achieve his or her
highest potential in
a,
Safe, supportive
inclusive environ-
ment.



School Photo Day!

Wednesday, Sept. 19th
(All classes)

Principal's Message

Welcome to the 2018-2019 School Year!

Welcome H.E.S. families to the opening of another wonderful new school year. We are thrilled to be welcoming a new cohort of Grade 2 students to our school (French Immersion-grade 2). Our staff look forward to partnering with you as we provide the best learning opportunities for your child. Please be in regular contact with your child's teacher and try to become involved in your child's school through volunteering in classrooms, on field trips/skating and with our Home & School or our Parent Support School Committee.

We will be sending home one message per week to families; the "HES Hawk Squawk" will be sent electronically every Friday by 5pm. We will only send extra messages if there is information you absolutely need to receive before the end of the week. Newsletters will be sent by the first Monday of the month. Please ensure your email address is up-to-date in our system as this is the primary mode of communication for school wide messages.

A few things to help make our school year go more smoothly—first, please follow our drop off procedures if your child is being driven to school. All traffic dropping off children should pull vehicles beyond our front doors as this is a bus zone. A teacher will begin morning supervision at 7:50 so students should not arrive before this time. Students remain outside on the Hawks Nest from 7:50-8:15 unless it is raining heavily. Please be aware of the speed limit of 20 km/hr on School Street.

We know a strong partnership with you will make a great difference in your child's education. As partners, we share the responsibility for our children's success and want you to know that we will do our very best to carry out our responsibilities. We ask that you guide and support your child's learning by ensuring that he/she:

- 1) Attends school daily and arrives on time (by 8:20) ready for the day's learning experience
- 2) Completes homework assignments (10 minutes per Grade level)
- 3) Reads daily (or is read to daily) to develop a love for reading and to improve literacy skills

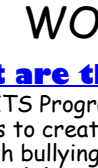
Finally, the student agenda is provided to each child and we ask that you sit down with your child and review the information included in these pages.

It is going to be a GREAT year!

Staff Changes

Our HES family has a few new additions. We would like to welcome Ms. Veniot (Guidance Counselor), Ms. Vallis (returning from maternity leave—Gr. 2FI), Mme. Prosser (Gr. 2FI), Mme. Creamer (Gr. 4FI) and Ms. Reay. We wish the best of luck to the following teachers in their positions within the District: Mr. Raymond, Ms. Laird, Mme. Bradshaw and Ms. Hill.

- Mrs. Blanchard



Walk Away
Ignore
Talk it Out
Seek Help

WORDS OF WITSDOM

What are the WITS Programs?

The WITS Programs bring together schools, families and communities to create responsive environments that help children deal with bullying and peer conflict. WITS Primary Program - Teaches children to Walk away, Ignore, Talk it out and Seek help when faced with peer conflict. The acronym also provides a common language that children and the adults around them can use to talk about and respond to problems. Stay tuned for more information and Words of WITSDOM each month in our school newsletter!

<http://www.witsprogram.ca/pdfs/cyberbullying/cyberbullying-pamphlet.pdf>

Mark Your Calendar!

September

Monday, September 10th - First Newsletter goes home in paper format.

Wednesday, September 12th— Cross Country Meet (QPlex)

Thursday, September 13th —Home and School Meeting in the HES Library

Thursday, September 13th - Milk orders due

Monday, September 17th—Milk program begins.

Monday, September 17th— PSSC Meeting 6:30pm HES library

Wednesday, September 19th —School Photos

Wednesday, September 19th— Cross Country Meet (QPlex)

Wednesday, September 26th— Cross Country Meet (QPlex)

Friday, September 28th—Terry Fox Walk



Looking Ahead: October

Monday, October 8th—Thanksgiving Day—No School for Students

Please Note:

**All schools in
ASD South are
Peanut/Nut Free
& Scent Free**

Hot Lunch and Milk Program

Our milk program will begin Monday, September 17th. Milk is 50 cents per carton of white milk. A new Provincial policy indicates chocolate milk may not be sold in schools. Milk orders are available online at School Cash Online. If you have any questions about ordering milk, please contact our school admin. assistant at 832- 6021. Milk Orders are due no later than Thursday, September 13th. No late orders will be accepted! http://www.dairygoodness.ca/milk-in-school/new_brunswick/parents

Our Hot Lunch Program is currently being revamped by our Home and School Committee. The new menu will be revealed after the Home and School meeting on September 14th with a two week ordering period for September. The first full month will be October. Stay tuned for more information!

Let's Communicate

We work very hard at Hampton Elementary to communicate on a regular basis with parents through our monthly newsletter, school agenda, school website, e-mail distribution lists, as well as a new form of communication called School Connects. The cost of School Connects is covered through funds from our PSSC as well as the District Office. It allows us to send messages in both voice as well as email format at the same time. The text of all phone messages sent to HES homes is also listed on our website. Please check our school website regularly. We are also asking you to fill out the e-mail address field area of the student information forms being sent home with your child. This will enable us to send an electronic copy of the newsletter to you instead of a paper copy to cut down on costs related to photocopying. We also send out any phone messages by e-mail so that everyone is up to date and informed about everything happening at H.E.S. **A PAPER COPY OF THIS FIRST NEWSLETTER WILL BE SENT TO EACH HOME FOR THIS MONTH ONLY.** After this month, if you prefer to have a paper copy of the newsletter, and do not have access to the internet, please contact your child's teacher or our school admin assistant to send one home with your child.

Attendance Matters!

Please ensure your child arrives before 8:20! More info available:
<http://web1.nbed.nb.ca/sites/ASD-S/Pages/Attendance-Matters.aspx>

PSSC—Parent School Support Committee

Next Meeting:
Mon. Sept. 17 6:30p.m

What is the PSSC?

The parent School Support Committee (PSSC) advises the Principal and improves student learning by increasing family and community involvement in the school system.

What are parents asked to do?

- Parents are asked to attend monthly meetings
- Parents are asked to learn about the School Improvement Plan
- Advise the principal on School Improvement Plan
- Review the school report card and provincial report card with the principal
- Advise the principal on development of school policies

What is the time commitment?

Meet once a month for 1.5 hours from September to June

Why should you join?

The PSSC is a great way to learn what goes on behind the scenes in the school. It is an easy time commitment and a valuable way to meet other interested parents and the principal. You get to learn about all the strategies put into place to better educate our children. As a parent you can have a voice in development of school policies.

If interested please call Mrs. Blanchard at 832-6021 or email: sarah.blanchard@nbed.nb.ca

For review of previous meeting minutes, you can find them under the "For Parents" dropbox on our Hampton Elementary School website or follow the link here: <http://web1.nbed.nb.ca/sites/ASD-S/1939/Pages/PSSC.aspx>

Home and School Association

The Home and School Association is looking for new members to join this year. If you would like to be part of the Home and School Association, we meet once a month for about 1 1/2 hours. H&S Association works very closely with the staff and administration of the school to support students and teachers in a variety of ways. H&S facilitates school fundraisers (including Big Fair Day), hot lunch program, Teacher/Staff Appreciation Week in February, playground upgrades and works in a supporting role with the PSSC of Hampton Elementary School. We welcome parents, grandparents and/or community members to join our group. Please come and join us.

Next Meeting:
Thurs. Sept. 13, 6:30PM

Our Home and School Meeting Minutes can be found under Home and School on the HES school website: <http://web1.nbed.nb.ca/sites/ASD-S/1939/Pages/Home-and-School.aspx>

Questions? Email hes.homeandschool@gmail.com

Medication/Health Services and Custody Information

It is very important that the school is kept informed of any **medical or custody concerns** with respect to your child.

Please be specific when completing the Information form that was sent home earlier this week. Please provide your child's teacher with any information on the Student Information form. The Dept. of Education requires **formal medical information forms** for children with a severe medical condition (e.g. severe allergies, diabetes, severe asthma etc., or parents with children who require medication at school).

This Health Support and Care form is available at the school office (Policy 704). The **No Child Without** program offers a free MedicAlert membership to students who attend our school and are between the ages of 4 up to their 14th birthday. If your child has a medical condition, allergy or is required to take medication on a regular basis then you should consider a MedicAlert membership through this program. MedicAlert is your child's voice in an emergency. If your child is already part of the **No Child Without** program and there have been changes to their medical condition, medications or emergency contact information, call MedicAlert at 1-866-679-3220 to update your child's file.



Custody information that restricts access to your child can only be put into place if the school has a copy of a court order stating the restricted access.

Policy 711—Healthy Eating

The Department of Education has an ongoing commitment to promoting healthier eating and nutrition. This is reflected in the release of *Policy 711- Healthier Foods and Nutrition in Public Schools*.

Policy 711, Healthier School Food Environment, sets the minimum requirements for creating a healthier food environment in public schools.

This policy applies to all school districts and public schools in New Brunswick including: classroom, co-curricular, extra-curricular, fundraising, school sponsored and endorsed activities and events.

Here is the link for more info:

<https://www2.gnb.ca/content/dam/gnb/Departments/ed/pdf/K12/policies-politiques/e/711A.pdf>

September Wellness Theme

This month's wellness theme is encouraging families to take advantage of the still sunny skies and warm temperatures by being active outdoors.

Connect with nature

Day-to-day life is usually a blur of passing lights, blaring sounds, and people's voices. Connecting with nature helps you find peace in your busy life while making the world a better place. The town of Hampton boasts many beautiful trails. You could take an evening stroll, bike ride, or even a guided nature walk. Research shows that spending time in nature can make us happier, more relaxed, and even healthier. Spend some time each day outside observing what's happening around you. You'll begin to notice things about your environment that you've never seen before, and increase your awareness of your surroundings.

What's Happening in the Gym?

Welcome back Hawks! Now that everyone is well rested, it is time to get our bodies moving. September is always a busy time in the gym. The focus this month will be gym routines and procedures, basic movements, endurance, and team building activities. Students will practice these skills through a variety of games and stations. With the warmer weather still upon us, we will also be bringing P.E. outside to hike on the trails and practice our skills on the field.



Attention all runners! H.E.S. students in grades 3 to 5 have been invited to join other elementary schools in the Hampton Ed. Centre in 5 cross country meets that will be taking place at the QPLEX and 1 meet in Saint John. If you are interested in joining our school team, come see Mrs. Henry or Mrs. Thorne to sign-up and get a permission slip. The first run begins on Sept. 12th!

Education Support Services at HES

Hello Hawk Families!

My name is Julie Stewart and I am the Resource teacher (EST-R) and Vice Principal at HES.

Some of you may be wondering what the role of the Resource teacher is. Here's a quick overview:

-60% of my day is spent on supporting and collaborating with classroom teachers. For example, classroom observation, co-planning of instruction, initiating and supporting instructional strategies, problem solving, modeling, co-teaching, etc.

-25% of my day involves direct instruction or intervention with small groups of children, and occasionally, with individual students, but in all cases with specific entry and exit criteria, and documentation of outcomes achieved.

- 15% of my day encompasses administrative duties directly associated with supporting teachers and students. For example, work on personalized learning plans, working with educational assistants, consulting with other professionals, etc.

If you have any questions or concerns please feel free to contact me at julie.stewart@nbed.nb.ca

A Note from the Music Room...

Keeping the Beat



In the music room, our focus for September is on beat and rhythmic notation. Students will echo and compose their own rhythms using body percussion, rhythm sticks, and even buckets! Bucket drumming is a fun and innovative way to learn about percussion and practice note values, tempo, dynamics and more!

Guidance Corner

I have taken on the role of guidance counsellor, sharing my time between Dr. A.T. Leatherbarrow and Hampton Elementary School. My start to this new role will be relatively short-lived, as I will be starting a maternity leave in November. With this being said, I see the next 2.5 months as a great opportunity to get to know your child, and to provide them with strategies to help facilitate their academic and personal growth and development.

Counselling is a passion of mine. I graduated from the University of New Brunswick with a M.Ed. in Counselling and Psychotherapy in 2015, and have spent my time since graduating honing in on my counselling skills. I have experience counselling in various settings, as well as with various age groups.

Being bilingual, I plan to deliver the counselling curriculum to a number of the French Immersion classes in French. One-on-one and group counselling sessions will be conducted in English.

For the month of September, I will be teaching the students the concept of kindness. School-wide activities on kindness will also be conducted so as to underline the Becca Schofield Day, which occurs on the third Saturday of every September. This special day, which was recently established by the Legislative Assembly, will help highlight this young woman's extraordinary efforts in advocating for goodwill and kindness.

If you have any questions or concerns, please do not hesitate to contact me by phone or email:

506-832-6022 (DATL)

506-832-6021 (HES)

cynthia.veniot@nbed.nb.ca

Thank you!

Daily Schedule 2018-2019

Below is our daily schedule for the 2018-2019 (**denotes changes)

7:50-8:15 Supervision on the Playground

8:25 Announcements and O'Canada

Instruction begins immediately following O'Canada

30minutes has been added to the morning instructional time in order to accommodate a larger literacy block in the morning

10:30-10:45 Recess

12:20-12:45 Outside Recess

12:45-1:05 Lunch: students eat in classrooms

2:40 Dismissal

Class Organization 2018-2019

Here is the final class organization approved for the 2018-2019 school year. Overall we will have 13 homerooms this year.

1- Grade 3 Class	2- Grade 2 French Immersion
1- Grade 4 Class	2- Grade 3 French Immersion
1- Grade 4/5 Class	3- Grade 4 French Immersion
1- Grade 5 Classes	2- Grade 5 French Immersion

Students have been assigned to classes and those were announced at our Open House evening. As a staff, we reflect on a variety of factors, such as achievement, work habits, behavior, ratio of boys to girls, friendships, learning styles and teaching styles. Our goal is to maintain a balance in each classroom in order to facilitate each student's ability to achieve to his or her potential.

Changes in After School Routine

If you wish your child to go somewhere other than his/her regular bus after school (home address), you **must** fill out an **alternate location bus form**. For the safety of your child, Anglophone South School District has asked us to **not** accept last minute changes to your child's bus arrangements. Many buses are full and it takes time to arrange alternate transportation. Anglophone South School District has a bus policy that states that: **"Without authorization in writing, from the parent (24 hours in advance), children will be sent home on their regular bus. No same day verbal arrangements will be allowed unless it is an emergency situation."** Children are not permitted to travel on a different bus after school for play dates, birthday parties, sleep-

overs, etc. Parents need to make other arrangements for these situations. If you require an alternate location bus form, please call the school and we will send it home with your child.

School Discipline Expectations

The staff of Hampton Elementary School has been diligently and gently teaching children a variety of expected behaviors and routines. We firmly believe that students who do not master these behaviors and routines may need extra practice in order to meet the expectations of school discipline. These behaviors and routines are expected to be mastered by all students before the end of September. The staff asks for your support if and when your child may need to have extra practice in any of the school discipline expectations. The following are just a few of the routines and behaviors that teachers will be reinforcing for the month of September; saying please and thank you; movement in hallways; morning announcement routine; fire drill exit; how to speak to an adult, and many more.

Grade 5 student leadership

All grade 5 students are invited to express interest for leadership opportunities this school year. We will have grade 5's who will be part of the Recycling Team, Playground Safety Leaders, Volunteers and the list goes on! Leadership roles will be announced soon!

18th Annual Hampton 5 Miler & Kids' Kilometre

Sunday, September 9th, 2018, 8:00-9:00 Race Day Registration and Race Pack Pick-Up @ Hampton High School. For more info: registration@hamptonriverrunners.ca



"Give to every other human being every right that you claim for yourself."

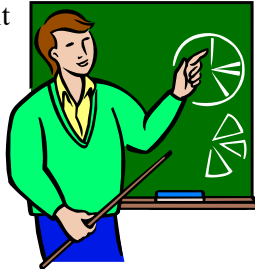
—R. Ingersoll

Instructional Time

All public schools in the province follow curricula prescribed by the New Brunswick Department of Education. Curricula expectations are extensive and at H.E.S we must attempt to protect valuable instructional time.

Please note that in order for students to be ready to learn, they must be in the building no later than 8:20 AM. Interruptions to the instructional day are to be limited to emergencies.

- If you need to communicate to your child's teacher through the day, please send a note with the information or request a phone call after instructional hours.
- If you are delivering something to your child through the day, please leave the item at the office and we will see that it is delivered to the classroom at noon or recess.
- If you are meeting your child after school, please wait in the lobby until the dismissal bell rings before proceeding to classrooms.



School Supply and Student Fees

Our school fees for all students grades two to five are \$60.00. This includes all consumable supplies, agenda, skating and school performances for the school year. If you have financial difficulty covering any of those school fees, please bring your concern to the attention of the school administrative team. The school fee is a one-time fee.

Calling and Visiting the School

The phone number for the school office is 832-6021. Teachers are always willing to talk with you regarding any concerns you may have about your child's education. **The best time to contact teachers is after 2:45 p.m.** as it is almost impossible for teachers to leave their classrooms unattended during the school day. Please also be observant of the fact that schools are very busy places. If you wish to see a teacher or administrator at the school, please call and make an appointment, and we will gladly find the time to meet with you. Dropping in to the school to meet with a teacher or administrator may lead to disappointment if the individual is not available. Also, when visiting the school you are reminded of district policy to **report to the office and check in with the school Administrative Assistant.**

If you must take your child out from the school during instructional hours please sign your child out at the office with the Admin. Assistant. We will then call your child down to the front lobby of the school. This will limit the number of visitors walking throughout the building.

Open House & PSSC Elections

Thank you to parents and students who attended our open house. It was wonderful to see such a large turnout of enthusiastic students and supportive parents. As a result the opening day of school was much calmer and smoother. Thanks to our PSSC members who helped organize this and to our helpers who passed out the ice cream which turned out to be the highlight of the night. We have returning members from last years PSSC and we are looking for a few new members. This committee meets monthly to discuss school improvement planning and district initiatives. The first meeting is scheduled for Monday, September 17th.

CONTEST! Agenda Scavenger Hunt

Please complete and return the Agenda Scavenger Hunt for a chance to win a **FAMILY NIGHT AT THE MOVIES!** Two winners will be selected and will win an adult pass for two (with popcorn and drinks) and two child passes (with popcorn and drink).

Terry Fox

Hampton Elementary School will be participating in the Terry Fox National School Run Day on September 28th. Students will learn about the heroic efforts of Terry throughout the month and have the opportunity to raise funds for cancer research. Stay tuned for more details.



Volunteer Form

We are always looking for volunteers at Hampton Elementary. We have opportunities for shift workers, evening workers and those who work the same hours as the school. Please read the green volunteer form that was sent home to see if there is a volunteer task that might fit your schedule! All forms returned will be entered in a draw for \$25 in Scholastic Books!

This year, we are in need of people who can help develop exciting and creative fundraising campaigns as we begin the final push to install a brand-new accessible Hawks' Nest Playground by the HES 50th Anniversary year, 2019. If you are creative and have time to be part of this committee we would love to have you! This may also involve applying for grants.

"There are many little ways to enlarge your world. Love of books is the best of all."

– Jacqueline Kennedy



SPEAKING OF SPEECH AND LANGUAGE...

(FROM THE ASD-S SPEECH-LANGUAGE PATHOLOGY DEPARTMENT)

What is Phonemic Awareness?: Phonemic awareness is the ability to *hear and manipulate* individual sounds in words and is a component of *phonological awareness*. Children must first understand that words are made up of separate *speech sounds* that can be blended together to make words before they can make sense of using the alphabet to read and write. Research has identified phonemic awareness and letter knowledge as the best two predictors of how well a child will learn to read during the first two years of school (National Reading Panel, 2000). Children who develop strong phonemic awareness skills at an early age are more likely to become fluent readers and better spellers than children who do not. **Phonemic awareness is NOT phonics!**

What is Phonological Awareness made of?

Rhyme and Alliteration

- Enjoying and reciting learned rhyming words or alliterative phrases in familiar storybooks or nursery rhymes.

Syllable Awareness

- Counting, tapping, blending, or segmenting a word into syllables.

Onset and Rime

- The ability to produce a rhyming word depends on understanding that rhyming words have the same rime. Recognizing a rhyme is much easier than producing a rhyme.

Phoneme Awareness

- Identify and match the initial sounds in words, then the final and middle sounds (e.g., "Which picture begins with /m/?"; "Find another picture that ends in /r/").
- Segment and produce the initial sound, then the final and middle sounds (e.g., "What sound does **zoo** start with?"; "Say the last sound in **milk**"; "Say the vowel sound in **rope**").
- Blend sounds into words (e.g., "Listen: /f/ /ee/ /t/. Say it fast").
- Segment the phonemes in two- or three-sound words, moving to four- and five-sound words as the student becomes proficient (e.g., "The word is **eyes**. Stretch and say the sounds: /i/ /z/" [Only 2 sounds!]).
- Manipulate phonemes by removing, adding, or substituting sounds (e.g., "Say **smoke** without the /m/").

How do I practice Phonemic Awareness?

Sound Identification

- Have a sound **scavenger hunt**. Give your child a bag and ask him/her to find as many things around the house that begin with a certain sound.
- Play "**I spy**" with beginning sounds of words "I spy something that begins with /t/".

Segmenting

- Play **Head, Shoulders, Knees and Toes** with sounds. Say a word and have your child touch his/her head for the first sound, shoulders for the second sound, and knees for the third while saying each sound.
- **Jump for Sounds**. Say a word and have your child jump for each sound in the word while saying the sound.

Blending

- **Simon Says**. Give a segmented action word (Pausing between each *sound*, NOT letter!). 'Simon says 'j-uh-m-p', 'c-l-a-p'. The child blends the sounds, says the action word and does the action.
- **What's in the bag**. Create a mystery bag of objects. Give a clue about what is in the bag (e.g. 'There is something in my bag that sounds like 'd-uh-k'). The child gets the item if they guess the word!
- **What am I thinking of?** Say a segmented word ('m-ah-t'). Take turns guessing what the word is. This is a great car game!

Manipulating

- **Sound Play Songs**. E.g. *Willaby wallaby. Apples and Bananas. Banana Fana Fo Fana. The name game. Create new songs: Head and Shoulders → Bed and Boulders, Bees and Bows.*
- **Car game**. Ask your child to say a word without one of its sounds, e.g. Say *mice* but don't say /m/ [*ice*].
- **Joke and Riddles**. *What do you have if you put ducks in a box? A box of quackers.; What is a ghost's favourite dessert? Boo-berry pie!*