



Dr. A.T. LEATHERBARROW PRIMARY



Dream Achieve Teach Learn



Be Kind

Be Safe

Be Responsible

Be Respectful

FRENCH SECOND LANGUAGE REGISTRATION

Grade 1 French Immersion will be offered next year. If you are interested in registering your child in grade 1 EFI next year please attend the HEC French Second Language Program Information Night on Monday, March 27 at 7:00pm on TEAMS. More information as to how to register and access the meeting will be shared next week.



****Reminders****

- DATL classes begin at 8:25 am. To be ready, all students should be at school by 8:20 am.
- Outdoor play is important to a child's health. Please be sure your child is dressed appropriately for outside play.

Dr. A.T. Leatherbarrow Primary School

122 School Street 832-6022 (Office)
Hampton, NB E5N 6B2

1-833-219-9065 (Safe Arrival)

Principal: Mrs. Lisa Jardine

Vice-Principal: Ms. Sara Creighton

Admin Assistant: Mrs. Melissa Sheppard

[DATL Website](#)

[ASDS Website](#)





Guidance Corner

Hello DATL families,

During guidance classes in February, I was glad to hear the students use the vocabulary learned during our Zones of Regulation lessons to help describe their feelings. I encourage you to continue reinforcing our guidance lessons, by asking your child what zone they are in, and what feelings they are experiencing. I have included a summary of key emotions found within each zone.

Students learned that experiencing feelings in each zone is ok, and that they have the ability and control to emotionally self-regulate. In February, we explored the Blue and Yellow Zones' toolboxes. This included teaching students the strategies to help move between the zones, to ultimately self-regulate (Green Zone). These tools included: deep breathing, star breathing, talking to a friend or adult, and positive visualization. I encourage you to remind your child to use these strategies at home. Looking ahead to March, I will continue to work with students as they learn to emotionally self-regulate by building their own toolboxes.

DATL celebrated kindness as well as Pink Shirt Day on Wednesday, February 22nd. My guidance lessons generally touch on the concept of empathy – an emotion that was emphasized on February 22nd. Empathy has been shown to help increase self-confidence and self-esteem in children, improve mental health, promote social harmony, and reduce instances of bullying. Empathic children can develop deeper and more meaningful connections with friends, family, peers, and teachers. I will continue promoting empathy in future guidance lessons.

The ZONES of Regulation®

BLUE ZONE Sad Sick Tired Bored Moving Slowly	GREEN ZONE Happy Calm Feeling Okay Focused Ready to Learn	YELLOW ZONE Frustrated Worried Silly/Wiggly Excited Loss of Some Control	RED ZONE Mad/Angry Terrified Yelling/Hitting Elated Out of Control

Heart Healthy School!



Leatherbarrow Primary is a heart healthy school. We promote healthy lifestyle choices that support students and staff to lead healthier, happier lives.

The heart healthy focus for the month of March is Explore Vegetables & Fruit. Students will explore colours, shapes, and tastes of vegetables and fruit while learning about the positive benefits they have for our bodies.

DATL - enjoying Outdoor Learning



The Hampton John Peters Humphrey Foundation

Human Rights

Art & Writing Competition

The Hampton John Peters Humphrey Foundation is holding a contest for all students Grade 12 and below. The submissions may be in the form of art, writing or poetry and relate to the topic: What are Human Rights?

Topic: What are Human Rights?

o Two Prizes of \$250 each.

o Age 10 and under

o Age 11 to 18

o Submission can be in form of poetry, essay or artwork. No more than two pages in length.

o Deadline to submit: April 10, 2023 o Winners to be announced at Preserving the Legacy event on April 30. Details on website.

o [Link to information on Human Rights for students](#)—

Each Submission must include:

1. Full Name

2. Age as of April 30, 2023

3. Contact Phone number and name of parent if under 10

4. Current School/ home school

5. Mailing Address All submissions must be emailed to bloominartists@gmail.com and received before midnight April 10, 2023.

Submission to the contest provides permission for publication of the work by the Hampton John Peters Humphrey Foundation, along with the name of the individual.

Contest open to all age 18 and under

HOST NEEDED!

Every year, high school students from all over the world choose New Brunswick for a cultural and academic experience. Our school and homestay program are well recognized and respected in NB and abroad.



JOIN OUR TEAM, BECOME A HOST

- A lasting friendship that crosses oceans and years – the instant expansion of your family!
- New cross-cultural perspective and a globalized world view
- A fresh and new perspective of your own country gained through the eyes of the international student
- Rediscovering your local community
- Lifelong memories and experiences, mutual learning and teaching

Receive a bi-weekly stipend & Access support 24/7 from AEI team

APPLY TODAY!

For more information visit NBISP.CA
Contact wendy.brooks@gnb.ca



MAY YOUR TROUBLES
☘ BE LESS ☘
and your
Blessings
.....be MORE.....
AND NOTHING BUT
HAPPINESS
come through your
☘>>> door
☘ IRISH BLESSING

