

MAY 2021 NEWSLETTER

Dr. A.T. LEATHERBARROW PRIMARY SCHOOL

Dream Achieve Teach Learn



IMPORTANT DATES TO WRITE ON YOUR CALENDAR



Friday, May 7- NBTA Council Day No school for Students

Monday, May 10—Branch NBTA—No school for students

Tuesday, May 11—National Denim Day

Monday, May 17 == PSSC Meeting

Monday May 17—May 21-Heart Healthy Challenge Week

Monday, May 24—Victoria Day—No School

Tuesday, May 11th is National Denim Day

The staff of DATL will be participating in National Denim day by wearing jeans in support of cancer research. Donations will be made to the Cure Foundation.



twitter 

@DATL

D.A.T.L. has its own twitter account! We tweet about upcoming events, and good news stories about the incredible students and events at our school!

Please follow us: @LeatherbarrowPS

DATL - enjoying Outdoor Learning

Mme. Brown's Class



Miss Creighton's Class

Guidance Corner

Dear DATL families,

In April, we explored growth mindset. We discussed what compliments and feedback are, and how it can be sometimes challenging to accept either. We spoke of how a compliment can, at times, make us feel uncomfortable, and how feedback or criticism can make us feel sad, frustrated or disappointed. Ways of accepting both compliments and feedback were discussed, including the importance of making eye contact, staying calm and responding with a simply thank you or OK.

Looking ahead to May, the Canadian Mental Health Association's (CMHA) Mental Health Week is scheduled this year from May 3rd to 9th. Lessons during this week will be geared towards promoting mental health, with an emphasis on naming, healthily expressing, and effectively coping with our emotions.

During the month of May, we will continue to explore growth mindset, while focusing on how the brain and neural connections influence our ability to learn new skills. We will discuss how persistence can help us overcome challenges, and how our responses to a difficult task can positively influence the outcome.

We will end the month of May with lessons on perspective taking. Communication exercises will help students see situations using different perspectives. Students will explore how others may have different tastes and preferences than themselves and that our words and reactions matter. We will practice replacing words like "weird" and "ew" with words such as "unique" and "interesting."

Cynthia Veniot

DATL Guidance Counsellor



Swimming

Swim at School Program

We are very fortunate to have a swimming pool within walking distance of our school! Swimming is a lifelong activity and water safety is excellent knowledge to have. All classes will receive two 30-minute swimming lessons and a 1-hour "free swim" between May 31 and June 18. Lessons are provided by qualified instructors and lifeguards at the Hampton Pool and will happen rain or shine. Please send warm clothing for the walk back to the school on swim days.

SWIM SCHEDULE

Start	Finish	Monday 31-May	Tuesday 1-Jun	Wednesday 2-Jun	Thursday 3-Jun	Friday 4-Jun
9:00	9:30	2-Barrett	1-Hayhoe	K-Landry		Rain Day
9:30	10:00	2-Annear	1-Peters	K-Creighton		
10:00	10:30	1-2 Shelley	K-Kingston	1-White		
10:30	11:00	1-Brown		K-Walsh		
11:00	11:30	K-Kierstead		1-Allaby		

Start	Finish	Monday 7-Jun	Tuesday 8-Jun	Wednesday 9-Jun	Thursday 10-Jun	Friday 11-Jun
9:00	9:30	2-Barrett	1-Hayhoe	K-Landry		Rain Day
9:30	10:00	2-Annear	1-Peters	K-Creighton		
10:00	10:30	1-2 Shelley	K-Kingston	1-White		
10:30	11:00	1-Brown		K-Walsh		
11:00	11:30	K-Kierstead		1-Allaby		

FREE SWIM		Monday 14-Jun	Tuesday 15-Jun	Wednesday 16-Jun	Thursday 17-Jun	Friday 18-Jun
9:00	10:00	1-Peters	K-Creighton	2-Barrett	1-2 Shelley	HES 3-3
10:00	11:00	1-Hayhoe	1-White	1-Brown	2-Annear	K-Walsh
11:00	12:00	1-Allaby	K-Kierstead	K-Landry	HES 3-1	K-Kingston





Heart Healthy Schools



Three out of the four Heart Healthy Challenges have been completed!! We drank LOTS of water, as well as no sugar added beverages during our previous challenge in April. Thank you for your support in sending a filled water bottle with your child each day. Our 4th and final challenge week for the Heart Healthy Schools Program will take place May 16 to 21. This week, the challenge is for students and staff to spend less than 2 hours of screen time each day. Maybe your family will take on the challenge, too. Morning announcements will include information about why less screen time for everyone is a good idea. The weather should be improved, but please send your child to school in appropriate outdoor wear, so we can get outside as much as possible for learning time in nature. Less screen and more green!

