HAMPTON/KENNEBECASIS VALLEY LINK DECISIONAL TREE

* Kids Help Phone 1-800-668-6868

* Call Addictions & Mental Health Services -Between 8:15 am and 4:30 pm 506-658-3737

* Mobile Mental Health Crisis Service 1-888-811-3664 or between 4:30 pm and 8:15 am Call or go to the local hospital outpatient services. 506-648-6000

Sussex Mental Health 24 hour # 432-2090

* 911 emergency

* Hestia House 634-7571 or crisis phone 634-7570

* Fredericton Sexual Assault Crisis Centre www.letstalkaboutit.ca

* Chimo 1-800-667-5005

* Call Addictions & Mental Health Services -Between 8:15 am and 4:30 pm 506-658-3737

* Mobile Mental Health Crisis Service 1-888-811-3664 or between 4:30 pm and 8:15 am Call or go to the local hospital outpatient services. 506-648-6000

Sussex Mental Health 24 hour # 432-2090

Suicidal ideas, anger, grief, and mental health problems

- Gentle Path $ 652-7284
- Family Plus $ 634-8295
- Family Matters $ 849-2777
- Peer 126 (drop-in) 126 Duke Street, SJ 658-5374
- St. Joseph's Community Health Centre 632-5537
- * Chimo 1-800-667-5005
- * Kids Help Line 1-800-668-6868
- Spiritual/ Faith leader

Heart broken, peer pressure, bullying, family problems, relationship with parents, friends, sick parent, separation, divorce

- Parents & Friends of Lesbians and Gays 648-9227
- Afterhours clinics: Crown St. Medical Clinic 635-2273 KV Medical Clinic 849-2273
- Family Doctor/Nurse Practitioner
- Refer to the School Guidance Counselor or Psychologist
- Refer to a person the child will trust (parent or other)

If in school, refer of School Guidance Counselor

Birth control, STI, sexual identity and sexual problems

- HIV Anonymous testing 643-7404
- * Kids Help Phone 1-800-668-6868
- * Sexually Transmitted Infection Help Desk 1-877-784-1010
- Drug Store (if Medication Related)
- AIDS NB/SIDA NB Information 1-800-561-4009 AIDS Saint John 652-2437
- * Telecare 811
- Afterhours clinic St. Joseph's Urgent Care
- The Pregnancy Resource Centre & KV Option Counselling 647-4412
- Family Doctor/ Nurse Practitioner
- School Guidance Counselor
- Sexual Health Centre Saint John 658-3998 SHC Sussex 432-2691 or 1-800-545-8008

Pregnant or possibly pregnancy

- If under 16, legal obligation to report **immediately** to Social Development Services: 1-866-441-4340
- Prenatal Program 1-888-987-6789
- First Steps Transitional House 693-2228
- Birth Parent Services 1-866-441-4340
- SJ Family Resource Centre: 633-2182
- Kings Co. Family Resource Centre: 506-433-2349 or 1-800-573-8800
- Healthy Baby & Me 672-9647
- Public Health 658-2454

Physical, emotional, and sexual abuse, negligence, dating and family violence, harassment, threats, bullying

- * After Hours Emergency Services 1-800-442-9799
- If youth is witness to family violence, there is legal obligation to report.
- Family Court 658-2400
- KV Victim Services 848-6300
- Hampton Victim Services 832-5566 or 1-888-506-7267
- KV Outreach for services in KV, Hampton & Kingston 847-6277
- Refer to: Rothesay Regional Police 847-3333 or Hampton R.C.M.P. 832-5566

Legal problems

- Probation Services 658-3029
- Legal Aid NB 633-6030
- School Guidance Counselor/ School Principal
- Family Court 658-2400
- As it relates to family issues i.e. breakdown
- For information contact Youth Justice in NB @ www.legal-info-legale.nb.ca

Physical health

- Saint John Teen Resource Centre 632-5615
- Afterhours clinics: Crown St. Medical Clinic 635-2273 KV Medical Clinic 849-2273
- * Telecare 811
- Family Doctor/ Nurse Practitioner
- St. Joseph's Community Health Centre 632-5537

Eating disorders

- Association for Community Living 1-866-622-2548
- Big Brothers/Big Sisters 635-1145 Serves Sussex to Chartotte Co.
- Saint John Multicultural & Newcomers Resource Centre Inc. 506-642-4242
- Canadian Mental Health Association 633-1705
- KV Committee for Disabled Persons 849-2974 Community Inclusion 433-2999
- Family Court 658-2400
- Family Enhancement Child Protection 1-866-441-4340
- School Guidance Counselor

Youth & family support

- YM/YWCA 849-5784
- KV Food Bank 847-5854
- Kingston Food Bank 832-7294
- Hampton Food Bank 832-4340
- Saint John P.R.O. Kids 642-7529 Hampton Area P.R.O. Kids 832-6102
- Saint John Teen Resource Centre 632-5615
- Quispamsis Recreation 849-5750
- Rothesay Recreation 848-6606
- Hampton Leisure Services 832-6102

Drug or alcohol problems

- Al-Anon 693-9080 NA 658-0779
- If parents have a problem

Gambling

- Sophia Recovery Centre for females 633-8783
- PASAGE 642-4035
- Ridgewood Addiction Services Detox 674-4300 or 674-4333
- Ridgewood Addiction Services 674-4300
- Portage Atlantic 506-839-1200
- Family Doctor/ Nurse Practitioner
- School Guidance Counselor
- If children have a problem
- Gambling Information Line 1-800-461-1234

YOU ARE A RESOURCE PERSON AND YOU WANT TO HELP A YOUTH: DETERMINE THE PROBLEM AND SEE WHAT YOU CAN SUGGEST: **STARTING WITH ACTIVE LISTENING..**

YOU START HERE

Dec. 2012

* Services available 24 hours; $ fee for service