

PHYSICAL EDUCATION REPORT GRADE ONE

During our second term, children completed a unit in gymnastics as well as a mini games and fitness unit. Our gymnastics unit focused on balancing, travelling, rolling as well as proper landings. Each child had the opportunity to create his/her own balances as well as a routine which was performed for the class.

Along with continued practice of basic loco-motor, manipulative and cooperative skills, students were also introduced to a variety of cooperative games. These games included the use of balls, beanbags, noodles, hoops and deck rings. There has also been a continued emphasis on student listening and practicing safe routines in the gymnasium each day.

Sean Kelley

Physical Education Teacher

Music Grade One 2017

Second term was a lot of fun, starting with our preparations for the Christmas Concert. The children worked very hard and I hope you were as proud of their efforts as I was.

Throughout this term we have continued to spend much of our time hearing and feeling the beat. This continues to be done through songs by clapping and tapping. We have also continued to learn the difference between beat and rhythm. The children are getting very good at identifying different rhythms and are able to read simple rhythmic patterns and recognize them when they are played for them. Of course, all concepts are taught through the songs that we sing, the music that we listen to or the games that we play.

This term we took some time to study Ludwig van Beethoven, who, of course, was our composer of the term. We learned a bit about his life and we studied his Fifth Symphony. Through stories, imagination and a bit of drama, we really learned the music quite thoroughly. The children had a lot of fun and if you hear them going around the house singing, "BaNaNaNaaaaa", ask them what it means and I'm sure they'll tell you something about Beethoven.

It's hard to believe that we are now beginning our final term of the school year. It has been a busy and enjoyable second term and I'm sure that the third term won't be any different. If you have any questions or concerns about your child's progress please don't hesitate to contact me to discuss matters. Also, I will be available during parent/teacher and look forward to seeing some of you.

Mrs. Arlene DesRoches

Music Specialist

