

Physical Education Report Gr. 4-5

During our first two months of school, students have had the opportunity to practice listening skills, following rules and practicing safe routines for participation in our gym.

Weekly fitness lessons have been an important part our focus this term with the goal of students learning about a variety of fitness activities and taking responsibility to improve and build on their own physical fitness now and into the future.

Soccer and many low-organized games have provided students with opportunities to improve individual skills, practice teamwork and to begin to understand basic offensive and defensive strategies. Looking forward to many new and challenging activities as we move into a new part of the school year.

Sean Kelley
Physical Education Teacher

First Term Grade Four 2016

We have had a great start to the school year getting reacquainted with one another and the children seem nicely settled into the daily routine of school. It's hard to believe that the first term is over!

The grade four music program is based almost entirely on learning how to play the ukulele. The ukulele program draws on all the music reading skills learned in the previous grades. We have learned the parts of the ukulele, how to hold the instrument, the open strings of the ukulele and have also learned how to play a simple Halloween song using one chord with some added percussion instruments. The process of learning how to play an instrument is not an easy task and takes time to grasp. Some students will find it easier/harder than others. If your child is having a difficult time this is completely normal. Please encourage them to be patient and time will remedy many of their difficulties. Much practice and repetition of the skills we have learned is needed before the children see the fruits of their labor. I have told the children that it is their attitude and approach to learning something new that is the most important thing to me, especially if they are finding it challenging. A good work ethic is more important to me than how well they play the ukulele, no matter whether the instrument is challenging or not. In the meantime, the children seem to be enjoying themselves.

In addition to learning the ukulele, we also completed a unit on the composer Edvard Grieg and his composition "In the Hall of the Mountain King". We learned a few facts about Grieg's life and through listening and storytelling of the Norwegian folk legend of Peer Gynt we learned the music of In the Hall of the Mountain King. It really was a lot of fun! Time is certainly flying by and we are now starting to prepare for the Christmas concert which is always an exciting time.

If you have any questions or concerns about your child's progress please do not hesitate to contact me. I will be available for parent teacher interviews and I look forward to meeting many of you then.

Mrs. Arlene DesRoches
Music Specialist BMus Ed.