

PHYSICAL EDUCATION GRADE FIVE

March, 2017

During the second term students completed units in gymnastics, fitness as well as a mini cooperative games unit. Our games unit taught the important skills of passing and receiving as well as basic rules, positioning and strategies required for successful participation.

The gymnastics unit allowed students to demonstrate creative expression, rhythmic movement as well as practice important listening and safety skills. These gymnastics activities progressively built muscular strength, endurance, flexibility and balance. Children had the opportunity to create his\her own routines which they performed in class.

Our cooperative games unit focused on teaching a variety of skills and rules as a lead-up to the following games: ultimate frisbee, volleyball and racket sports which we will focus on during our last term. Students were also introduced to outdoor fitness through hiking and walking.

Sean Kelley

Physical Education Teacher

Music Grade Five

Second term had a wonderful start as we prepared for the Christmas Concert. The concert was a huge success and we had a great time working on it. Every grade 5 student had a job to do or contributed in some way to the concert and I was very proud of them. Their song and dance was amazing!

This term we did an extensive unit on the families of instruments and discussed the choices that will be available to the children should they want to learn how to play an instrument in the Middle School band program next year in grade six. The children have been tested on possible instrument choices and the end goal is that everyone will have at least 2 possible instruments that would be wise for them to play. I want the children to be informed about future opportunities that will come their way next year should they decide to take advantage of what will be available to them. As of right now we have finished looking at the woodwind instruments available to them and are now looking at the brass instruments, so this unit will carry over into the third term before we finish up.

Also this term, we completed a unit on the composer Ludwig van Beethoven. We studied a bit about his life and we also studied his Fifth Symphony. We used story, imagination and a bit of drama as we learned, so if you hear your children singing “BaNaNaNaaaa”, ask them what they learned about Beethoven.

It is my hope that this final term will continue to be a positive learning experience for the students. We will soon begin preparations for various year end activities which I’m sure will be a happy/sad time of year for everyone as the Elementary years come to an end.

If you have any questions or concerns about your child please come to see me on Thursday evening or Friday morning for an interview or call me if that is not convenient for you and we will set something else up.

Mrs. Arlene DesRoches

Music Specialist