

Physical Education Report Gr. 4-5

During our first two months of school, students have had the opportunity to practice listening skills, following rules and practicing safe routines for participation in our gym.

Weekly fitness lessons have been an important part our focus this term with the goal of students learning about a variety of fitness activities and taking responsibility to improve and build on their own physical fitness now and into the future.

Soccer and many low-organized games have provided students with opportunities to improve individual skills, practice teamwork and to begin to understand basic offensive and defensive strategies. Looking forward to many new and challenging activities as we move into a new part of the school year.

Sean Kelley
Physical Education Teacher

First Term Grade Five 2016

The school year is off to a great start and everything seems to be running quite smoothly. It's hard to believe that the first term is over!

As a follow up to last year's ukulele program, and in preparation for the middle school music program next year, most of this term has been spent on note recognition on a music staff. We have studied and played numerous games to facilitate ease at recognizing notes on a staff. Next year, in middle school, the students will have the opportunity to learn to play a band instrument and they will need to be able to read music. This will allow them to do so with ease.

As well, we also completed a unit on the Norwegian composer Edvard Grieg and his composition "In the Hall of the Mountain King". We learned some facts about his life and through storytelling of the Norwegian folk legend of Peer Gynt, and listening, the children now know the music of In the Hall of the Mountain King quite well.

Now we are approaching the Christmas season, so our main area of focus will be the upcoming Christmas concert. This will be your child's last elementary school concert and the grade 5's will be responsible for all roles involved in running the show. I am very excited and so are they.

If you have any questions or concerns about your child I will be available for parent- teacher interviews and I look forward to meeting many of you.

Mrs. Arlene DesRoches
Music Specialist BMus Ed.