

Physical Education Report K-1

During the first two months of school we have focused on student listening, following directions and practicing safe routines for participation in a gymnasium setting.

We have completed several lessons practicing a variety of loco-motor skills including jumping, hopping, skipping and running. Moving safely in the gym, changing direction, finding personal space and being in control have been important parts of every lesson.

Students have had the opportunity to practice many hand-eye coordination activities using beanbags, scarves, balls and hoops. Looking forward to many new activities as we head into a new part of the school year.

Sean Kelley

Physical Education Teacher

First Term Kindergarten 2016 Music

Please allow me to introduce myself to you. My name is Mrs. Arlene DesRoches and it is my absolute pleasure to be your child's music teacher. We have had a great start to the school year and your children seem to have adjusted quite well to their new routine of school. It's hard to believe that their first term of Kindergarten is over. My how time flies.

In keeping with the specific curriculum outcomes for kindergarten music, most of our time this term has been spent on hearing and feeling the beat. This is done through songs by clapping, tapping and moving. As well, we have spent a great deal of time learning about the comparatives: high/low, loud/soft and fast/slow. Also, as we sing songs I focus on singing in tune and working towards that end. Through our songs and musical games the children are taught how listen and follow instructions as well as the difference between a speaking voice and a singing voice.

This term we studied the composer Edvard Grieg and learned about his composition "In the Hall of the Mountain King". The children learned some facts about Grieg's life and through the story of the Norwegian folk legend Peer Gynt, they learned the music of In the Hall of the Mountain King. It really was a lot of fun. Now we are beginning preparations for our school Christmas concert, which, of course, will be exciting as it will be the children's first elementary school concert.

It has been a wonderful first term. They children seem to be enjoying themselves each time they come to music. I already see a difference in them since they started school in September. In just a few short months they have grown up.

I will be available for parent-teacher interviews and hope to meet many of you then. Please don't hesitate to contact me if you have any questions or concerns.

Mrs. Arlene DesRoches

Music Specialist BMus Ed