

Daily Choice Meals

	Monday	Tuesday	Wednesday	Thursday	Friday
Meals Week 1 Begins September 29-Oct 3 \$5.00 /\$5.50 with milk	Quesadilla, Rice & Veggies	Pasta & Salad	Chilli & Salad	Tacos & Rice	Stirfry & Rice
Meals Week 2 Begins October 6-10 \$5.00 /\$5.50 with milk	Meatballs, Rice & Veggies	Lasgna & Salad	Pulled Pork, Mashed Potatoes & Veggies	Shepards Pie & Salad	Chicken, Rice & Veggies

The Items listed below Are available every day

Breakfast	Breakfast Sandwich \$3.00	Hash Browns \$2.00	Pizza Rolls \$1.40		
Fast Forward	Muffins \$1.00	Banana Bread \$1.25	Brownies /Cookies .60	Cinnamon Bun \$1.50	Rice Krispie Squares \$1.25
Ready, Set, Deli	Various Wraps \$3.95-5.00	Various Dips & Hummus	Variety of Salads		
Crust & Stuff	Pizza \$3.00 Every other day	Garlic Rounds \$ 3.75			
Grab-a-Snack	Hamburgers \$3.00 (Every other day) Chicken Burgers \$3.50 (Every other day)	Wraps \$3.95-5.00	Sandwiches \$2.50-3.00	Perogies	Perogies
On-the-Go	Soup -Daily \$3.10	Salads, Veggies & Dips	Fruit	Baked Chips/Puddings	