

# 2021

# chartwells

eat. learn. live.



Meal price \$6.00 with Milk

Monday

Tuesday

Wednesday

Thursday

Friday

**Week 1**

October 11 - 15  
November 8 - 12  
December 6 - 10  
January 3 - 7  
Jan 31 - Feb 4  
Feb 28 - March 4  
March 28 - April 1  
April 25 - 29  
May 23 - 27  
June 20 - 24

Chicken Snack  
Wrap with  
Caesar Salad

Beef Lasagna  
with Garlic Toast

Chicken Quesadilla  
with Veggie Sticks

Penne Pasta with  
Meat Sauce &  
Caesar Salad

Hamburger &  
Roasted Potato  
Wedges

**Week 2**

October 18 - 22  
November 15 - 19  
December 13 - 17  
January 10 - 14  
February 7 - 11  
March 7 - 11  
April 4 - 8  
May 2 - 6  
May 30 - June 3

Macaroni &  
Cheese with  
Veggies & Dip

Pancakes with  
Grilled Ham and  
Fruit

Cheesy Tomato  
Penne Pasta with  
Caesar Salad

Shepherds Pie  
Bowl with Steamed  
Carrots

Sweet & Sour  
Meatballs, Stir  
Fried Veggies &  
Brown Rice

**Week 3**

October 25 - 29  
November 22 - 26  
December 20 - 24  
January 17 - 21  
February 14 - 18  
April 11 - 15  
May 9 - 13  
June 6 - 10

BBQ Chicken  
Drumstick,  
Mashed Potato &  
Apple Slaw

Chicken Snack  
Wrap with Caesar  
Salad

Baked Beef-a-Roni  
with Caesar Salad

Cheese Pizza Slice  
& Cucumber Slices

Sloppy Joe with  
Roasted Potato  
Wedges

**Week 4**

November 1 - 5  
Nov 29 - Dec 3  
January 24 - 28  
Feb 21 - 25  
March 21 - 25  
April 18 - 22  
May 16 - 20  
June 13 - 17

Grilled Cheese &  
Chicken Noodle  
Soup

Soft Tacos,  
Mexican Rice and  
Corn

Sweet & Sour  
Chicken Rice Bowl  
with Stir Fried  
Veggies

Chicken Fingers  
with Veggies & Dip

Cheeseburger &  
Sweet Potato  
Wedges