

**Bon Vivant’s Packing List**

Here is a list of packing items that we’ve put together to help you prepare for the tour. We have also included a few tips that have helped students and teachers on previous tours!

**Packing Tips**

* Since you will be walking a lot, comfortable shoes are essential.
* Make sure that your luggage is light enough so that you can carry it on your own.
* You may want to take a look at the weather forecast right before packing, so that you can plan accordingly.
* You may also want to save some space for gifts and souvenirs upon your return from the tour.
* Shampoo, conditioner and soap will be available at your hotel. Not bringing your own can save space and weight.

**Items**

* Comfortable walking shoes (running shoes and or sandals)
* Shirts and t-shirts
* Shorts, pants and jeans
* 1 pair of nicer pants/dress for dinner or boat cruise
* Socks and underwear
* Night wear
* Raincoat/wind breaker/small dollar store plastic rain poncho
* Compact umbrella (if there is forecast for lots of rain)
* Toothbrush and toothpaste
* Deodorant
* Hairbrush or comb
* Sunscreen and sunglasses
* Hat or cap
* Contact lenses and solution (if applicable)
* Soap and shampoo (unless you choose to use the ones provided by the hotel)
* Medication (if applicable)
* Alarm clock
* Watch
* Water bottle
* Small day pack to carry a sweater/umbrella, water bottle, etc.
* Camera with memory cards and battery charger
* Wallet, with a bit of cash and/or gift cards and/or a debit card \*\*\* It is strongly recommended that you set up a Debit Card **now** if you do not already have one. It takes several weeks for the card to arrive in the mail.
* Medicare card
* Travel insurance (If applicable: company, policy number and phone number in case of emergency)
* Friends and family’s addresses in case you want to send them postcards while on tour