

Sexually Transmitted Infection Help Desk 1-877-784-1010 **HIV Anonymous** testing 643-7404 Action Canada for Sexual Health & Rights (ACCESS) 1-888-642-2725 Clinic 554 (Fully inclusive clinic) Transgender / I-855-978-5434 / www.clinic554.ca Gender Identity After hours Medical Clinics www.TransLifeline.org KV Medical clinic 849-2273 1-877-330-6366 Motherisk URU 1-877-439-2744 Atlantic Support & Action Group Pharmacy (if Medication Related) info@ubuatlantic.com Parental Benefit Program 1-888-987-6789 PFLAG Canada Telecare 811 I-888-530-6777 ext.555 Local: 609-3464 Ask for Birth Parent Services 1-866-441-4340 AIDS NB/SIDA NB St. Joseph's Urgent Care Info. 1-800-561-4009 (9am-8pm) 632-5555 AIDS Saint John 652-2437 SJ Family Resource Ctr. 633-2182 Kings Co. FRC 433-2349 www.sexualityandu.ca 1-800-573-8800 The Pregnancy Resource Centre crisis 647-4412 / day 634-1867 Egale Canada 1-888-204-7777 First Steps Transitional House www.egale.ca 693-2229 Family Doctor / Nurse Practitioner LGBT Youthline Canada 1-800-268-9688 or text 647-694-4275 Sexual Health Centre Saint John 658-3998 Public Health - 658-2454 LGBTQ Resource Sussex 432-2003 / 1-800-545-8008 www.mygsa.ca Comm. Disease line - 658-5188 GBTQ - Lesbian, Gav Birth control, Pregnant or possib icy, Sexually Transmitted Infections (STI)

Once you've identified the need.

for each (white boxes) and find the one that feels right for you.

look at the support services listed

Take a look at the vellow boxes at the

bottom of the Helping Tree and

identify the need.

Assault Crisis Centre 1-506-454-0437 www.fsacc.ca Saint John Law Courts Family Division 658-2400 Hestia House 634-7570 John Howard Society 657-5547 KV Domestic Violence Outreach 847-6277 Saint John Victim Services 648-3269 Domestic Violence Outreach Crisis line 632-5616 Refer to: Kennebecasis Reg.Police 847-6300 Hampton R.C.M.P. 832-5566 emergency If youth is witness to family violence, there

is legal obligation to Youth Team 658-3737 If under 16, legal obligation to report IMMEDIATELY to Saint John Law Courts Family Division Social Development 658-2400 Services 1-866-441-4340 For information contact After Hours Youth Justice NB @ **Emergency Services** www.legal-info-legale.nb.ca 1-800-442-9799

For more information about these ressources **Human Development Council** 636-1673 www.sjhdc.ca 🖄 youthspace.ca 🕵 30 yrs and under / 10 p.m. - 4 a.m. any type of needs text 778-783-0177 **NB Human Rights** 1-888-471-2233 St. Joseph's Urgent Care (9am-8pm) 632-5555 **Probation Services** 658-3029 After hours Medical Clinics University Ave 657-9355 Legal Aid Services NB Crown Street 633-6030 635-2273 Westside Clinic 693-2273 Millidgeville School Guidance National 642-3627 Counselor / Principal Eating Disorder Helpline

ISD Child and Telecare 811

> Family Doctor/ Nurse Practitioner

St. Joseph's Community Health Centre 632-5537

1-866-633-4220

Identify the need, then the resource.

Protection 1-866-441-4340 RiverCross Church Outreach 642-8060

Call Addictions & Mental Health Services between 8:15am & 4:30pm - 658-3737

1) Mobile Mental Health Crisis Service line 24hrs - 7 day/week - 1-888-811-3664 2) Mobile on-site visit only 8:15am-Midnight for immediate assistance 1-888-811-3664

3) Call / go to SJRH Emergency Dept 648-6000

Fresh Start Services 638-1409

Food Banks KV 847-5854

Hampton 832-4340 East 633-8298

Homeless Youth 16-19 years old

Family Enhancement Child

PRUDE 634-3088

Quispamsis Rec. 849-5750 Rothesay Rec. 847-6363 Hampton Leisure Services 832-6102

Association for Community Living 1-866-622-2548

Big Brothers/Big Sisters 635-1145 (Serves Sussex to Charlotte Co.)

Saint John Multicultural & Newcomers Resource Centre 642-4242

18 and over Outflow Men's Coverdale Centre

Saint John Ability Advisory Committee cathy@optionsoutreach.com

Saint John Law Courts Family Division 658-2400

Teen Resource Centre 12-24vrs Oasis Rm Laundry&Shower 632-5531

School Guidance Counselor ISD Child and Youth Team 658-3737

Smokers Helpline 1-877-513-5333 smokershelpline.ca

Narcotics Anonymous 1-800-564-0228

Alcoholics Anonymous (AA) 650-3114

Sophia Recovery

Centre for females

633-8783

Al-Anon

634-8779

Portage Atlantic

Community Health Centres (CHC)

· St. Joseph's 632-5537 Market Place Wellness

The Work Room

1-855-412-3330

674-4335 Hope Centre 632-5695

 North End Wellness New-c 649-2704

Ridgewood Addiction/ Detox Services Médisanté Saint-Jean 19yrs and up 648-8020 674-4300 or 674-4333

Youth Centre 12-25yrs 847-2383

14-21yrs 1-506-839-1200 1-888-735-9800

Saint John Regional **YMCA** 693-9622

Gambling Help/info line 1-800-461-1234

Family Doctor/

Saint John P.R.O. Kids

Nurse Practitioner School Guidance

City of Saint John Growth & Community Development 658-2908

Counselor & ISD Child and Youth Team 658-3737



access the info anywhere

on your smartphone!

Kennebecasis Valley/Hampton