# February



2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	Have you played GOLDRUSH?	4 Gr. 1 & 4 Skating –12:45	5 Gr. KA & 3A Skating- 10:15 Drama 3-4:00-Gr. 3-5	6 Curling Welcome to K 6:00PM	7 Day 100 Tacos Dress Down day for Big Brothers Big Sisters Yellow Shirt Day Gr. KB & 3B Skating-	8
9 Kiwanis Costume Carnival 2-4PM-Arena	10	11 Gr. 1 & 4 Skating –12:45	12 Gr. KA & 3A Skating- 10:15 Drama 3-4:00-Gr.3-5	13 Curling	10:00 Gr. 2 & 5 Skating-12:45 14 Parfaits by the H&S Pizza Gr. KB & 3B Skating- 10:00	15
16	17 No School NB Family Day Holiday	18 Gr. 1 & 4 Skating –12:45	19 Gr. KA & 3A Skating- 10:15 Drama 3-4:00-Gr.3-5 6:30 Home & School	20 Curling PSSC 6:30PM	Gr. 2 & 5 Skating-12:45  21  Tacos Gr. KB & 3B Skating- 10:00 Gr. 2 & 5 Skating-12:45	22
23 Winter Carnival Week	24 PJ Day	25 VMES Red& Black Day Gr. 1 & 4 Skating –12:45	26 Book Character Day Gr. KA & 3A Skating- 10:15 Drama 3-4:00-Gr.3-5	27 Crazy Hair Day Curling Assembly	Pizza Sports Day Gr. KB & 3B Skating- 10:00 Gr. 2 & 5 Skating-12:45	29

Math Goals:

Literacy Goals:



# February News

Power of Kindness: Last fall, Hannah Taylor author of Ruby's Hope, a story that inspires hope and caring and empowers its readers to get involved and "make change", at any age was a guest speaker at the Youth MakeChange in their community event hosted by Fundy Wellness Network. The Saint John Medical Society and Fundy Wellness Network purchased a copy of Ruby's Hope for each of our elementary schools.

The **Fluoride Mouth Rinse Program** will not have any more fluoride rinse available this year, but we do have some fluoride left at VMES.

Brushing with toothpaste that has fluoride, flossing and visiting a dentist regularly can help a child maintain healthy teeth and gums.

### **Kindness Matters**

VMES will be taking part in the Great Kindness Challenge during the week of Feb. 24-Feb. 28. During this week, a checklist will go home with 50 kind deeds on it, and students are challenged to complete as many as they can throughout the week. We will also be doing some challenges and activities right here at school. With kindness, comes strength. Thank you for supporting kindness at VMES!

### **Emergency Protocol**

Students practice fire drills and lock down procedures to ensure everyone knows what to do in case of an emergency. Parents are reminded that they are to go to the arena which will become a staging area for parents to be updated on what is taking place. Please avoid coming to the school in case of an emergency

# **Important Dates:**

Welcome to K night- Feb. 6 at 6:00pm Family Day - Feb 17-No School Winter carnival- Feb. 24-28 March Break- March 2-6

Thank you VMES Home & School for providing skating for all children for 4 weeks.

## **Tasty Thursdays**

Thanks to all families that help provide a class snack. This healthy snack is available to students first thing in the morning. Muffins, rolls, fruit and veggies make a great start to the day for students.

#### Celebrations

Birthdays and other special occasions are important to children and we respect that having a party is one way to celebrate your child's achievements. In our efforts to strengthen inclusionary practices, we would ask that party invitations be mailed out or delivered from home. If you are inviting the entire class to a party or event, we are happy to pass them out at school. We appreciate your participation in helping us foster compassionate students at VMES!

# Kindergarten Registration

If you have, or know of, children who are starting kindergarten in Sept. 2020, please contact the school at 529-5011 to register them.