



Elementary/Middle Menu 2019-2020



| Meals \$6.00 | Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|--|---|---|
| | Spaghetti With Home Made Meatballs Or Marinara Sauce Fruit of the Day Milk | Homemade Pancakes topped with Berries, with or without Ham Slice, Cucumber Slices Milk | Homemade Baked Chicken Strips, Wedges, Mixed Vegetables, Fruit of the Day Milk | Home-style Meat or Veggie Lasagna with Salad, Fruit of the Day Milk | Sweet and Sour Meatballs served on Noodles, with Stir-Fried Veggies Fruit of the Day Milk |
| | <p>Choice of: Pizza Slice, Homemade Hamburger, Grilled Chicken Burger, Grilled Chicken Snack Wrap, Ham & Cheese Sandwich, Chicken Salad Sandwich, Egg Salad Sandwich, Grill Cheese Sandwich or Soft Beef Taco</p> <p>Served with Veggie Sticks Or Garden Salad and Fruit of the Day & Milk</p> <p>\$6.00 \$6.00</p> | | | | |
| <p>Daily Options</p> <p>All meals made with local meat and produce</p> <p>If ordering on-line, please pre order all your meals before 7:45 am</p> | | | | | |

www.schoollunchorder.ca



When ordering online cut off is 8PM for same Day Lunch