

Kids Have Stress Too!

How can we help them?

A Psychology Foundation of Canada program for parents with children from preschool to age nine.



Find out how to recognize, reduce and prevent stress in children.

WHERE: MILLTOWN ELEMENTARY SCHOOL

WHEN: THURS, OCT 23, OCT 30 & NOV 6 (6:30 PM – 8:30 PM)

Light refreshments provided.

To register, contact Cathy Halstead at 466-7362 or cathy.halstead@nbed.nb.ca

If you would like to attend but need help with transportation or childcare, we can help – contact Cathy Halstead, Community Schools Coordinator.

www.kidshavestresstoo.org