CELEBRATE!

November: Kindness Matters

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| What are all of the synonyms you can list for the word kindness? | What is your definition of kindness? | Being Fluent in Kindness advocates being kind to others, being kind to yourself and being kind to our planet. Discuss how you can be kind. | Mission Possible! \*  (Class Activity) |
| Create a kindness chain to encourage discussion. | Find ways to smile it forward with kindness. | Be a Kindness Spy- recognize acts of kindness. | Learn more about Kindness Challenge 2016…what can your class do?\* |
| Create a Kindness calendar | Create a class Kindness Tree | How have you helped fill a bucket full of kindness today? | Display the letters K I N D N E S S and see how many “nice” words you can make. |
| Create a Kindness Graffiti Wall\* | Become a class of Character Ambassadors\* | Kindness is like the domino effect. Explain. | Write a class fable with the theme “Let us be kind because it matters!” |

Resources (\*)

Kindness Challenge: <http://kindnessmattersblog.org/>

Kids for Peace: [http://kidsforpeaceglobal.org/events\_overview.html](http://kidsforpeaceglobal.org/events_overview.html%20%20%20%20)

Mission Possible ~ Class Challenge: <http://www.thinkkindness.org/classroom-kindness-activities/>

Pinterest Kindness activities: <https://www.pinterest.com/sjww/teaching-kindness/>

Kindness Graffiti Wall: <https://www.randomactsofkindness.org/additional-classroom-materials/409-kindness-graffiti-wall>

Character Ambassadors: <https://www.randomactsofkindness.org/additional-classroom-materials/434-character-ambassadors>