Social Studies 7

Chapter 1

***Empowerment***

* ***Empowerment*** – the ability to make choices and decisions that affects them and their world. It gives a sense of control over their lives.

**How can you be empowered?**

* Volunteer
* Work
* Make friends
* Learning
* Know when and where to ask for help
* Know your rights and responsibilities

***Example:*** In our community, police officers would be empowered.

People who have no say in decisions that affect them are ***dis or un-empowered***.

**The Canadian Charter of Rights and Freedoms**

**Rights** are things that every person is allowed to be, do or have because they are a human being.

**Freedoms** are the right to act, speak, or think.

**All people in Canada have the right to:**

1) help choose a government

2) live in any part of Canada they choose

3) be treated fairly under the law

4) be protected from discrimination

5) be educated in French or English

***Authority and Power***

**Authority**: The right to make decisions in a particular situation.

**Power**: The ability to do something or act in a particular way.