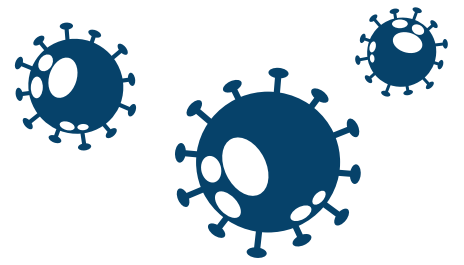# Coronavirus (COVID-19)
PUBLIC HEALTH ADVICE

PROTECT YOURSELF AND OTHERS FROM GETTING SICK:

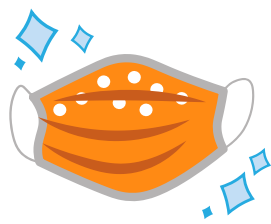Wash your hands often with soap or hand sanitizer

Elbow cough/ sneeze

Avoid touching eyes, nose, mouth with hands

Cleaning surfaces properly

A community face mask can help reduce the transmission of respiratory illnesses, including COVID-19

Stay home if you are sick
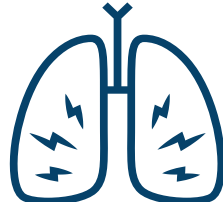
Avoid contact with sick person

SYMPTOMS INCLUDE:

Fever above 38 degrees Celsius

A new cough, or worsening chronic cough

Difficulty breathing

Runny nose

Sore throat
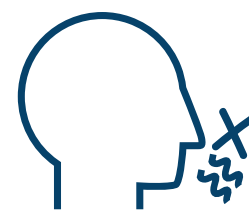
Headache

A new onset of fatigue

A new onset of muscle pain

Diarrhea

Loss of sense of taste

Loss of sense of smell

In children, purple markings on the fingers and toes

July 27th, 2021

FEELING SICK OR HAVE CONCERNS?

CALL **TELE-CARE 811 BEFORE** YOU PRESENT AT YOUR HEALTHCARE PROVIDER'S OFFICE OR THE EMERGENCY ROOM

For the latest information visit: **www.gnb.ca/coronavirus**

New Nouveau Brunswick