

	GOVERNANCE POLICIES
Policy Type	Ends Results
Policy Name	Healthy Living
Policy Number	ASD-W-ER2.3
Effective Date: September 20, 2012	Revised: October 23, 2014; May 19, 2016, September 22, 2016, November 16, 2017

<p><u>Policy:</u></p> <p>The Council believes effective learning and teaching are enhanced through healthy living practices. Therefore, students will benefit from learning opportunities and programs that support healthy living, which includes but is not limited to mental health, nutrition, and physical activities in all facets of school.</p> <p>All members of the school community, including school staff, food service providers, parents and students will be involved in achieving the goals of this policy.</p>
<p>Accordingly, the district will demonstrate the following outcomes:</p> <ul style="list-style-type: none"> • Student demonstrate good mental health practices and access support services as needed. • Students have access to the nutrition they need to learn. • Parents have information on healthy living. • Food service providers are providing healthy choices at competitive prices for students and staff. • Students and staff demonstrate active living practices in schools.

MONITORING:

Method(s)	Frequency	Month
<ul style="list-style-type: none"> • Superintendent Report 	<ul style="list-style-type: none"> • 1 Time per year 	<ul style="list-style-type: none"> • February