

THE VIRTUE OF THE WEEK IS FRIENDLINESS

What Friendliness Means

- *Friendliness is being a friend.*
- *It is taking an interest in other people.*
- *It is going out of your way to make others feel welcome or make a stranger feel at home.*
- *When you are friendly, you happily share your belongings, time, ideas, and feelings.*
- *You share the good times and the bad times together.*
- *Friendliness is the best sure for loneliness.*

You Are Practicing Friendliness When You

- *Like yourself and realize you have a lot to offer.*
- *Smile and greet someone you don't know.*
- *Get to know someone and let them get to know you.*
- *Show an interest in others.*
- *Show caring when a friend needs you.*
- *Are friendly to people who look and act different.*

AFFIRMATION

*I am friendly. I smile and greet people. I show an interest in others.
I like myself and know that my friendship is worth a lot.*

Source: The Virtues Project Educator's Guide (by Linda Kavelin Popov)