

June 2017

LAST DAY OF SCHOOL

Friday, June 23, is the last day of school for students before summer break. We have received confirmation from the district that it will be a half-day for students. Busses will depart from KCS at approximately 11:30am.

GRADE 5 HERITAGE FAIR SHOWCASE

Our Grade 5 students will be showcasing their Heritage projects on Thursday, June 8. Please drop-in to view their work between 1:00pm and 2:00pm.

KCS CLEAN-UP/PSSC UPDATE

We love our little school, and we take great pride in keeping it clean. Please bring your rakes and gloves and help us clean up our yard...



- Saturday, June 10
 - 10am-12pm (any amount of time is appreciated)
- "Many hands make light work..."**

GRADE 5 CELEBRATION

There will be a ceremony for Grade 5 students and their families on Friday, June 16, to celebrate the time they have spent at KCS. The ceremony will begin at 10:45am. Additional information regarding "Grade 5 Celebration" was sent home in May. If you have any questions, please contact the school office.

KCS DRAMA CLUB

KCS' Drama Club will be presenting "Super Summer Camp Calamities" for the school at 10:15am on Wednesday, June 21. Families are welcome to attend their performance!

KCS ART OPEN HOUSE

KCS will be hosting an Art Open House on Wednesday, June 21, from 10:50am to 11:10am. Students' artwork will be on display throughout the school.



KCS FAMILY PICNIC/PARENTS FOR KINGSCLEAR (P4K)

Families are invited to eat lunch with their child/children on Wednesday, June 21. P4K will be providing free hot dogs and hamburgers for our families. The picnic will begin at 11:10am.

"KCS FAMILY" BRACELETS

"KCS Family" bracelets may be purchased at the school office for \$3.00 each.



JUNE HEALTH NOTE - SAFE SUMMER SWIMMING

Walking, hiking, biking, and swimming are all great summer activities. Safety is of utmost importance when doing these activities to ensure your child reaps the benefits of being active without injury. Water safety is a must as drowning and water related accidents are the leading cause of death and injury for Canadian children.

Practice these safety tips when your child is around open water:

- Keep your child within your sight and easy reach when they are in or around open water. Stay within arms-reach

of any child that does not swim well and any children under the age of 5 years old.

- Do not rely on older siblings or friends of your child to keep them safe. Older siblings can often misjudge the depth of water or strength of currents, putting both themselves and younger children at risk.
- Learn how to swim or ensure an adult who is able to swim is around when your child is in the water.
- Ensure that young children and weak swimmers wear life jackets when swimming or boating. The lifejacket should be the appropriate fit for your child's weight. Buckle the jacket and use all of the safety straps to make sure they do not slip out of the lifejacket.
- To make sure your child is safe when at your cottage, secure a play area away from the water that is secured by a fence at least 1.2m or 4-feet high. It only takes a brief period of time when you are not watching for your child to get to the water.
- Make sure your child has taken swimming lessons. Supervision is still needed when they are around the water even if they can swim.
- Teach your child about the hazards of currents in water and help them understand why they cannot do certain things when they are in or around the water.

Practice these safety tips when your child is around water at playgrounds or water attractions:

- Always supervise your child.
- Teach rules for safe play, the importance of walking rather than walking, and taking turns using the equipment.
- Ensure they wear the appropriate water footwear (to prevent cuts and scrapes).
- Make sure damaged or broken equipment is reported so it can be fixed.
- Pools and ponds at home should be fenced on all 4 sides to prevent drowning.
- Empty wading pools and home playground water features after each use.

Adapted from: <http://www.parachutecanada.org/injury-topics/topic/>

Healthy Learners in School Program
Anglophone West School District
June 2017

RECIPE OF THE MONTH

Orange Creamsicles

- 1 cup frozen orange juice concentrate
- 2 cups water
- 1 cup 0% Greek yogurt
- 3 tablespoons honey
- 1 teaspoon vanilla extract



Blend ingredients together and pour mixture into popsicle molds. Insert stick and freeze until solid.

Recipe Found At:

<http://www.todaysparent.com/recipes/healthy-popsicle-recipes/image/5/>

JUNE 2017				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Track & Field 9:30am-12:00pm (Nashwaaksis Middle School)	2
5 Year-End Field Trip: Green Hill Lake Camp	6	7	8 Grade 5 Heritage Fair Showcase 1:00pm-2:00pm	9 World UNBound Presentations
12 SPCA Presentation for Grade 5 Students	13	14	15	16 Grade 5 Celebration 10:45am
19	20	21 Wacky Wellness Wednesday: School Spirit Day (no charge) Drama Production for Families 10:15am- 10:45am Art Open House 10:50am- 11:10am Family Picnic 11:10am- 12:10pm	22	23 Last Day of School for Students (Half-Day)
<u>Dates to Remember:</u> June 10 – KCS Clean-Up Day (10:00am-12:00pm) September 5 – First Day of School September 13 – Picture Day				

Have a great summer! 😊