

October 2017

KCS WEBSITE

Please refer to our school website for important dates and information regarding KCS (<http://kingsclear.nbed.nb.ca/>).

COMMUNICATION BAGS/FOLDERS

Every student received a communication bag and a communication folder at the beginning of the school year. We will be using these items to communicate important information home. Please be sure to check these items on a daily basis.

STUDENT FEES

Student fees were due on September 29. If you have not paid the fee, please do so as soon as possible. Cash and cheque payments will be accepted. Please make cheques payable to *Kingsclear Consolidated School*.

Kindergarten: \$60.00 per Student

Grade 1-5: \$50.00 per Student

TERRY FOX WALK

Our school participated in a Terry Fox Walk last month. Our school received \$55.00 in donations. We will be giving those funds to the Terry Fox Foundation.

K-5 TRIP TO RIVERVIEW ORCHARDS

Our students will be travelling to Riverview Orchards on Tuesday, October 17. The cost of this trip is \$5.00 per child. Please send payment to your child's teacher by Wednesday, October 11. P4K will be covering the cost of bussing.

"FAMILY PIZZA DAY" FUNDRAISER

Support our school and receive free pizza when you order \$25.00 or more online through Papa John's Pizza (Smythe Street location only)! On "Family Pizza Days", KCS will receive 20% of your online order when you use promo code **KCS**. Plus, the day after you place your \$25.00+ order, you will receive 25 Papa Rewards Points which can be redeemed for a large 3-topping pizza! For more information, please visit pizzafundraiser.ca. This month's "Family Pizza Day" will be held on Thursday, October 19. Thank you for supporting our school!



HALLOWEEN FUN NIGHT

Parents for Kingsclear is inviting all ghosts, superheroes, and princesses to visit KCS for Halloween Fun Night on Friday, October 27, from 6:00pm to 8:00pm. P4K is brewing up a super fun time with Halloween themed games and treats for KCS students and their siblings (ages 4-12)! Cost is \$10/child. Proceeds will be used where needed for educational purposes, initiatives, etc.

HEALTH NOTE

Keeping Kids Safe and Active

Walk Safe:

- Teach kids at an early age to look left and right and left again before crossing a road.
- Always walk with young children when crossing roads, parking lots, and traffic areas.
- Cross the street at corners using traffic signals and crosswalks.
- Walk on sidewalks and pathways. If there are no sidewalks, walk facing traffic as far away from cars as possible.
- Keep phones down and heads up while walking.
- Make sure you can be seen when walking. Look at the driver's face to make sure they see you before crossing in front of a car, and wear bright clothing.

Bike Safe:

- Protect your head by wearing a helmet. The 2V1 rule for helmet fitting: 2 fingers above eyebrows, straps form a "v" under ears, no more than one finger space between strap and chin.
- Check your ride. Make sure the bike is the right size for the rider, tires are inflated, and brakes work well.
- Be prepared. Know the rules of the road.

- Stay on the right side of the road in the same direction as traffic. Bike in single file.
- Check your child's skill level before allowing them to ride by themselves on the road. This will depend on their experience, environment, development, and age.
- Be seen and heard. Make sure drivers can see you at all times, wear bright clothing, and use reflectors and a working bell.

Other Wheeled Activities:

- Wear the right helmet for activity. There are special helmets for skateboarding and longboarding.
- Always wear the gear: wrist guards help prevent broken bones and sprains; elbow and knee pads should be worn for in-line skating.
- Be seen.

Parachute Canada: <http://www.parachutecanada.org/>



"KCS FAMILY" BRACELETS

"KCS Family" bracelets may be purchased at the school office for \$3.00 each.

RECIPE OF THE MONTH

Pumpkin Spice Mason Jar Oatmeal

Ingredients:




- ¼ cup old fashioned oats
- ¼ cup pumpkin pie filling
- 1 tablespoon Greek yogurt
- ½ cup milk
- pinch cinnamon
- pinch nutmeg

Instructions:

Combine all ingredients in a mason jar. Place lid on jar and shake. Place in fridge overnight. Eat cold or take lid off and warm in microwave for 1 minute.

Recipe Found at: <http://www.breakfastforlearning.ca/wp-content/uploads/2013/06/Pumpkin-Spice-Mason-Jar-Oatmeal.pdf>

OCTOBER 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Wellness Week	3 Wellness Week K-5 Wellness Walk	4 Wellness Week Cross Country Meet at New Maryland Elementary School 1:15pm-2:15pm 	5 Wellness Week PSSC Meeting 6:00pm P4K Meeting 7:00pm	6 Wellness Week Healthy Snack for Each Class Lunch: Papa John's Pizza (Pre-Purchased Orders Only)
9 Thanksgiving Holiday 	10 Fire Prevention Week 2018-2019 Kindergarten Registration	11 Fire Prevention Week 2018-2019 Kindergarten Registration Cross Country- Districts at Nashwaaksis Middle School 1:15pm-2:15pm	12 Fire Prevention Week 2018-2019 Kindergarten Registration	13 Fire Prevention Week 2018-2019 Kindergarten Registration Lunch: Pita Pit (Pre-Purchased Orders Only)
16 Safe Schools Week School Lockdown Drill	17 Safe Schools Week K-5 Trip to Riverview Orchards 	18 Safe Schools Week	19 Safe Schools Week School Fire Drill with Evacuation to Alternate Site "Family Pizza Day" Fundraiser for KCS at Papa John's Pizza (Smythe Street Location) 	20 Safe Schools Week Bus Evacuation Drill Lunch: Papa John's Pizza (Pre-Purchased Orders Only)
23 School Picture Retakes 	24 Early Dismissal – Professional Learning (11:20am Dismissal)	25	26	27 Lunch: Pita Pit (Pre-Purchased Orders Only) Halloween Fun Night 6:00pm-8:00pm \$10.00 per Child
30	31 Wacky Wellness/ Spooktacular Tuesday: Dress in Halloween Colors - Orange/Black/Purple (No Costumes) \$1.00 per Student Happy Halloween 