McADAM ELEMENTARY SCHOOL

MONTH: MAY 2021

Respect Yourself, Respect Others, Respect Community



The April showers are going to bring May flowers. Thanks to David Blair we have some flower beds on the side of the school. Each class will plant vegetables or flowers in the beds.



The Wake-up Wednesday fundraiser was a great success. Altogether on both days we made \$482. Thanks to the Home & School for organizing it and thanks to Railside café for partnering with us on the fundraiser.



Pre-K Day

On Friday, May 28th the Kindergarten students this year will only have school in the morning. In the afternoon we will welcome the new Kindergarteners for the 2021-22 school year. We are excited to be able to have them in the building and give them a little taste of how awesome MES is. For this, each student will be accompanied by *ONLY ONE* adult. Both will need to wear a mask and sanitize upon entering the building.



Popcorn Fundraiser

Our next fundraiser will be the Popcorn Seasoning fundraiser. We are hoping we can have as much success as we did with the JavaMoose fundraiser. There have been people asking about this fundraiser, so I am guessing they may have run out of seasoning since last year. It will take place from May 3rd-14th. We will have prizes for the top two sellers again.



Active Classroom Challenge

The last Heart Healthy School challenge is the Active Classroom challenge. The idea behind this challenge is to get students active and moving. For the week of May 10-14 students will be given an extra 15 minutes for first recess and we will be having an "I Like to Move It" challenge. Once a day we will play the song, "I Like to Move It" and everyone will stop what they are doing and get up to move and groove to the song.



Jump Rope for Heart

The Jump Rope For Heart will take place from May 25th – June 4th. The pledge sheets will go home with the students and students will get prizes for the different levels they reach. The money goes to a great cause and we are happy to support this.



Canadian Mental Health Association Mental health for all

Mental Health is about more than mental illness. It's more than being happy all the time. It's about feeling good about who you are, having balance in your life, and managing life's highs and lows. During these times of COVID it is even more important to take care of our mental health. Hopefully with the nicer weather people will take in some vitamin D and enjoy nature. Mental Health affects every single Canadian, because every single Canadian has mental health, just like we all have physical health.

#GetReal about how you feel. Name Name it, don't numb it.

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Sun	Mon	Tues	Wed	Thurs	Fri	Sat
Popcorn Seasoning Fundraiser begins	3 Village Recycling Day	4 World Autism Day	5 World Mental Health Day	6	7 NO SCHOOL NBTA Provincial Meetings	8
Happy Mothers' Doy!	PSSC/H&S Meeting @ 4:30	Heart Healthy	Huntsman Presentation for grades 3/4 and 5 Schools Challeng Challenge – Ma		Popcorn Seasoning forms need to be returned to school	15
16	NO SCHOOL District Meetings International Day against homophobia	18	19	20	21 Mental Health Presentations	22
23	24 NO SCHOOL Victoria Day	25 Jump Rope for Heart	26	29	28 K Orientation for the	29
30	31 Village Recycling Day	forms get sent home			2021-22 Kindergartens	

UPCOMING EVENTS:

June 2, 2021: Clean Air Day

June 5, 2021: World Environment Day June 20, 2021: World Refugee Day June 21, 2021: National Aboriginal Day

June 25: Last Day Of School

