McADAM ELEMENTARY SCHOOL

MONTH: APRIL 2019

Respect Yourself, Respect Others, Respect Community





This program is sponsored by the Masons of Cherry Mountain Lodge #50

which helps to promote reading and literacy For each book you read, you will receive a ballot to

WIN A NEW BIKE!

The more books they read, the more ballots they are allowed to submit. Then they have a better



chance of having their name drawn

At the end of the year, the Masons will draw winners for a new bicycle and helmet for each class!



TTYKOM DAY!

Talk To Your Kids About Money Day

What is the purpose and goal of the program?

The goal is to focus attention on talking with our kids about money – and to encourage and support parents, guardians, and teachers to start or continue such talks with youth. This project responds to all of these key points. In addition, experts and research indicate that young people can benefit from early discussions about money – to help build knowledge and skills for the decisions they will face. Any day could be "Talk With Our Kids About Money Day" but we are focusing on one day a year – the third Wednesday of April – to "get

conversations started" and bring attention to the importance of talking with our kids about money – starting at a young age

Heart Healthy Schools Initiative



Our students and staff had an exciting successfully completion of our second challenge of encouraging students to have 2 hours or less of screen time each day.

Screen time is defined as any time spent in front of a TV, computer, tablet, iPad, gaming console, smart phone, and/or other devices equipped with a screen. Reducing screen time can help reduce the total time spent sedentary. It has been found that children and youth that spend less time being sedentary can:

- ♥ Maintain a healthy body weight
- ♥ Do better in school and learn new skills
- ♥ Improve their self confidence
- Have fun playing with friends and meeting new ones
- ♥ Improve their fitness, including a healthy heart



Thank you for your support in advance.

Mrs. Glaspy,
Physical Education Teacher

JUMP FOR THE HEART KICK OFF APRIL 26!

Apples, Peaches, Pears and Plums

Apples, peaches, pears and plums, Jump out when your birthday comes, Is it January, February, March, April, May, June, July, August, September, October, November, December (Child jumps out when their birthday month is called).

McADAM ELEMENTARY SCHOOL

MONTH: APRIL 2019

Respect Yourself, Respect Others, Respect Community

C	Man	Tues	Wood	Thurs	Eu:	Cal
Sun	Mon 1 Report Cards Sent Home TODAY! BOOKS FOR BIKES START TODAY! GET READING!	Tues 2 WORLD AUTISM AWARENESS	Wed 3	Thurs 4 Scheduled Evening Parent Teacher Meetings 4:00PM - 6:00 PM	Fri 5 NO School for Students Scheduled Parent Teacher Interviews: ½ day AM PL: ½ day PM	Sat
APRIL Pitter Pat Falling f	SHOWERS tter rain drops from the sky	9	10	11	12	
Hold When the the sun b Little flowe	my umbrella d it High! rain is over and begins to glow ers start to bud v, grow, grow!	16	TTOKAM DAY!	18	No School GOOD FRIDAY	20
21	No School Easter Monday	Did You Know	A rhinoce Is made o hair!	ro's horn	KICK OFF for Jump Rope for Heart!	JUMP FOR HEART
UPCOMII	MEETING PSSC Mtng MES @ 4PM	30 TS:	Jump for Heart has been supporting kids' health for more than 30 years, and encourages kids to get active by skipping rope while they collect pledges for heart disease and stroke research. The program gives children the chance to jump and play alongside 750,000 other			

May 2 - Spring Shindig @11:15AM

May 3 - NBTA Provincial Mtng (No School)

May 13 - NBTA Branch Mtng (No School)

May 20 - STAT HOLIDAY (No School)

TBD - Welcome To Kindergarten 2019-2020 K Class Early Dismissal at Noon

kids in more than 4,000 schools across Canada.





