MCADAM ELEMENTARY SCHOOL

MONTH: December 2018

Respect Yourself, Respect Others, Respect Community



Have Yourself A Merry Little Christmas!

Dear Parents / Guardians of Students of MES

I would like to take this opportunity to wish you and your family a **Wonderful Christmas Holiday.**

I hope that you are all able to take time to relish some goodies, enjoy the decorations you've so carefully placed in every nook and corner of your home, and cherish the time spent with your family and friends!

May the joy and festivities you share during this special time continue in your lives long after the Christmas season.

I Hope You All Have A Magical Holiday Season.



Sincerely,

K. Smith Lunn Principal McAdam Elementary School

From All the Staff at MES We'd like to Wish You a Healthy, Happy & Peaceful New Year!



Christmas Tongue Twisters

Seven Santas sang silly songs. Tiny Timmy trims the tall tree with tinsel. Santa's sleigh slides on slick snow._____



MES FOOD DRIVE!

Thank You For Your Kindness We are collecting non-perishable food items until December 14, 2018 for the Lakeland Resource Centre Food Bank.

Community Bank. Together We Can Do Awesome Things! ©.

DRESS WARM TIPS!!

- Dress your child in layers of clothing that can be put on and taken off easily.
- Infants being pulled in a sled need extra bundling. Because they aren't moving, they can't generate body heat the way a playing child can.
- Wear a hat because a lot of body heat is lost through the head.
- Keep ears covered at all times to <u>prevent</u> <u>frostbite</u>.
- Wear mittens instead of gloves so that fingers can be bunched together for warmth.
- Wear warm, waterproof boots that are roomy enough for an extra pair of socks and to wiggle toes.
- Use Velcro or other snaps Remove wet clothing and boots immediately after playing.



Office Phone 506 784-6808

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