



# McADAM ELEMENTARY SCHOOL

## Respect Yourself And Respect Others

MONTH: JUNE 2017

Principal's  
Message

***Congratulations to all students and staff  
for such a successful school year!***

I can't believe the school year is almost over. It has been a great year and I wanted to thank all of our families for their support this year.

Our staff, students, community, and all the families have worked together to make our school an excellent place to learn and grow.

I would like to take time to acknowledge our PSSC and Community Committee, as well as the Community for their many hours of dedicated service they gave to McAdam Elementary School during the School Sustainability Study.

I will truly miss our 5th grade students and I know they will make a great addition and smooth transition to High School next year. **Good Luck!**

Summer is a very special time for children and is the source of many happy memories. I would like to wish everyone a safe and exciting summer and I hope that you and your children enjoy many opportunities to have fun as a family in the weeks ahead. I look forward to seeing everyone in September.

**Have a Great Summer!**

K Smith Lunn  
Principal  
McAdam Elementary School



**OUR SPRING SHINDIG WAS A GREAT SUCCESS!**

**THANK YOU PARENTS & GUARDIANS FOR YOUR SUPPORT**  
Monies raised will go towards  
**IWK, School Activities & Field Trips Bus Costs**

### Safe Summer Swimming

Walking, hiking, biking and swimming are all great summer activities. Safety is of utmost importance when doing these activities to ensure your child reaps the benefits of being active without injury. Water safety is a must as drowning and water related accidents are the leading cause of death and injury for Canadian children.

**Practice these safety tips when your child is around open water:**

- ✓ Keep your child within your sight and easy reach when they are in or around open water. Stay within arms reach of any child that does not swim well and any children under the age of 5 years old.
- ✓ Do not rely on older siblings or friends of your child to keep them safe. Older siblings can often misjudge the depth of water or strength of currents, putting both themselves and younger children at risk.
- ✓ Learn how to swim or ensure an adult who is able to swim is around when your child is in the water.
- ✓ Ensure that young children and weak swimmers wear life jackets when swimming or boating. The life jacket should be the appropriate fit for your child's weight. Buckle the jacket and use all of the safety straps to make sure they do not slip out of the lifejacket.
- ✓ To make sure your child is safe when at your cottage, secure a play area away from the water that is secured by a fence at least 1.2 m or 4 ft high. It only takes a brief period of time when you are not watching for your child to get to the water.
- ✓ Make sure your child has taken swimming lessons. Supervision is still needed when they are around the water even if they can swim.

**Practice these safety tips when your child is around water at playgrounds or water attractions:**

- Always supervise your child.
- Teach rules for safe play, the importance of walking rather than walking as well as taking turns using the equipment.
- Ensure they wear the appropriate water foot wear (to prevent cuts and scrapes).
- Make sure damaged or broken equipment is reported so it can be fixed.
- Pools and ponds at home should be fenced on all 4 sides to prevent drowning.

Adapted from:

[http://www.parachutecanada.org/injury-topics/topic/Healthy\\_Learners\\_in\\_School\\_Program](http://www.parachutecanada.org/injury-topics/topic/Healthy_Learners_in_School_Program)  
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# JUNE 2017

# McADAM ELEMENTARY SCHOOL

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| Sun  | Mon  | Tue  | Wed  | Thu   | Fri   | Sat   |
|--|--|--|--|---|---|---|
|          | <b>MES is Collecting Non Perishable Goods for Lakeland Industries.</b> |  |  | 1<br>Food Drive<br> | 2 <u>June 3 Sports Day</u><br>✓ Sunscreen<br>✓ Water bottle<br>✓ Sneakers (no sandals, crocs, flip flops)<br>✓ Hats                           | 3<br>    |
| 4<br>    | 5  | 6<br>Grade 5 Station Visit   | 7<br>Celtic Rathskallions<br>12:55 Start   | 8<br>Grade 1/2<br>Grade 2/3<br>Science East   | 9<br><u>Bike Rodeo</u><br><u>1:00 PM</u><br>✓ Bring your Bike<br>✓ Bring a proper fitting helmet<br>✓ Bikes can be dropped off at noon/recess | 10<br>   |
| 11<br>   | 12   | 13<br>QUOTE OF THE MONTH<br>"The time is always right to do what is right." – Martin Luther King, Jr | 14   | 15<br>Grade ¾ Trip to Kingswood   | 16<br>Kindergarten & Grade 5<br>Trip to Kingswood   | 17<br>   |
| 18<br> | 19   | 20<br>Kindergarten Community Visits  | 21   | 22<br>End of Year School BBQ For Students<br>Noon<br>Achievement Awards<br>1:00PM                     | 23<br>LAST 1/2 DAY OF SCHOOL FOR STUDENTS!<br>Dismissal @ Noon  | 24<br> |
| 25<br> | 26<br>Administration Day<br>No School For Students                     | 27<br>Administration Day<br>No School For Students   | <p><b>Knock! Knock! Who's There?</b><br/>Knock knock!<br/>Who's there?<br/>Little old lady?<br/>Little old lady who?<br/>Wow! I didn't know you could yodel!</p> |   |   |        |

