# MCADAM ELEMENTARY SCHOOL

### MONTH: MAY 2019

Respect Yourself, Respect Others, Respect Community



MES students have been busy planting, growing and harvesting from our Indoor Tower Garden. Classes have had salad days, weekly smoothies and most recently have planted sunflowers.





The students came up with a GREAT IDEA, to plant, grow and sell sunflowers in order to raise money for seeds to plant for our next upcoming school year. The students thought \$1.00 would be a good price for each sunflower.

The students are very excited about completing this fundraiser and raising a little bit of funds to purchase new seeds and to decide on what they would like to grow next school year.



Last year our school received an Apple Award for this fundraiser for promoting health and wellness.

*Mrs. Glaspy* Physical Education Personal Wellness Teacher



*Summer, summer almost here Let's give summer a big fat cheer!* 



a big fat cheer! Of this fact I'm surely clear Summer is the best time of year!



Canadian Mental Health Association Mental health for all

**Mental Health** is about more than mental illness. It's more than being happy all the time. It's about feeling good about who you are, having balance in your life, and managing life's highs and lows. Everyone deserves to feel well, whatever their mental health experience. And we all need a support system to lean on.

**Mental Health** affects every single Canadian, because every single Canadian has mental health, just like we all have physical health.

At the **Canadian Mental Health Association**, we lean on all Canadians to help us spread the word for CMHA

Mental Health Week, which runs May 5-11 2019. For more information go to <u>https://cmha.ca/</u>



Address: 29 Rose Street McAdam, NB, E6J 1Z1 Office Phone 506 784-6808

Website: http://mcadames.nbed.nb.ca/

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### **MONTH: MAY 2019**

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Sun	Mon	Tues	Wed	Thurs	Fri	Sat
GUESS WEAR?	Books Bikes ENDs JUNE 2 KEEP READING TO WIN THAT BIKE!!!!		1	2 Spring Shindig @11:15AM	<sup>3</sup> NO SCHOOL NBTA Provincial Mtng	4
5 Teacher Appreciation Week MAY 6-May 10	6 Grade 3/4 Huntsman Marine Science In-class Presentation 1:00 PM	7 TICK Safety Presentation	8	<sup>9</sup> Jump Rope for Heart Forms & Money Due back TODAY!!	10 K-CLASS Mother's Day Makeover on at 1:00pm Parent Child Pre-K Workshop at MES 12:30-2:00PM	
12 Happy: Mothers Day	13 NO SCHOOL NBTA BRANCH Mtng	14 Did You Know	15 The proper name for a group of cats is a clowder. A group of kittens is called a kindle.		17 JUMP ROPE FOR HEART! Starting: @ 10:15/10:30	18
19	20 NO SCHOOL STAT HOLIDAY	21 MEETING PSSC Mtng MES @ 4PM	22 GRA Provincial A May 21 Student At is very im	ssessments – 31st tendance	24 Parent Child Pre-K Workshop at MES 12:30-2:00PM To Register: 454-8698	25
26 Planting Sunflowers!	27	28	29 K CLASS <u>Early Dismissal</u> at NOON For the Taste Of Kindergarten For Pre-K Students Year 2019-2020 at 1:10pm	30 Gr: K, Gr 3/4 & Gr 5 1	31	

### **UPCOMING EVENTS:**

June 6: Donna & Andy Show! Parents & Siblings Welcomed! June 3 : End of Books 4 Bikes Program June 7<sup>th</sup>: Sports Day June 7: Parent Child Pre-K Workshop at MES June 12: Gr 1/2 Trip to Science East and Art Gallery June 12: Gr 2/3 Trip to Science East and Legislative Buildings June 14 Gr: K, Gr 3/4 & Gr 5 Trip to Kingswood June 18 Gr: K Community Visits June 20<sup>th</sup>: Student Classroom Salad & PJ Pizza Party! June 21<sup>st</sup>: Achievement Awards June 21<sup>st</sup>: Last Day Of School

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