

# McADAM ELEMENTARY SCHOOL

***Respect Yourself And Respect Others***

**MONTH: NOVEMBER 2017**



## Remembrance Day Ceremony:

MES will be honouring those who have served, and those who continue to serve Canada, in times of war, military conflict and peace. Our Remembrance Ceremony will take place on **November 8th @ 10:30am**



## EYE-DA Preschool Prescheduled Testing

Scheduled Appointments start on **Friday November 3<sup>rd</sup>**.

The EYE-DA screening takes about 45 minutes per child and is ideally suited for children entering Kindergarten as they prepare for and make the transition to school.

Reports are generated at the parent, school, district, and provincial levels. The EYE-DA results are depicted using three colour codes: green, denoting appropriate development; yellow, experiencing some difficulty; and red, experiencing significant difficulty. The scoring takes into account a child's age at the time of the assessment.

## Report Cards will be sent home November 20th!

Please ensure to **return the sent Response Form Sheet** which is enclosed in the envelope to your teacher.

**Parent Teacher Scheduled Interviews** will take place **November 23 from 4:30pm – 6:30pm**, and on the **afternoon on November 24th**. **Interview times will be scheduled with teacher.**

**No School for Students Nov 24<sup>th</sup>**

## QSP Fundraising Campaign

**Thanking Everyone** who participated in this project. We appreciate all the volunteers who assist their children with this fundraising event.

Your support is greatly appreciated at

**McAdam Elementary School!**

## **How to wash your hands:**

- Wet** your hands in warm water. Make sure water is not too hot for little hands.
- Lather** your hands with soap by rubbing them together. Remember to lather the back of your hands, between your fingers and under your nails.
- Scrub** your hands for about 20 seconds. Time yourself by humming the Birthday song from beginning to end twice.
- Rinse** your hands under clean, running water.
- Dry** your hands with a clean towel

## Fluoride and Cavity Protection

Fluoride works in **3 different ways** in the prevention of dental caries:

### 1. During tooth development (systemic functions):

There is some action of fluoride in-utero on the development of baby teeth but the amount which the baby obtains through maternal blood is quite small. As a result baby teeth are not as strong as adult teeth.

Between the ages of 0 and 3-4 years, fluoride is active in helping to strengthen the enamel and the structure of the adult teeth. It is during this period that excess systemic fluoride can be harmful to tooth development.

### 2. After tooth development (topical applications):

Exposure of teeth to topical applications of fluoride helps to strengthen the enamel by making it more resistant to the loss of calcium ions. The fluoride gets incorporated into the enamel of the teeth.



Topical applications affect all surfaces of the teeth (tops and sides and between teeth).

There is no detrimental effect from topical applications of fluoride, as long as none is

swallowed.

90% of the action of fluoridated water occurs topically in the mouth. Fluoridated water is very effective because of frequent topical exposure.

### 3. Fluoride diminishes bacterial activity in the mouth:

A role of fluoride in preventing dental cares involves reducing the activity of the enolase enzyme produced by Streptococcus mutans bacteria in the mouth.

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Website:  
<http://mcadames.nbed.nb.ca/>

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3 EYE-DA Preschool Prescheduled Testing	4
5 	6 Bone Health @10:30 Grade 3/4	7	8 School Observes Remembrance Day @ 10:30am	9	10 PD DAY No School For Students	11 
12 	13 <b>NO SCHOOL</b>  <i>Let's We Forget</i> Remembrance Day November 11	<div style="border: 2px solid red; padding: 10px; text-align: center;"> <p>NOVEMBER IS...</p> <p><b>MOVEMBER</b></p> <p>MENS HEALTH AWARENESS MONTH</p> <p><a href="https://ca.movember.com">https://ca.movember.com</a></p> </div>				18 
19 	20 Report Cards Sent home	21	22	23 <u>Scheduled</u> Parent/Teacher Interviews 4:30PM – 6:30PM	24 PL Day ½ day for Teachers Parent/Teacher <u>Scheduled</u> Interviews ½ day <b>NO SCHOOL</b>	25 
26	27	28 PSSC Meeting @ 6pm MES	29	30		
<b>UPCOMING EVENTS:</b> <ul style="list-style-type: none"> <li>Christmas Concert - TBD</li> <li>December 22 – Last Day for Classes</li> </ul>				<b>WEEK OF:</b> <ul style="list-style-type: none"> <li>January 8<sup>th</sup> – First Day of School for Students</li> </ul>		



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