

McADAM ELEMENTARY SCHOOL

MONTH: NOVEMBER 2020

Respect Yourself, Respect Others, Respect Community



It is hard to believe that we have 2 months gone by. The students have settled into the routines and are really well trained with all the new COVID routines and procedures. This was possible because of all the great work by the parents/guardians! Unfortunately, the weather is getting colder. Please make sure your child dresses accordingly (hats, mitts, warm coat, etc.).

Lest We Forget

Remembrance Day Ceremony:



The Remembrance Day Ceremony will look a little different this year. MES will be teaming up with MHS and doing a video version of the ceremony. Each class will be video taped and they will watch the ceremony on Tuesday. We will also post it to the Facebook page.

Why Do We Wear A Poppy?

The poppy is a symbol of Remembrance Day because it was one of the only plants to grow on the otherwise barren battlefields. Replica poppies are sold by

the Royal Canadian Legion to provide assistance to Veterans. More than 2 300 000 Canadians have served throughout our nation's history. So on the eleventh hour of the eleventh day of the eleventh month we pay tribute to those who served.



It was great to have our first PSSC meeting in October. We have another meeting coming up on November 3rd @ 4:30 at MES. There is still room for new members if you are interested. Please call the school if you would like to join.

Lakeland Resource Centre

We are pleased to announce that we collected 183 lbs of food during our Food Drive. This equates to approximately \$475. It is great to give back to the resource centre because they are great supporters of our milk program.



Heart Healthy School

We are proud to announce that MES has registered for the Heart Healthy Schools program again this year. This is a program put on by the Heart and Stroke Foundation. We have accepted the challenges of eating healthy, exercising and reducing screen time and sugar beverages. We have four challenges that we will do throughout the year. Stay tuned for the challenges.



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Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 PSSC Meeting @ 4 - MES	4	5	6 	7
8	9 	10 MES Remembrance Day Ceremony	11 NO  Pause to Remember 11-11-11 SCHOOL	12	13	14
15 Respect and Diversity Week	16	17 Picture Retakes	18	19	20 NO SCHOOL For Students PL DAY FOR TEACHERS	21
22 	23	24	25	26	27	28 
29 	30					

UPCOMING EVENTS:

- Christmas Break December 18 – January 4 (First Day Jan 4)
- Parent-Teacher Interviews – Dec. 3 (pm) and Dec. 4 (am)

Diversity & Respect Week
Nov16-Nov 20

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