



# MCADAM ELEMENTARY SCHOOL

29 Rose Street McAdam, N.B., E6J 1Z1

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January 2017

***Dear Parents/Guardians,***

The *New Brunswick Student Wellness Survey* is a provincial initiative of the Department of Social Development – Wellness Branch, in partnership with the Department of Education and Early Childhood Development and the New Brunswick Health Council (NBHC). The elementary portion of this initiative, the *New Brunswick **Elementary** Student Wellness Survey*, began in 2007-2008 and was repeated in 2010-2011 and in 2013-2014.

The survey gathers information from **students** in grades 4 and 5 and **parents/guardians of students in grades K to 5**. It surveys attitudes and behaviours regarding healthy eating, mental fitness, bullying, physical activity and tobacco use.

By taking the time to complete this survey, students and parents can contribute to their school's improvement plans and student wellness activities. During *the week of January 23, 24,25,26 and 27* our school will be participating in this survey, as we aim to improve the health and wellness of children in our community. If you would like more information on this survey, please call the New Brunswick Health Council at 1-877-225-2521.

Should you not want your child to participate in this anonymous voluntary survey, please call the NB Health Council at 1-877-225-2521 prior to January 23, 2017. You must provide your child's name, school, grade, and homeroom teacher.

As well, all K-5 students will bring a survey home for their parents and guardians to complete if they wish. As stated, all surveys are optional, anonymous and confidential. Should you complete a survey, please return it to the school in the sealed envelope on or before January 26, 2017.

In advance, thank you for your contribution to the successful completion of the New Brunswick Elementary Student Wellness Survey.

***Sincerely,***

Mrs. K Smith Lunn

Principal

McAdam Elementary School

KSL/bbs