Montgomery Street School Mission Statement

Maximize all children's potential, academically, Physically, and socially while

Striving to guide and enrich students to help them reach and

Sustain a positive self-image, within a safe, secure environment



montgomerystreet.nbed.nb.ca/ 692 Montgomery Street, NB E3B 2X8 Phone 506 453-5433 Fax 506 457-7344 Principal: Kurt Stiles Vice-Principal: Mme Erica Fournier

SCHOOL HOURS

| 7:45-8:05 | Drop off |
|------------|--------------------------|
| 8:10 | Classes Begin |
| 2:00 | Dismissal Grades K – 2 |
| 3:00 | Dismissal Grades 3 - 5 |
| 12:00 Noon | Wed. Dismissal Gr. K – 5 |

Students are considered late for school at 8:10 am.

| Montgomery Street School NEWSLETTER 2020 | | | | | | | |
|--|--------------------------------|-------------------------------|--|---|----|--|--|
| 7 Labour Day NO SCHOOL | 8 WELCOME BACK School | 9 | 10 | | 11 | | |
| 14 | 15 | 16 Early Dismissal NOON | 17 | Becca Schofield Day! (Sept 19) Control (Sept 19) act of kindness | 18 | | |
| 21 | 22 | 23 Early Dismissal NOON | 24 | | 25 | | |
| 28 | 29 | 30 ORANGE SHIRT DAY! | ATTENTION: PARENTS & GUARDIANS DON'T FORGET TO COMPLETE, SIGN AND RETURN ALL DOCUMENTS: 1. DATA COLLECTION SHEET – REVIEW, MAKE ANY CHANGES 2. TRANSPORTATION FORM 3. POLICY 360-71 STUDENT PHOTOGRAPHS 4. USE OF STUDENT INFO/NAME FORM | | | | |

September Newsletter will be our only paper copy sent home to parents this school year. Our newsletter will be posted on our school website, in our front lobby and sent as an attachment in the school email messenger system. Please make sure the school has your email added to your student's profile if this has not already been done. This is one step towards helping our environment .

Thank you for understanding!

REMINDERS:

- All visitors/parents will be permitted in the school through <u>appointment only</u>. Visitors/Parents will sign in at the office, including visiting professionals.
- ✓ Student Sign in office if arriving after 8:10 am and sign out if leaving before dismissal. The Admin. Assistant or teacher will escort the student to the front door for pick up.
- ✓ Call the school if your child will be absent. Please leave the reason and child's first and last name. 453-5433





Montgomery Street School Together We Make A Difference!

LOOKING AHEAD Oct 4-9- Wellness Week

Oct 20th - PICTURE DAY!

Oct 4-10 Fire Prevention Week Oct 5 - World's Teacher Day Oct 10 – World Mental Health Day Oct 12 - Thanksgiving Holiday Oct 17-23 – Safe School Week Oct 13-16 - Registration for Kindergarten Students for the 2021-2022 School Year.



How can parents help kids wear a mask?

Give children time to practice wearing their

masks before they need to wear one outside the home.

Teach them how to put them on and take them off.

Encourage kids to decorate their mask. This may invoke a sense of ownership and control over the situation. A personal touch can help make it more of a normal part of their routine, and make it more likely they'll want to wear their mask. Avoid stitching to maintain mask integrity.

Make them together. If you make masks or cloth face coverings at home, let older kids help you.

Help make it fun. With younger kids, introduce a sense of play. Kids can pretend to be a doctor or nurse while wearing their masks.

Have a few masks handy while kids play. This lets them use their imagination about how to use them during playtime. It also helps make masks a more normal part of their everyday world.



You can ask your child to put a mask on a stuffed animal, and then ask follow-up questions about why the stuffed

animal is wearing the mask. Depending on your child's response, you can clear up any confusion and offer reassurance.



SCHOOL WEBSITE

Please visit the school website at montgomerystreet.nbed.nb.ca We will be posting our school

newsletter each month under the newsletter section and keeping you up to date on all the current activities at the school.

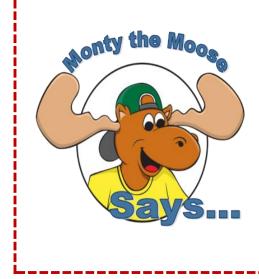


A Note from Mr. Smith our Phys. Ed Teacher: **Is Your Child Getting Enough Sleep?**

1. Getting enough sleep is very important; just as important as healthy eating and getting

enough exercise.

- 2. Poor sleep is linked to higher body weight.
- 3. Good sleepers tend to eat lower calories.
- 4. Good sleep improves concentration and productivity
- 5. A good sleep maximizes athletic performance.
- 6. Poor sleepers have a higher risk for heart disease and stroke.
- 7. A good sleep lessens risk for Type 2 diabetes.
- 8. Poor sleep is linked to depression.
- 9. A good sleep improves how your immune system works.
- 10. Poor sleep has been strongly linked to long-term inflammation of the
- 11. digestive tract (ei. Crohn's Disease).
- 12. Sleep affects social and emotional reactions.



Welcome Back! A Note From Mr. Kurt Stiles:

Hi Folks, just a friendly reminder that MSS OPERATIONAL PLAN is a living document which may change as we work through things, what works, what does not etc. Please read thoroughly in order to understand your role in the plan. It will be everyone's responsibility to keep everyone as safe as can be. It is expected that everyone follows the procedures set in place.

Thank You to Parents, Staff & Students for the Awesome Great Start Back Mr. Kurt Stiles