

# The Small University of **Big Opportunities**



VIEWBOOK 2022



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# Welcome to St. Thomas University



# Personalized Approach

The personalized approach to our liberal arts education is what makes us unique in Canada. For more than 110 years, students have come from around the world to pursue big opportunities at our small university.

## Liberal Arts

**You will engage in a unique education that caters to who you are.** Our liberal arts approach means you will take courses from multiple departments before narrowing your focus. This provides a wide range of knowledge and academic experiences.

## Supportive Community

**You will form meaningful connections with classmates and faculty.** In small classes, you will get to know your professors and fellow students and engage in collaborative learning. You will learn to explore controversial and competing ideas with informed judgement — all within a tight-knit and supportive environment.

## Transferable Skills

**You will learn to think critically and adapt to a rapidly evolving workforce.** The skills that a liberal arts education provides are key to success in every industry — cross-disciplinary knowledge, the ability to work as part of a diverse team, ethical judgement, written communication, and the ability to keep learning and adapting.

## A Career Fueled by Passion and Meaning

**You will graduate knowing how you want to make a difference.** The versatility of a liberal arts degree means STU alumni go on to work in almost every field imaginable — law, business, social work, technology, the arts, healthcare, education, and so many others.

# Academic Excellence

## Bachelor of Arts

Our core academic program at STU — the four-year, undergraduate Bachelor of Arts — is pursued through a liberal arts approach, which provides students with a breadth of knowledge and a depth of understanding. Students take courses from a variety of academic departments in their first year and begin to concentrate in a chosen field after declaring a major or honours by the end of their second year. Graduates are well-prepared for diverse academic and career opportunities.

**Explore more than 25 academic disciplines within STU's Bachelor of Arts program. Personalize your program by choosing minors, majors, and honours based on your interests.**

## Additional Options Within Your Bachelor of Arts

As part of your Bachelor of Arts, you may complete a minor in business. Courses are also offered in subjects such as Italian, Japanese, Latin, Maliseet, mathematics, and social work.

➔ [Learn more at STU.ca/arts](https://www.stu.ca/arts)

## Other Degree Options

- Bachelor of Applied Arts
- Bachelor of Social Work
- Master of Social Work
- Bachelor of Education
- Mi'kmaq Maliseet Bachelor of Social Work

➔ [Learn more at STU.ca/academics](https://www.stu.ca/academics)

## Bachelor of Arts Disciplines

Anthropology

Catholic Studies

Communications and Public Policy

Criminology and Criminal Justice

Economics (Option to focus in Business)

English Language and Literature (Optional Concentration in Creative Writing)

Environment and Society

Fine Arts (Option to focus in Film, Music, Musical Theatre, and/or Visual Arts)

French

Gerontology

Great Books

History

Human Rights

Interdisciplinary Studies

International Relations

Irish Studies

Journalism

Law, Politics, and Society

Native Studies

Philosophy

Political Science

Psychology

Religious Studies

Sociology

Spanish and Latin American Studies

Women's Studies and Gender Studies



# Bachelor of Arts

St. Thomas University is primarily focused on offering an undergraduate Bachelor of Arts, wholly dedicated to academic disciplines in the humanities, social sciences, and fine arts, and offers a uniquely personal academic experience. Our community is designed to help students succeed in the classroom, on campus, and beyond their time at STU as alumni.

## Liberal Arts

Our liberal arts approach enables you to learn through different perspectives. Small, discussion-based classes go beyond textbook learning to help you develop skills that will prepare you for a wide variety of career options. You will gain skills in critical thinking, creative problem solving, and persuasive writing, and develop the ability to adapt to new ideas and technology. These skills will be invaluable as you navigate an exciting and rewarding career.

### An Innovative Approach to Your First Year — Aquinas: Great Books

Aquinas is an optional one-year program for first-year students. It is made up of three full-year courses (English, Political Science, Philosophy) and team-taught by professors from each discipline. You will round out your first-year schedule with an additional two courses of your choosing per semester.

In this first-year, seminar style program, together with your classmates and faculty, you will explore great works of literature and political philosophy starting in Ancient Greece while working your way to present day. Learn to evaluate complex arguments and theory and apply them to today's global climate.

## Major

You will declare your major at the end of your second year. Your major is the area you will focus on and the subject in which you will take the greatest number of courses. It is possible to major in more than one subject. More than half of our students graduate with more than one major.

## Minor

If you have a secondary area of interest, you may consider a minor in the subject. A minor consists of several courses in a specific area, but not as many as a major.

## Honours

If you're interested in a particular field of study and/or are considering graduate school, you will want to consider applying to an honours program in your upper years. Completing an honours program demands a greater number of courses in a subject — including advanced-level courses — and a thesis is often required.



***“At STU, I developed key skills that are the backbone of the professional I am today.”***

**Nahomi Lopez, BA '18**  
**Senior Digital Marketing Strategist, CétricoDigital**  
**From: Ecuador**

**26**

is the average number of students in a class at STU.



# Academic Majors

# 99%

of full-time professors hold the highest degree in their field.

## Anthropology

Honours / Major / Minor



Anthropology is the study of human diversity, past and present, in all of its material, physical, social, and cultural forms. Get practical experience interacting with others in various social contexts, have the opportunity to excavate artifacts, and learn to analyze bones in our lab.

### Sample Courses

Forensic Osteology and Archaeology  
Applied Forensic Anthropology  
Anthropology of Gender

➔ [STU.ca/anthropology](https://www.stu.ca/anthropology)

## Catholic Studies

Major / Minor



Catholic studies debates issues that engage Catholics and those interested in a serious study of Catholicism. It contributes to a more informed understanding of Catholicism's contributions to intellectual, institutional, political, and cultural life. You will encounter individuals who have thought deeply about God, from Augustine to Aquinas, from Teresa of Avila to Edith Stein, and explore the ways in which their experiences have shaped their spiritual lives and their dialogue with culture.

### Sample Courses

Literature and Catholicism I  
Catholic Religious Leadership  
Catholic Social Teaching and Issues

➔ [STU.ca/catholicstudies](https://www.stu.ca/catholicstudies)

## Communications and Public Policy

Major / Minor



Explore the connection between communications and the creation and implementation of public policy. Organizations need communications professionals to interact with the public, communicate effectively internally, and disseminate information through online channels, social media, and public or media relations. In upper years, complete a communications internship. STU offers the only major in communications and public policy in Canada.

### Sample Courses

Policy Making in the Info Age  
Ethics and Social Responsibility  
Business Communications and Marketing

➔ [STU.ca/copp](https://www.stu.ca/copp)

## Criminology and Criminal Justice

Honours / Major / Minor



Study crime, criminal behaviour, and the way society responds to those who have been identified as criminal or deviant. Study theories of criminal behaviour and analyze the criminal justice system. Courses reflect faculty specializations in youth rights and justice, criminal law and social justice, effective correctional punishment, crime and the media, and the history of crime and the law.

### Sample Courses

Criminal Behaviour  
Youth Justice  
Victimology

➔ [STU.ca/criminology](https://www.stu.ca/criminology)

## Economics

Honours / Major / Minor



Study how the economy works, where it came from, the challenges it creates for social equality and social justice, and how individuals engage to modify and change economic relations. Develop knowledge of various approaches to market economics, political economy, the international economy, and Canadian institutions and policy. A major in economics also offers the opportunity to focus in business.

### Sample Courses

Political Economy  
Multinational Corporations and Trade  
Economics of Poverty

➔ [STU.ca/economics](https://www.stu.ca/economics)

## English Language and Literature

Honours / Major / Minor



Studying English goes beyond reading texts. Learn to read the world in which we live and understand the linguistic mechanisms that shape us. Master critical reading, write about ideas and texts, and learn collaboratively through discussion and debate. Courses will give you the opportunity to diversify your studies. The department also offers a major in English with a concentration in Creative Writing.

### Sample Courses

Shakespeare  
Creative Writing: Strategies  
History of Children's Literature

➔ [STU.ca/english](https://www.stu.ca/english)

## Environment and Society

Honours / Major / Minor



Learn to understand the social processes that promote the degradation of the earth and our persistence in such destructive behaviour. As the issue of environmental deterioration originates with human behaviour, causes and solutions for them can be found in the social sciences and humanities. You will also be given the opportunity to work with local organizations and agencies that address environmental problems.

### Sample Courses

Environmental Problems  
Environmental Policy  
Ecological Literacy

➔ [STU.ca/envs](https://www.stu.ca/envs)

## Fine Arts

Major / Minor



Courses are offered in music, musical theatre, visual arts and/or film. Develop your artistic literacy while cultivating a critical awareness of the aesthetic dimensions of everyday life and culture. Examine fine arts through technical, social, performance, and historical perspectives. The program aims to broaden the understanding of art from a hands-on perspective. Faculty — all professional, active artists — will meet you at your own stage of artistic growth.

### Sample Courses

The Guitar in Western Music  
Musical Theatre and Performance  
Drawing and Sketching

➔ [STU.ca/finearts](https://www.stu.ca/finearts)

## Gerontology

Major / Minor



Gerontology at STU is one of only three comprehensive Canadian undergraduate programs in the field. Gerontology is the study of development and aging. Examine aging from sociological, psychological, physical, spiritual, and philosophical perspectives, while exploring how society defines aging and how individuals understand their own later years.

### Sample Courses

Recreation, Leisure, and Aging  
Gender and Aging  
Counselling Older Adults

➔ [STU.ca/gerontology](https://www.stu.ca/gerontology)

## Great Books

Honours / Major / Minor



Great books is an interdisciplinary program focused on the study of classic works of literature, philosophy, and politics. Courses focus on the great books of the Western tradition, examining the diverse opinions of influential thinkers on love, freedom, friendship, justice, beauty, and reason. If you are interested in great books, consider starting your first year in Aquinas: Great Books. See page 5 for a description of the program.

### Sample Courses

War and Peace  
The Quest for the Good Life  
Justice

➔ [STU.ca/greatbooks](https://www.stu.ca/greatbooks)

## History

Honours / Major / Minor



Explore historical content while discovering and pursuing new questions and ideas. Studying history goes beyond memorizing dates, battles, and names — it's the examination of the backstory of events, people, and society. It's the study of the past and the development of our current social, cultural, and environmental realities.

### Sample Courses

World History  
War and Famine in the Horn of Africa  
Women and Gender in Modern Canada

➔ [STU.ca/history](https://www.stu.ca/history)

## Human Rights

Honours / Major / Minor



Focus on the philosophy, politics, and laws intrinsic to understanding human rights on a local and global scale. Study the causes and consequences of human rights violations around the world while developing a critical ability to interpret events and their significance. You will also have the opportunity to participate in a for-credit Moot Court class and compete against other universities in court simulations.

### Sample Courses

The Rights Revolution  
Activism and Social Justice  
Human Rights Internship

➔ [STU.ca/humanrights](https://www.stu.ca/humanrights)

## International Relations

Honours / Major / Minor



Develop expertise in the complex matter of state-to-state relations within the international system. This program is multidisciplinary, drawing on courses in political science, economics, and languages, with electives in criminology, human rights, and history. Participate in the for-credit Model United Nations course and travel to events.

### Sample Courses

US Foreign Policy  
Canadian Perspectives on International Law  
Canadian Foreign Policy

➔ [STU.ca/ir](https://www.stu.ca/ir)

## Journalism

Major / Minor



Designed for students interested in a career in professional journalism and digital content production, this program will help you hone your writing skills while gaining hands-on experience with multimedia tools, including video, photography, sound, and social media. A portion of the courses will be held at the CBC, where you will have the opportunity to complete an internship during your upper years.

### Sample Courses

Radio and Podcasting  
Journalism and Public Opinion  
Media, Ethics, and the Law

➔ [STU.ca/journalism](https://www.stu.ca/journalism)

## Law, Politics, and Society

Major / Minor



Drawing on courses from multiple disciplines, explore the relationship between law, political life, and society. You will also examine how the law is made and changed, how it influences citizens, and how it interacts with social forces like ethnicity, gender, and economic inequality.

### Sample Courses

Charter Rights and Criminal Justice [CRIM]  
International Human Rights [HMRT]  
Canadian Constitutional Politics [POLS]

➔ [STU.ca/laps](https://www.stu.ca/laps)

## Native Studies

Honours / Major / Minor



The Native Studies Department uses historical materialist methodology to examine past and current issues relating to the struggle for Indigenous independence from the occupation and imposition of imperialist nation-states, such as Canada and the United States. Our department is designed to provide all students with the opportunity to explore the historical and contemporary issues of the Indigenous nations of North America. The department also offers a Native Language Immersion Teaching Certificate Program with Professor Emerita Andrea Bear Nicholas.

### Sample Courses

Native Cultural Identity and Cultural Survival  
Native Public Health  
Native Resistance and Liberation

➔ [STU.ca/nativestudies](https://www.stu.ca/nativestudies)

## Philosophy

Honours / Major / Minor



“The unexamined life is not worth living.” These words of Socrates, spoken 2,400 years ago, continue to inspire philosophers and students. Philosophy engages in the pursuit of the life worth living and the knowledge born of wonder about the human condition. Courses introduce the historical development of philosophical questions and the various attempts to respond to them.

### Sample Courses

Philosophy of Human Rights  
Philosophy of Science  
Ethics and Sustainability

➔ [STU.ca/philosophy](https://www.stu.ca/philosophy)

## Political Science

Honours / Major / Minor



Examine the ideas and institutions that govern society and investigate the nature of statecraft, citizenship, power, justice, community, law, and freedom. Explore the ways in which our own political order shapes our view of the world. Participate in the for-credit Model United Nations course and travel to events.

### Sample Courses

Law, Power, and Politics  
Media and Politics in Canada  
U.S. Government and Politics

➔ [STU.ca/politicalscience](https://www.stu.ca/politicalscience)

## Psychology

Honours / Major / Minor



Psychology is the study of people and how they interact and behave. It is a discipline that examines how we feel, perceive, think, learn, and remember, as well as what motivates us, and how we act in groups and societies. Research interests of faculty vary from social psychology to biological psychology, childhood development, industrial and organizational psychology, and the psychology of gender.

### Sample Courses

Drugs and Behaviour  
Abnormal Child Psychology  
Psychology and Law

➔ [STU.ca/psychology](https://www.stu.ca/psychology)

## Religious Studies

Honours / Major / Minor



Explore the roles religion plays in contemporary society and around the world. Examine how the spiritual, ethical and cultural pluralism of many religions relates to personal identity and a variety of social diversities (political, sexual, gendered, environmental, among others). Courses explore many traditions, such as Indigenous Religions, Hinduism, Buddhism, Judaism, Christianity, Islam and Neo-paganism, among others.

### Sample Courses

Women and Religion  
Religion and Social Ethics  
Psychology of Religion

➔ [STU.ca/religiousstudies](https://www.stu.ca/religiousstudies)

## Romance Languages

Honours / Major / Minor



Study literature and media while developing skills in oral communication, grammar, and composition. You may complement your studies with programs offered in Québec, Latin America, France, Spain, or Italy. Majors are offered in French and Spanish.

**French:** French courses are designed for Anglophone, Francophone, and bilingual students of various levels of proficiency.

**Spanish and Latin American Studies:** An introductory course in Spanish for beginners leads to advanced courses in grammar, conversation and composition, translation, and Spanish and Latin American literature.

➔ [STU.ca/languages](https://www.stu.ca/languages)



## Sociology

Honours / Major / Minor



Our world faces profound global challenges such as climate change, economic upheaval, and inequality, as well as shifting personal identities in a postmodern, post-national world. Sociology prepares you to understand how forces shape perceptions of ourselves and our interactions with others. You will have the opportunity to work with local organizations as part of your coursework.

### Sample Courses

- Inequality in Society
- Race and Ethnic Relations
- Sociology of Law

➔ [STU.ca/sociology](https://www.stu.ca/sociology)

## Women's Studies and Gender Studies

Honours / Major / Minor



Women's studies and gender studies is an interdisciplinary field that looks at the different perspectives of gender and sexuality in all aspects of life. The struggle for gender equality in politics, education, the family, the labour force, literature, and in the media are key topics; this can involve cross-cultural studies of gender relations.

### Sample Courses

- Sociology of Gender [SOCI]
- Women and Gender in Modern Canada [HIST]
- Gender Expression [HMRT]

➔ [STU.ca/wsgs](https://www.stu.ca/wsgs)

## Interdisciplinary Studies

Honours / Major



You may complete your degree with an interdisciplinary major or honours. Interdisciplinary programs are comprised of courses from various departments around a specific theme. These customizable degree options are developed closely with a faculty supervisor and need to be approved by the university.

➔ [STU.ca/interdisciplinary](https://www.stu.ca/interdisciplinary)



# Additional Degree Programs

## Bachelor of Applied Arts

Bachelor of Applied Arts programs are offered in two areas: Criminal Justice and Gerontology. These are articulated programs, offered in partnership with New Brunswick Community College and the Collège Communautaire du Nouveau-Brunswick, which combine the study of liberal arts with technical training.

➔ [STU.ca/baa](https://www.stu.ca/baa)

## Bachelor of Social Work

The four-year undergraduate Bachelor of Social Work program consists of two years of liberal arts studies at St. Thomas, during which you can complete the prerequisite coursework, followed by a professional social work education — including courses and field placements — in the final two years. The program provides the knowledge and skills for generalist social work practice. Students are eligible to apply to this program during their second year in the Bachelor of Arts.

➔ [STU.ca/bsw](https://www.stu.ca/bsw)

## Master of Social Work

The Master of Social Work program specializes in advanced clinical practice and intensive workplace practicums. It is a full-time, one-year graduate program for students who possess a Bachelor of Social Work degree. Advanced theory and skills in professional leadership, social work supervision, and skills development are curated through courses and either a thesis or a faculty-supervised practicum.

➔ [STU.ca/msw](https://www.stu.ca/msw)

## Bachelor of Education

The 11-month post-degree Bachelor of Education program offers concentrations in elementary (K–5), middle/secondary (6–12), and French Second Language and includes two field placements in different schools and at different grade levels in New Brunswick. Students are eligible to apply to this program during the final year of their undergraduate degree.

➔ [STU.ca/education](https://www.stu.ca/education)

# Experiential Learning

Our Office of Experiential Learning will provide you with exceptional opportunities to complement in-class learning with practical, real world experience. This includes paid internships, leadership and professional conferences and workshops, field work and service-learning opportunities, and more.

Graduate with versatile and practiced skills, hands-on work experience, and a professional network.

## Student Internship Program

Our paid internship program pairs academic studies with professional work experience. Placements offer personalized opportunities related to your academic and career interests.

Work with organizations that focus on advocacy and social responsibility, economic development and business, journalism, policy implementation and analysis, marketing, environmental sustainability, and more.

## Certificate of Experiential Learning and Community Engagement

This certificate can be completed concurrently with your Bachelor of Arts degree and provides tangible evidence of the course-based experiential and community-engaged service learning you completed throughout your degree.



*“My internship opened up my eyes and made me realize there is so much more I want to do.”*

**Olivia Ishimwe**

**Studies:** Psychology

**Interned with:** Black Lives Matter Fredericton

**From:** Malawi

## Sample Internship Placements

Association of the Provincial Archives of New Brunswick

Autism Connections Fredericton

Beaverbrook Art Gallery

Big Brothers Big Sisters Fredericton

Black Lives Matter Fredericton

Canadian Mental Health Association

Canadian Parks and Wilderness Society of New Brunswick

Child and Youth Advocate Office

City of Fredericton

Department of Public Safety

Fredericton SPCA

Goose Lane Publishing

Harvest Music Festival

Hayes Urban Teaching Farm

Learning Disabilities Association of New Brunswick

Multicultural Association of Fredericton

Nature Trust of New Brunswick

Opal Family Services

Out of the Cold Community Action Group on Homelessness

Pine Grove Nursing Home

Sexual Violence New Brunswick

Theatre New Brunswick

United Way

## Opportunities to Put Your Learning into Action

We know that each student has a unique set of academic and career goals. That's why we offer a wide range of student opportunities within and outside of your courses.



## Work With Your Professors — Student Research Positions

Our small size and undergraduate focus mean you will have opportunities to work with professors on research projects. This experience provides you with professional research experience and exceptional references for graduate school and/or employment.



## Engage in State-to-State Relations — Model United Nations

Participate as a delegate at the Harvard Model United Nations. With your class, travel to Boston to represent your assigned country. Further your learning by helping to run the John Peters Humphrey Model United Nations, which is hosted at STU every year for high school students.



## Get Courtroom Experience — Moot Court

STU's extracurricular Moot Court teams have placed first at the Nelson Mandela World Human Rights Moot Court Competition in Geneva and the Osgoode Cup in Toronto. Our Moot Court class provides academic credit as well as courtroom experience through International Moot Court competitions.



## Earn a Credential From Harvard Business School — HBX CORE Program

As the first Canadian partner of Harvard Business School's HBX CORE program, STU offers students the opportunity to complete courses on the fundamentals of business and earn a Credential of Readiness from Harvard.



# See the World While You Study

## International Exchanges

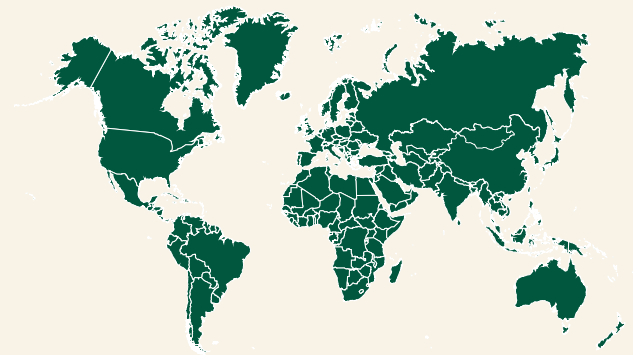
Spend a semester or a full academic year studying abroad at one of our partner universities. STU offers exchanges to several destinations around the world.

- Australia
- Brazil
- Canada
- Chile
- China
- Ecuador
- England
- France
- Ireland
- Japan
- Malta
- Peru
- South Korea
- Spain
- Sweden
- Turkey

## Travel Study

Shorter-term study abroad options are also offered by a number of academic departments. Travel Study courses are two to four weeks long. You will travel in a group with classmates and a professor to an international destination where you engage in study together using the local setting and culture as learning materials.

Past opportunities have included students taking courses in Italy, Cuba, Berlin, England, New York City, Ireland, China, and Spain.



*“As a student it was an amazing learning opportunity — what better way to study the history and language than to experience it?”*

**Julia Pazzano**  
**Studied:** Journalism  
**Travel Study:** Italy  
**From:** Stouffville, ON

# An International Campus Community

## Learn About Different Cultures

One of the best parts of attending STU is making friends from all over the globe. Our international students contribute to every aspect of campus life and often share pieces of their home with the campus community through events planned by the International Students' Association. There's no better way to learn about a different part of the world than through new friends.

## Global Perspective in Class

Many of our professors also come from — or have studied and taught, or conduct research in — different parts of the world. This perspective in class is invaluable.

## International Wall of Flags

Our International Wall of Flags showcases the many different countries our students come from each year. A formal ceremony is held every fall during International Education Week to welcome new students from around the world.



# STUdent Life on Campus



# Get Involved on Campus

Getting involved with a club or society on campus is a guaranteed way to meet friends, earn valuable experience, and have a lot of fun!

➔ [Learn more at STU.ca/clubs](#)

Small sample of our clubs and societies at STU:

## Students' Union

The democratic body representing students at STU, made up of many positions including president, vice presidents, and many student representatives.

## Black Students' Association

Established to be the voice of students of African descent on campus, this is an association with a goal to help create an atmosphere of inclusivity, so all students feel welcomed and supported.

## The Aquinian

Give a voice to what's important to you as a writer for the student newspaper.

## Sexuality and Gender Diversity Society

A student-led group for 2SLGBTQIA+ students and their allies to discuss and organize events in support of the community.

## Theatre St. Thomas

Join STU's flagship extra-curricular theatre club. Work on professionally directed shows and open them in the renowned Black Box Theatre.



*“The diversity and acceptance on campus is far greater than our size would suggest. As an LGBTQ+ student, I have always felt free and supported to be myself.”*

**Tyler MaGee**, STUSU President

**Studying:** Sociology, Women's Studies and Gender Studies

**From:** Kennebecasis Valley, NB



# Athletics

Our student athletes represent STU in two leagues — Atlantic University Sport (AUS) and Atlantic Collegiate Athletic Association (ACAA).

## ACAA

Women's and Men's Basketball

Women's and Men's Volleyball

Women's and Men's Soccer

Women's Rugby

## AUS

Women's Hockey

Cross Country

Track

## CLUB

Men's Rugby

## You Don't Need to Be an Athlete to Don the Green and Gold

Compete with your housemates against other residences on campus on an intramural sports team or cheer for the Tommies with friends.

## Stay Active at the JBO

The J.B. O'Keefe Fitness Centre houses a fitness and court area, squash court, dressing rooms, shower facilities, lounge area, and administrative services for the Athletics Department. The modern facility will meet the needs of a very active student body in the areas of fitness, recreation, and athletics. Students just present their student ID at the desk on the way in. There are no additional costs related to using the facility.



**Interested in competing as a Tommie?  
Fill out a Become a Tommie form at [GoTommies.ca](#)**

**Follow the Tommies**



# Support You Can Count On

There are a wide range of supports and services to help you succeed at STU. They're here to make sure you can focus on learning and get the most out of your STUdent experience.



## Academic Support

- Academic Advising
- Accessibility Services
- The Writing Centre
- Peer Tutoring
- Student Success Coaching
- Departmental Advisors

## Personal Support

- Mental Health Coordinator
- On-Campus Student Health Centre and Pharmacy
- Counselling
- Campus Ministry
- Financial Aid Advising
- 2SLGBTQIA+ Advisor
- Career Counselling
- International Student Coordinator
- Dog Therapy Events

**The Healthy Campus Coordinator** organizes free, on-campus opportunities to learn and act when it comes to your wellbeing. Join in for cooking classes, dance and yoga classes, de-stress events, and more. The coordinator also offers one-on-one health and personal training.

➔ [Learn more at STU.ca/healthy](https://www.stu.ca/healthy)



# Indigenous Student Services

We're proud to offer Indigenous students culturally-rich events, activities, supports, and services. Indigenous Student Services also offers student employment opportunities, counselling services, an Elder-in-Residence, traditional ceremonies, guest speakers, and opportunities to participate in workshops, conferences, traditional gatherings, and more.

## The Wabanaki Student Centre

A home-away-from-home that provides students with a culturally and spiritually rich environment that is a great place to socialize, relax with friends, study, and gather for a home-cooked weekly lunch.



## STUdent Reconciliation Committee

This committee celebrates Indigenous culture on campus and raises awareness for important issues that affect Indigenous communities. They recently hosted a four-part speaker series which covered treaties; residential schools; missing and murdered Indigenous women, girls, and two-spirit people; and reconciliation at STU.



*“Being able to open up and speak with Indigenous staff benefits STU’s Indigenous student population.”*

**Jonah Simon**, Chair of the STUdent Reconciliation Committee  
**Studies:** Criminal Justice  
**From:** Elsipogtog First Nation, Mi'kmaq Nation

## Indigenous Student Support Team



**Trenton Augustine**  
 Indigenous Student Services Coordinator



**Miigam'agan**  
 Elder-in-Residence



**Wendy Matthews**  
 Student Counsellor

# Your Home Away From Home

## Living in Residence

Make the most of your university experience by living in residence. Choose from three on-campus residence halls, each with history and tradition. All houses include shared kitchens, lounges, and study spaces to help you make friends.

➔ Find out more about each house at [STU.ca/residence](https://STU.ca/residence)



*“Residence is a great experience and allows you to form tight-knit community connections. I think ‘family’ would be the best word to describe living in residence.”*

**Olivia Desroches**

**Studying:** Psychology, Communications and Public Policy

**From:** Hampton, NB



### Harrington Hall

Harrington includes mostly double rooms and a small number of single rooms. Hallway wings are gender specific and have shared washrooms. There are designated common spaces such as study rooms and social lounges throughout the building.



### Vanier Hall

Vanier includes mostly double rooms and a small number of single rooms. Each wing is mixed gender and has shared multi-stall and private-stall washrooms. Each floor has access to a common lounge.



### Holy Cross House

Holy Cross is our only all-female residence at STU. The two sides of the building are dedicated to residence rooms, while the centre of the building houses faculty offices, classrooms, and the university chapel. Students living in Holy Cross House share a bathroom with others from their wings.



## Applying to Live on Campus

Once you have been admitted to STU, the residence application will be available under the “Next Steps” tab within your applicant portal.

### What’s for Dinner?

All-You-Care-To-Eat meal plans offer healthy Canadian, international, vegetarian, vegan, halal, and gluten-free dishes. Different plans are offered to accommodate different eating habits or dietary needs. Just let our staff know if you have severe allergies.

➔ Learn more at [STU.ca/residence](https://STU.ca/residence)

### Stress-free Living

- House programs make for a fun way to learn and meet people
- Laundry, internet, and cable included
- On-campus health centre and pharmacy nearby
- Evening quiet hours ensure your room is a comfortable place to study and sleep
- Dining hall is less than a two-minute walk away
- Student fees include a city bus pass





# Small Town Charm. Big City Spirit.

Fredericton is a capital city with many large and small businesses and organizations, which provides students opportunities to intern and work.



Fredericton, the riverfront capital city of New Brunswick, is the ideal student city. It's small enough to navigate easily and safely, and big enough to offer a variety of events and entertainment.

Tree-lined streets, an extensive city-wide walking trail, and accessible bus routes make getting around simple and beautiful. There's always somewhere to go — the city hosts music festivals, farmer's and cultural markets, film festivals, theatrical performances, gallery exhibits, and more throughout the year.

- More than 100 charitable organizations offer volunteer opportunities.
- Embrace winter by skiing, skating, and snowshoeing the city.
- More than 115 km of city-wide trails.
- STU tuition and fees include a city transit pass.

## City Life

- Grab a meal at one of the city's many delicious restaurants.
- Meet a friend for coffee and a sweet treat — Milltown Coffee Roasters, The Tippy Muse, and Chess Piece Patisserie are local favourites!
- See a play or musical performance at The Playhouse.

## Festivals and Cultural Events

- Check out an exhibit at the Beaverbrook Art Gallery.
- Take in one of the 150 performances at the annual Harvest Music Festival, which takes over downtown in September.
- Embrace winter at FROSTival — an event that brings out the best winter has to offer.



## Coming to STU from another country?

International students will be welcomed to STU and Canada starting on day one. Members of the STU community will even pick you up at the airport when you arrive. Specific events are planned to encourage international students to explore the city and province.

The Global Peace Index ranks Canada as the 6<sup>th</sup> safest country in the world. Canada provides pathways to immigration and opportunities to work while you study!

## Weekend Adventures

- Meet friends for a drink at one of the many local craft breweries.
- Browse more local shops in the city — located uptown, downtown, and on the north side.
- Hit the city-wide trail system, try one of the many yoga and drop-in dance studios, or register for a recreational sports team.



Learn More About Fredericton

@fredtourism



# Life After STU



# STU Grads Work in Almost Every Field Imaginable

A degree from STU is versatile and transferable — and so are the skills you'll develop through classes, research, experiential learning, and internships. This means when you graduate, there won't be any "closed doors" or career paths you can't pursue.

## After Graduation

Your degree from STU will open doors to an endless list of career options. In a world defined by constant social and technological change, employers are looking for graduates who know how to think critically, problem solve, adapt, and communicate.



***"With a liberal arts degree, your career path is limitless."***

**Sean McCullum, BA'16** Marketing Manager at Kognitiv Spark  
**Studied:** Journalism, Communications and Public Policy



## Recent Alumni at Work

- Chief Executive Officer
- President of Arts Council
- Media Producer
- Theatre School Director
- Employment Counsellor for Newcomers
- Political Advisor
- Criminal Defence Lawyer
- Investigative Reporter
- Director of IT Services
- Behaviour Analyst
- Recreational Therapist
- Research Assistant
- Clinical Social Worker
- Mental Health and Addictions Counsellor
- Medical Doctor
- Occupational Therapist
- Human Resource Manager
- Director of Marketing and Communications
- Population Growth and Immigration Specialist
- Global Public Affairs Research Analyst
- Government Policy Manager
- Anti-racism Project and Policy Development Coordinator
- Child and Youth Grief Counsellor
- Political Speech Writer
- Speech Language Pathologist



***“My courses at STU taught me the value of great writing. The field is changing rapidly, and new digital skills are expected, but the foundation of any journalist should be the ability to tell an accurate story, and writing is at its core.”***

**Oscar Baker, BA '16, Indigenous Affairs Reporter at the Cape Breton Post**  
**Studied:** Journalism, Communications and Public Policy



***“STU prepared me by providing skills to adapt to any situation. By participating in extracurricular activities on campus, I developed the leadership skills that I use every day in my current position.”***

**Roger Miranda, BA '15, Government Economist**  
**Studied:** Political Economy, International Relations



***“STU gave me the tools I needed to build a life in Canada and the networking opportunities to obtain a job with the government. My professors and internships paired what I learned in class with being part of Fredericton’s community.”***

**Brianna Hill, BA '21, Crime Prevention Consultant, Government of New Brunswick**  
**Studied:** Criminology and Criminal Justice, Psychology



***“My profs were understanding and knew I really wanted to learn. I became a stronger student, a stronger mother. I don’t know what I would have done without STU because it really changed my life. My goal is to work at schools within my community to help bring language and cultural-based lessons back into our education.”***

**Shyla Augustine, BA '20, BEd '21, Teacher and Author of the Mi'kmaq Alphabet Book**  
**Studied:** English Language and Literature, Native Studies



***“STU helped me develop my communication and critical thinking skills and master the ability to excel under deadlines, multitask, and adapt to different situations quickly, and this has helped me every day in my role.”***

**Thea Johnson, BA '14, Product and Marketing Analytics Specialist, Atlantic Credit Unions**  
**Studied:** Communications and Public Policy



***“STU provided me with an inspiring environment to develop and better understand my social conscience. My Bachelor of Arts prepared me for my social work education at STU, a program that is rooted in structural and politicized social work practice.”***

**Erin Jackson, BA '14, BSW '17, Coordinator for the Collaborative for Healthy Aging and Care**  
**Studied:** Sociology and Gerontology



***“St. Thomas University is known for producing socially conscious and empathetic graduates, through both coursework and the campus culture, and these attributes enhance my practice greatly.”***

**Ben Lord, BA '15, Lawyer, Fawcett Cutler**  
**Studied:** English Language and Literature, Economics



***“The reason I’m pursuing a PhD is because I want to come back and teach at STU, specifically because of how much it has going on. I really admire the professors I had and what they’re doing at STU.”***

**Abbie LeBlanc, BA '19, PhD student, Harvard University**  
**Studied:** Great Books, Human Rights, Political Science

# Start Your STU Journey



# Admission

## Steps for High School Applicants

1

### Review the Admission Requirements

- High school graduation
- Minimum average of 70% on five successfully completed Grade 12 academic courses including Grade 12 Academic English (or French for applicants from Francophone schools) and four academic electives.

→ Visit [STU.ca/byprovince](https://www.stu.ca/byprovince) to view a list of acceptable academic electives by Canadian province.

→ Visit [STU.ca/bycountry](https://www.stu.ca/bycountry) to review international admission requirements by curriculum.

2

### Submit Your Application

- Applicants can apply beginning in October of their senior year of high school.
- Apply for admission online at [STU.ca/applynow](https://www.stu.ca/applynow) and pay the application fee: \$40 NB residents; \$55 non-NB residents.

Admission opens October 1, 2021 and applications are assessed on a rolling basis.

3

### Submit Your Required Documents

- After you have submitted your application, a checklist of required documents will be created.
- If an official transcript is required, it must be sent directly to the Admissions Office from the institution. Electronic documents are accepted to [admissions@stu.ca](mailto:admissions@stu.ca).
- As your documentation is received, your checklist will be updated within 3–5 business days.

4

### Apply for Scholarships and Bursaries

To be considered for scholarships and bursaries, you must submit an application within your applicant portal. Once you have been admitted to STU, the application will be available under the Next Steps tab. **The deadline to apply is March 1, 2022.** By submitting one complete application, candidates will be considered for the majority of awards that are available to entering students.

5

### Apply to Live on Campus

Applications to live in residence are accepted throughout the year. You are encouraged to apply by April 15 to be guaranteed a room. Once you have been admitted to STU, the residence application will be available under the “Next Steps” tab within your applicant portal. Applications will be accepted after the deadline on a rolling basis.

### English as a Second Language Program

The English as a Second Language (ESL) program provides students the opportunity to pursue for-credit studies while continuing to improve English language skills in a planned, individualized program during the academic year (September to April). There are no additional costs for ESL. An official test of English Language Proficiency is required.

→ Learn more at [STU.ca/ESL](https://www.stu.ca/ESL)

**AP and IB Transfer Credits:** Applicants with scores of 4 or 5 on AP courses are eligible for credit toward their degrees. Applicants with scores of 5, 6, or 7 on IB Higher Level courses are eligible for credit toward their degrees.

**Transfer Students:** You are considered a transfer student if you have graduated from high school and have earned credit from another post-secondary institution from which STU recognizes transfer credit. Normally, a minimum 2.0 GPA is required. Transfer students will receive an evaluation of eligible transfer credit at the time of admission.

# Tuition and Fees

Fees listed below are based on the 2021 – 2022 academic year. The fees for the 2022 – 2023 academic year will be set in May 2022.

## Bachelor of Arts

### Tuition

Canadians and Permanent Residents	\$7,656
International	\$17,208

### Compulsory Student Fees

Canadians and Permanent Residents	\$797
International	\$1,061

### Accommodations and Dining

Double Room and Meal Plan (Approx.)	\$10,364
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### Health Plans

Health and Dental*	\$405.90
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### Total Estimated Cost Based on Tuition

Canadians and Permanent Residents	\$19,223
International	\$29,039

\*You may opt out of the health and dental plan with proof of existing coverage.

**Note:** International students are eligible for Medicare in the Province of New Brunswick after their first semester. Medicare covers publicly funded healthcare such as medically necessary hospital and physician services.

The above plans are for extended coverage (prescription drugs, hospital accommodation, vision care, etc.).

→ Visit [STU.ca/tuition](https://www.stu.ca/tuition) for a comprehensive breakdown of fees.

## Family Discount

10% tuition discount may be available when two or more members of an immediate family are enrolled full-time at STU.

## Canadian Student Loan Help

Student Services offers employment and financial aid services to students looking for assistance navigating the student loan process.

## Student Employment

There are more than 150 on- and off-campus jobs posted year-round to the Student Job Board at [STU.ca/campusjobs](https://www.stu.ca/campusjobs). Jobs are available to Canadian and international students.

## Questions?

### Admissions Office

St. Thomas University  
51 Dineen Drive  
Fredericton, NB, Canada  
E3B 5G3

### Canadian Student Email

[admissions@stu.ca](mailto:admissions@stu.ca)

### International Student Email

[international@stu.ca](mailto:international@stu.ca)

**Phone:** +1 506-452-0532

**Toll-free:** 1-877-788-4443 (North America)



# Campus Tours

## Be Guided Through Campus by Current Students — In-person or Virtually

Whether or not you are able to join us on campus, in-person and virtual campus tours help you see campus in real time. Current students will be your guides and answer any questions you have about being a student at STU.

Personalized campus tours mean that you get individual attention while you get to know the STU campus. Having the tour all to yourself means getting to ask questions and spend more time in areas that are of more interest to you.

## Apply to Our Bachelor of Arts Program While You Visit

Have your official transcript sent to [admissions@stu.ca](mailto:admissions@stu.ca) prior to your tour — or bring it with you if you are coming to campus — and we will assess your application while you're here. You could receive an admission decision during your visit!



*“A campus tour is a great way to familiarize yourself with campus and ask questions you have about facilities and resources available. The best part: you’ll start making friends!”*

**Muchaneta Nyambuya**

**Studying:** Human Rights, Criminology and Criminal Justice

**From:** South Africa

**All of our tour ambassadors are current STUdents. They can't wait to show you around campus.**

**Learn more and book your campus tour today.**

→ [STU.ca/campustour](https://stu.ca/campustour)

✉ [tours@stu.ca](mailto:tours@stu.ca)

☎ 1 (877) 788-4443



# Future STUdent Events Designed Just For You

**Keep Up With STU. Attend Regular Information Sessions, Incoming Class Events, and More.**

September 2021	Virtual Events Series Begins <b>Register in Advance at <a href="https://stu.ca/dates">STU.ca/dates</a></b>
October 1, 2021	Admission for September 2022 Opens
November 6, 2021	Fall Open House
February 12, 2022	Winter Open House
March 1, 2022	Deadline to Apply for Scholarships and Bursaries
April 15, 2022	Deadline to Apply to Live in Residence and be Guaranteed a Room
April 2022	First-Year Registration Opens

**Don't forget to subscribe to our newsletter to learn more about STU, events in your area, your program of interest, and be entered to win prizes throughout the year.**

➔ [Sign up at STU.ca/info](https://stu.ca/info)



### Land Acknowledgement

The land on which St. Thomas University is located is the traditional territory of the Wolastoqiyik, Wəlastəkwiyik / Maliseet whose ancestors, along with the Mi'kmaq / Mi'kmaq and Passamaquoddy / Peskotomuhkati Tribes / Nations, signed Peace and Friendship Treaties with the British Crown in the 1700s.

## Apply Today

[STU.ca/applynow](https://www.stu.ca/applynow) | [admissions@stu.ca](mailto:admissions@stu.ca) | Visit [STU.ca](https://www.stu.ca)



## Contact Us

+1-506-452-0532 or toll free in  
North America 1-877-788-4443

Admissions Office, 51 Dineen Drive,  
Fredericton, NB Canada E3B 5G3